

HOSPITAL NOTES.

Readers of the *Record* are always glad to hear of the movements of the graduated nurses.

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Miss Egans' professional duties in the city have prevented her taking her summer vacation as yet, but she expects to get away soon.

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Miss Adams is enjoying a rest at Metis.

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Miss Grant is going through a special course at the Montreal Maternity.

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Miss Pangborn is at her home in Rockland for the summer, and Miss Strachan is visiting her there. Both of these ladies are intending to return to the city in September to engage in private nursing.

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At the June Meeting of the Committee of Management it was decided to adjourn the regular meetings till September. In the meantime the President, Vice-President, Treasurer and Secretary to form an executive to deal with any emergency that may arise.

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Dr. H. M. Patton, Medical Superintendent, is spending the month of July at Metis.

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Dr. A. R. Griffith, who attended the meeting of the American Institute of Homœopathy at Buffalo, reports a most enjoyable and pleasant meeting.

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Dr. W. McHarrie, Assistant Medical Superintendent, is in charge at the Hospital during Dr. Patton's absence.

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Dr. Grafton, Pathologist to the Hospital, is very much in need of some additional instruments. A donation of \$50 to meet the doctor's requirements would be highly appreciated.

SICK ROOMS IN SUMMER.

Can be kept cool, comfortable and free from odor by the following simple and practical method:

Prepare a mixture of "Platt's Chlorides" and water (one part to ten) in a bowl suitable for moistening a towel or sheet, frequently wafted about the room

and then hung up, will maintain a constant cooling and deodorizing action by liquid evaporation and chemical absorption.

BED WETTING.

ITS CAUSES AND TREATMENT.

One of the most annoying and distressing complaints of childhood is incontinence of urine, or, more commonly, bed-wetting. Mothers are frequently worried to discover the cause and then to cure this difficulty. Children most affected are between the ages of four and fourteen. It is more troublesome in winter than in summer. Those of a nervous temperament are the greatest sufferers. Sometimes urine is passed while absolutely unconscious or the child dreams of the act and awakes to find itself wet. The cause of the trouble is not always in the bladder itself. Worms may produce a reflex irritation or the child may drink too large a quantity of fluids in the evening, or his diet may cause too acid a condition of the urine. There may be a stone in the bladder, or a congenital malformation of the organs may require an operation before relief can be obtained.

Bed-wetting will, however, generally yield promptly to Homœopathic treatment. Relapses may occur, so that this case should be kept under observation for a long time. There may be a constitutional difficulty dating back to parents or grandparents, and this will require one of the deep acting remedies like calc. carb. 6x, or sulphur 30x, given two or three times daily. If the urine be high colored and strong smelling benzoic acid 6x will often relieve. When the bladder is at fault, causticum 6x, or gelsemium 3x, is the remedy. Pulsatilla 3x will relieve many cases in little girls.

Never resort to corporal punishment. It is cruel and the fear of it will increase the trouble. The child should sleep on a hard mattress with light clothing. He should not be allowed to sleep on his back. Sponging the lower part of the back with hot water at bedtime is recommended. Tea, coffee, all sharp or sour articles of food, are prohibited, meat only in moderate quantities. Drinks should consist of water, milk or cocoa. The child should empty the bladder at bedtime. The bowels should be kept regular. The patient requires plenty of fresh air, and a cold bath in the morning, drying quickly, may prove of benefit.

A. R. GRIFFITH, M. D.