

quence he thanked the members for their gift, acknowledging the kindly feeling that had prompted them. He spoke with fervor of his interest in the Club, and whilst not claiming any great ability, admitted that he had put energy into his work as president, and he asked where was there an institution in Winnipeg more worthy of a Catholic's energy and zeal than the Catholic Club. He looked upon the Club both on account of its present achievement and its future promise as one of the most important of the Catholic institutions of the city, and therefore one that any man might be proud to work for. In choice language he expressed his deep obligations to the executive and members for the loyalty and good-will with which they had ever supported him, and he bespoke the same support for his successor. Again thanking them for their handsome gift, he resumed his seat amid tumultuous applause.

A hearty vote of thanks was then tendered the ladies and gentlemen who had taken part in the programme, and the most enjoyable evening was brought to a close by another selection by the orchestra.

Mr. F. W. Russell, the ex-president of the Club, is an Englishman by birth and came to Canada in July, 1885. Of a prominent Protestant family, he was brought up a member of the Church of England, but six months before leaving the old country he was received into the Catholic Church, by Rev. Father Arkell, P.S.M., at the church of St. Mary-Star-of-the-Sea, Hastings. Although a newspaper man by training, he entered the service of the C.P.R. almost immediately on his arrival here, and now fills the position of Chief Clerk in the important Land Department of that company. During the whole period of his residence in Winnipeg he has taken a most active interest in Catholic affairs. In the fall of 1885 he contributed to the columns of the first issue of the Review and from that time has been a staunch friend of the paper and a prominent contributor, often doing important editorial work. The various offices he has held in Catholic organizations in Winnipeg are almost too many to enumerate, but amongst them may be mentioned:—Financial Secretary, Recording Secretary and President of St. Mary's Branch, No. 52, C.M.B.A.; President of Immaculate Conception Branch No. 163; representative at the Ottawa convention of the Grand Council in 1896; Chief Ranger of St. Mary's Court, No. 176, of the Catholic Foresters; representative at the Foresters' convention at Minneapolis and Stillwater; Recording Secretary for several years of St. Vincent de Paul conference; President for two years of St. Joseph's Union; President and active member of the Catholic Truth Society; President of the Newman Literary Guild. The St. Joseph's Union, Truth Society, and Literary Guild all flourished for a time and did good work, but they had accomplished their main purpose when the Catholic Club was formed, and therefore ceased to exist. Mr. Russell was one of the founders of the Club and from its inception has been constant and active in working for its interests. He was the first Secretary, holding that office for three years, and was then elected President in 1903, and was unanimously re-elected President in 1904 and 1905, retiring this year, much to the regret of the members, who have, however, made him an ex-officio member of the Executive. Three years ago he was one of the two delegates elected by the Catholics of the city to wait on the Federal Government at Ottawa re the School Question. He still holds several offices, notably Secretary of St. Mary's School Committee and Chairman of the general Catholic committee representing the parishes of the city. Mr. Russell was married in 1887 at St. Mary's church in this city, and Mrs. Russell is also very active in Church work, being at present President of the Altar Society, and a Vice-President of the Ladies Aid.

#### THOSE ANNOYING BLACKHEADS

External applications will never remove pimples or blackheads. Only by stimulating circulation and purifying the blood can it be done. For quick, sure release from these pests use Ferrozone; it drives all humors from the blood, makes the skin healthy, tones up the system. With the pure, nutritious blood made by Ferrozone it's impossible to suffer from any skin disease. You'll have a smooth, delightful skin, healthy color and beautiful complexion by using Ferrozone—and you'll feel immensely better as well. Fifty cents buys a box containing fifty chocolate coated tablets at any Drug Store.

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"Fruit-a-tives" cures diseased and irritated kidneys when all other treatment fails.

The proof that "Fruit-a-tives" is the greatest kidney cure known to science is demonstrated by these tablets removing all pain in the back—making the kidneys healthy—and curing chronic constipation.

St. HYACINTHE, P.Q., June 10th, 1905.

I have much pleasure in testifying to the great good which "Fruit-a-tives" have done me. I was a constant sufferer from severe constipation and severe pain in the back for the last ten years. I tried many kinds of pills and tablets and physician's medicines but the relief was only temporary. Not long ago



I tried "Fruit-a-tives" and now I am entirely well, no pain, no constipation and my stomach and bowels act naturally. I cannot say enough in praise of "Fruit-a-tives"—they are a grand medicine, mild as fruit in their action and easy to take.

(Signed)  
H. MARCHESSAULT,  
High Constable.

Do you know that every drop of blood in your body goes to the kidneys to get rid of some of the impurities? When the bowels don't move regularly, the blood takes up poisons in the bowels and carries them to the kidneys. Then the kidneys get overworked—inflamed. Then comes the pain in the back—headaches—constant desire to urinate—nervousness—sleeplessness.

"Fruit-a-tives" acts directly on the Kidneys—cleans, heals and strengthens them—makes the liver give up more bile to move the bowels regularly—and stimulates the glands of the skin to increased action. These rid the system of all poisons and every trace of Kidney Disease disappears.

Fruit-a-tives have cured hundreds of cases of Kidney Disease by stimulating and healing the Kidneys. At all druggists or sent postpaid on receipt of price—50c. a box or 6 boxes for \$2.50.



#### THE CONQUERING HEROES

The St. Boniface College team, still highly elated over their victory against St. John's, went down into the Arena to join issue with the Medicals on Thursday, February 1st. What with the boisterous cheering of a determined crowd of backers from each college, and the unmistakable shouts of "Hit him, hit him," the scene was worthy of the arenas of old. The doctors started into the game as if they had some notion of preparing their opponents for the dissecting table. The very sight of those tall figures in sable sweaters and gruesome emblems was probably more than even Saints could bear, for during the first half the boys from across the river seemed satisfied with standing on the defensive. They barely held their ground, and at half-time the score was 2 to 2. It is but right to mention that an incident had just occurred which certainly told powerfully on the result of the game. One of the Medicals went off the ice limping; after all they were only flesh and blood. With this encouraging assurance the St. Boniface players resumed the game with a will which kept the puck spinning around the enemy's headquarters. This time they had it all their own way and victory was not for one moment doubtful. At the end of the game the score stood 6 to 2 in favor of St. Boniface College. May a like success attend them in their game against the Pharmacists on Thursday, February 8.

#### WORLD'S FAIR AT DUBLIN

Ireland is to hold a World's Fair in 1907. It will embody the results of the industrial revival which has swept over that island during the past decade. A large plot of ground in Dublin has been purchased. Work will be begun on the buildings in a few weeks, and in the summer of next year the Emerald Isle will invite the world to come and visit it.

Plans for this undertaking have been maturing for some years. There have been many obstacles to over-

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come, but the movement has been led by indomitable men, and they have at last raised the necessary guarantee fund and the enterprise is on a most promising basis.

The main feature of the exposition will be the exhibition of home manufactures. Everything will be done, by the erection of suitable buildings and facilities for display, to make the Irish section a show worth going any distance to see.

The untravelled Irishman will have his first opportunity in many years to see the newest things of foreign manufacture. Furthermore, Ireland's greatest need just now is for markets for the wares which are the first fruits of the industrial revival now in progress. The promoters believe that these markets can be found in no better way than by the holding of a "world's fair." All these things show why Ireland is looking forward eagerly to the beginning of work upon her greatest exhibition.

Incidentally hundreds of thousands of visitors will be drawn to Ireland by the exhibition for the first time. It is expected, too, that this exposition will form a magnet which will draw thousands of Irish Americans back for a visit to their old homes. It is no wonder, then, that Ireland is looking forward to great things in 1907.

Petty annoyances make good plumb lines to determine the depth of your religion.

#### Every Hour Delayed IN CURING A COLD IS DANGEROUS.

You have often heard people say: "It's only a cold, a trifling cough," but many a life history would read different if, on the first appearance of a cough, it had been remedied with

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It is a pleasant, safe and effectual remedy, that may be confidently relied upon as a specific for Coughs and Colds of all kinds, Hoarseness, Sore Throat, Pains in Chest, Asthma, Bronchitis, Croup, Whooping Cough, Quinsy, and all affections of the Throat and Lungs.

Mrs. Stephen E. Strong, Berwick, N.S., writes: "I have used Dr. Wood's Norway Pine Syrup for Asthma, and have found it to be a grand medicine, always giving quick relief. We would not be without a bottle of it in the house."

Dr. Wood's Norway Pine Syrup is put up in a yellow wrapper. Three Pine Trees is the trade mark and the price 25 cents at all dealers. Refuse substitutes. Demand Dr. Wood's and get it.

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#### St. Boniface Hospital Staff

Consulting Staff Physicians:

Dr. J. H. O'DONNELL, M.D.,  
Dr. J. R. JONES, M.D. &  
Dr. WM. ROGERS, M.D.

Consulting Staff Surgeons:

Dr. W. S. ENGLAND, M.D.  
Dr. J. H. MCARTHUR, M.D.  
Dr. E. MACKENZIE, M.D.

Attending Physicians:

Dr. J. H. O. LAMBERT, M.D., Dr. C. A. MACKENZIE, M.D., Dr. R. W. NICHOLS, M.D., Dr. W. Z. PEATMAN, M.D.

Attending Surgeons:

Dr. J. O. TODD, M.D.  
Dr. JAS. MCKENTY, M.D.  
Dr. J. E. LEHMANN, M.D.

Ophthalmic Surgeon:

Dr. J. W. GOOD, M.D.

Children's Ward Physicians:

Dr. J. E. DAVIDSON, M.D.  
Dr. G. A. DUBUC, M.D.  
Dr. A. J. SLATER, M.D.

Isolated Ward Physicians:

Dr. J. H. DEVINE, M.D., Dr. J. P. BOWDEN, M.D., Dr. J. HALPENNY, M.D., Dr. W. A. GARDNER, M.D.

Pathologist:

Dr. G. BELL, M.D.  
Dr. F. J. MACLEAN, M.D.  
Dr. WM. TURNBULL, M.D. Assistant

There is in St. Boniface Hospital a Ward for C. N. Ry. patients, who are attended by physicians appointed by the C. N. Ry. Co. They are: Dr. C. A. Mackenzie, Dr. E. Mackenzie, and Dr. Wm. Rogers. And a second Ward for C. P. Ry. patients, attended by Dr. Moorehead, who is appointed by the C. P. Ry. Co.

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How to Increase One's Vocabulary.  
The Art of Conversation.  
Should and Would: How to Use Them.  
Pronunciations (Century Dictionary).  
Correct English in the Home.  
Correct English in the School.  
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