## GRACE BEFORE MEALS.

When we remember that it is only through God's mercy that we possess any-
thing at all, it is only right that we should thing at all, it is only right that we should
return thanks for his so many aul bountiful gifts. We never think of taking a prosent from a friend without saying at least "thank you, very much," or something of the sort. Of course, we can hardly stop and offer up a prayer of thanksgiving to God for every gift of his; for, if we did this we should be praying all day. This would indeed be day. This would indeed, be Graying without ceasing does not mean us to do outucerdly at any rate, though he likes us always to have that, thankful spirit which recognizes him as the giver of all good gifts. It seems. however, that the least we can do is to offer up a few short woils of thanks for the gift of thuse precious necessaries of life, without which the body would not he able to exist. And in the same way we should return thanks for the gift of his holy Word, without which the life of the soul could not be kept alive ; and this is far more important than the body. Even little children shoild always be taught to say a slurt grace before meals, brought-up little girl thanking her heanculy Father for the good gifts on the table.

## THE MOLE AND HIS WAYS.

Rev. J. G. Wood, the celebrated author in natural history, delivered a lecture in Cooper Institute, New York, on the mole. He said in part
If a man were placed in a damp, dark, subterraneous prison he would not like it a bit, but would make the best of his way as quickly as he could to the air, the light, and the warinth of the upper world. Moles do not agree at all with human beings, but prefer coldness, moisture, and darkness. The mole is a burrower, and in the matural pursuit of his vocation-devouring the pups of caterpillars, and also ground-worms--he is compelled to throw up those little hills. Farmers ap those object to them on this ground, because molehills look ground, because they have a lurkuntidy. Then, they have alurk-
ing prejudice that they also do damage to the crops, which is nonsense, because the mole is strictly insectivorous and carnivorous, and utterly disdains cereals or roots. He is really a benefactor, because he supplies the farmer with a top-dressing of unexhausted earth.

All burrowers must be cylindrical and pointed at the foremost end, and that is the shape of the mole. He is intermediate in size between a mouse and a rat; and his anatomy is highly interesting from the manner in which all the muscular power goes to the forearm, which does the burrowing, and the spade-like hands with The long claws. Anatomists at one time were greatly puzzled by what appeared to he a sixth finger, which would have been a terrible anomaly. Fortunately it was discovered to be not a finger, but a radial sesmuoid, of which the human anatomy contains numerous instances-as, for example, the kneecap. It was for the purpose
of extending the forking power of the Then, by blowing away the fur, a small, mole's hand. When an honest agricul- black speck appears, which is the eye. But turist comes to a bit of hard gromend he first the best way is to put the mole in water, loosens it with a fork, and then shovels. when the eye immediatelyappears, showing The mole does exactly the same." When that he has the power of projecting the eye he opens his fingers an wite as he on he beyond the fur. The same provertial wisloes the forking business; when he closes dom that made the mole blind gives it them compactly he shovel. I have seell credit for a sense of hearing singularly at an moyricultural fair a very smart digging delicate; yet the fact is, that the ears are


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