

STEERAGE BILL OF FARE.

	BREAKFAST. 7-80 A.M.	DINNER. 12 NOON.	TEA. 5 P.M.
SUNDAY - -	O-fee, Milk and Sugar, Fresh Rolls and Butter, Porridge and Golden Syrup.	Soup, Fresh Meat, Potatoes, Plain Pudding and Sauce; Pickles.	Tea, Milk and Sugar, Bread, Butter and Jam.
MONDAY - -	Coffee, Milk and Sugar, Fresh Rolls and Butter, Irish Stew.	Soup, Roast Beef & Potatoes, Semolina Pudding and Jam; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter, and Marmalade.
TUESDAY - -	Oatmeal Porridge and Golden Syrup, Coffee, Milk and Sugar, Fresh Rolls and Butter.	Poa Soup, Pork and Potatoes, Rice Pudding and Stewed Apples; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter and Jam.
WEDNESDAY	Coffee, Milk and Sugar, Fresh Rolls and Butter, Irish Stew.	Soup, Beef and Potatoes, Plum Pudding & Sauce; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter and Marmalade.
THURSDAY -	Coffee, Milk and Sugar, Fresh Rolls and Butter, Oatmeal Porridge and Golden Syrup.	Soup, Fresh Meat and Potatoes, Semolina Pudding & Prunes; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter and Jam.
FRIDAY - -	Oatmeal Porridge and Syrup, Coffee, Milk and Sugar, Fresh Rolls and Butter.	Poa Soup, Ling Fish and Sauce, Pork and Potatoes, Rice Pudding and Stewed Apples; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter and Marmalade.
SATURDAY -	Coffee, Milk and Sugar, Fresh Rolls and Butter, Irish Stew.	Soup, Meat and Potatoes, Semolina Pudding and Prunes; Pickles.	Tea, Milk and Sugar, Fresh Bread, Butter and Jam.

Unlimited supply of Fresh Bread at all meals. Navy Receipts always ready. Wines and Spirits, Chicken Broth, Barley Soup, Beef Tea. Fruit and Water Receipts are served free to sick Passengers as Medical Comforts on the order of the Medical Officer. Hot Water from 8 a.m. to 5 p.m. for Women and Children's Morning and Afternoon Tea. N.B. Gruel at 5 o'clock every night.

MATRONS ARE APPOINTED FOR THE STEERAGE AND 2ND CABIN to attend to the wants of Female Passengers and Children during the voyage.

Experienced and *fully qualified* Surgeons are attached to each Steamer, and in case of sickness of any description, medicine and medical attendance is furnished without charge.

THE LANDING PORTS.

The Government Authorities and the Railway Agents at Quebec are advised as soon as the Steamships pass Father Point (about 200 miles from Quebec), and arrangements are made to receive the passengers. The same information is also telegraphed to the Government Agents at Toronto and other Depôts in the interior, and by the time the passengers arrive these officials are prepared to give all necessary assistance.

The steamers land passengers at the railway wharf, and passengers and luggage are transferred from the ship to the train free of cost. By this arrangement *all incidental expenses are saved*, and passengers are able to proceed on their journey West without inconvenience of any kind.

Depôts or stations for the reception of Emigrants are provided at Quebec, Montreal, Halifax, Sherbrooke, Ottawa, Kingston, Toronto, Hamilton, London (Ontario), Winnipeg, Brandon, Medicine Hat, Calgary, Vancouver, and Victoria, B.C.

Officers of the Government travel with Emigrants on the trains, to see that their wants are properly provided for, and that they are not subjected to any imposition on the road.