

Going Away

When you visit your friends abroad, you want to look your best, and may be thinking of buying a new Trunk, Suitcase, or Club Bags, for the trip. If so, I have a good stock of these goods on hand, and am ready to fit you out, at reasonable prices.

Should you not find what you want in my stock, you may select from my (Made in Nova Scotia catalogue) and have your order filled in two days.

These goods are built to give service, not built to specifications, just to sell at a low price.

I have in stock a nice line of Motor Gauntlets, ready for the cold fingers.—Look them over and make your choice early.

Wm. E. GESNER

Dealer in Everything Men and Boys Wear.

THE FALL WEATHER HARD ON LITTLE ONES

Canadian Fall weather is extremely hard on little ones. One day it is warm and bright and the next wet and cold. These sudden changes bring on colds, cramps and colic, and unless baby's little stomach is kept right the result may be serious. There is nothing to equal Baby's Own Tablets in keeping the little ones well. They sweeten the stomach, regulate the bowels, break up colds and make baby thrive. The tablets are sold by medicine dealers or by mail at 25c. a box, from The Dr. Williams' Medicine Co., Brockville, Ont.

HARD WORK IS REMEDY FOR ILLS TODAY

Pictou, N. S.—Hard work is the remedy the Minister of Agriculture, Hon. W. R. Motherwell proposes for the ills that afflict agriculture and many other industries today. Hard work which not only brings material results, but also builds character. For the farmers of the Maritime Provinces particularly, Mr. Motherwell advises that they specialize on dairying and hog raising which go well together and for which the county is well adapted. The Minister referred to his speech as a short talk on current agricultural topics of the day and the crowd which listened attentively to him at the Pictou Exhibition was composed largely of farmers.

After sketching his trip through the Maritimes of which he said his impressions were most gratifying, the Minister spoke of the need of all parts of this great and sparsely settled country becoming better acquainted with one another. Referring to the policy of conducting exhibitions he said that as it took all kinds of people to make a world, so it took all kinds of attractions to make a success of an exhibition. Without attractions there would be no crowd and no revenue. A certain amount of attractions was justifiable. As the Pictou exhibition has been conducted practically without attractions the Minister was possibly giving a hint to the management.

The Minister defended the experimental farms maintained by the Government. He spoke optimistically of business the Dominion over with a big crop in the West, the mines and lumber industries doing well, and the earnings of the railroads reflecting prosperity on the way. He considered that the Maritimes with the British market so handy had a great opportunity as soon as they produced enough to export. Our apples and potatoes held a high place, and we should win an equally high place for our butter and bacon and become like Denmark and New Zealand.

Mr. Donald Grant, of Cashes, who is 91 years of age, was at the exhibition with a horse 33 years old, both man and horse as spry as youngsters. Mr. Grant had his horse given an exhibition and it pulled 1500 pounds. There was a big crowd in the grandstand and they gave the pair of veterans a great cheer. The horse and cattle parades were very attractive. The Pictou band rendered very fine programmes.

HUGE INCREASE IN CANADA'S TRADE

Both Exports and Imports Show Large Gain During Twelve Months.

Ottawa.—In a trade summary covering the twelve months ended with August, compiled by the Dominion Bureau of Statistics, it is shown that Canada's total exports for the period amounted to \$1,001,037,574 as against total imports of \$891,891,035. Imports for 1921 are given as \$961,278,000 as against exports amounting to \$1,012,127,000. The 1922 figures are: Imports \$732,291,000 as compared with exports valued at \$775,467,000.

A steady increase in exports to the United Kingdom is shown for 1921, 1922 and 1923 as follows: \$283,858,000, \$313,225,000, \$381,162,000; and imports for those years: \$148,135,000, \$124,059,000, \$152,596,000. Neither exports to or imports from the United States during the period covered by the report are as great as was the case in 1921. Export figures for the three periods are: 1921, \$463,693,000; 1922, \$311,572,000; 1923, \$407,236,000, as compared with imports amounting to \$683,239,000 in 1921; \$495,604,000 in 1922, and \$606,196,000 in 1923.

It is shown in the report that Canada's total export of wood and paper to the United States during the period covered amounted to \$219,135,000; the next largest group of exports was animal products at \$55,971,000; agricultural and vegetable products, \$38,192,000; non-metallic minerals, \$37,437,000; non-metallic minerals, \$22,520,000. Other groups did not exceed \$11,000,000.

MOSCHELLE

Mr. and Mrs. Ernest Bartheaux, of Clementsport, spent Sunday at the home of Mr. and Mrs. G. A. Bartheaux. Miss Hattie Chittick spent the week end with Mr. and Mrs. Thomas Spurr. Mr. John Whyte, of Atlanta, Mass., is visiting his aunt, Mrs. Bessie Fakame, who is ill.

Messrs. J. M. Palmer and James Rice spent Sunday in Milford. Miss Kathleen Whitman, of Hantsport, is visiting her aunt, Mrs. B. G. Palm.

Mr. and Mrs. Alton Ritchie spent Sunday with the latter's parents, Mr. and Mrs. Geo. Stalling, Milford.

Mr. and Mrs. Neil Walker, Mrs. Norman and Charles Everett, of Bridgetown, were Sunday guests at the home of Robert Ritchie.

Mr. and Mrs. R. G. Ritchie, of Lawrencetown, spent Sunday with Miss Kate McLeod.

Mrs. Guma, daughter of the late Miller Ritchie, and son, of West Bridgewater, U.S.A., spent a few days during last week with Mrs. Edmund Ritchie.

Mr. H. DeLeeuw left on Saturday for his home in New York.

Mr. and Mrs. Stuart Spurr will be "At Home" to their friends on Oct. 3rd and 4th.

INSULIN

(Issued under the auspices of the Medical Society of Nova Scotia.)

Because of the many misconceptions which exist in the minds of the laity with reference to insulin, it appears desirable to explain how this substance acts, and to indicate the extent of its usefulness in the treatment of diabetes.

In the normal individual, a liberal allowance of carbohydrate foodstuff is required, not only for the production of bodily heat and energy but to secure proper results from other foods—the fats and protein. We derive our supply of carbohydrate mainly from foods of vegetable origin. All forms of carbohydrate are normally changed into sugar in the body, and this sugar is either utilized at once in the production of energy, or is stored up for future use in the form of glycogen.

A fascinating story could be told of the manner in which physiologists and biochemists gradually and systematically demonstrated the part which certain portions of the organ called the pancreas play in determining the fate of the carbohydrate we consume. But it must suffice to say that, in health, these portions of the pancreas secrete a substance which enables the body to make use of sugar. In the absence of this substance, the carbohydrate cannot be properly utilized and the sugar derived from them is largely or wholly wasted, while the corrective influence of these foodstuffs upon the fats and protein is reduced and perhaps lost. To this last factor we must attribute the most serious symptoms of diabetes.

The chemistry of the animal body is exceedingly complex, and the difficulties to be overcome in the isolation of this substance, which we now know is insulin, was so greatly that when our own Banting and his co-workers succeeded in establishing a method for obtaining it for use in medicine, it may be claimed that one of the greatest triumphs of man's ingenuity was achieved. By the administration of insulin to diabetes, the deficiency due to disease of the pancreas can be overcome to a great extent, and an enormous saving of time and of suffering will undoubtedly result.

It is to be noted, that Banting and those associated with him in this great work, have been the first to point out that insulin is not to be regarded as a curative agent. It has already brought many persons back from the very brink of the grave, and restored them to years of comfort and usefulness, but it does not recover a pancreas which has already been damaged beyond repair. In many cases, apparently it has been instrumental in assisting in the restoration of function when the pancreas has not been too seriously crippled; but when the organ is destroyed or very seriously diseased, the insulin which it should secrete must be supplied artificially throughout the life of the individual. In all cases most careful attention must be given to the diet, and in quite a large proportion the regulation of the diet is all that is required. Obvious success in treatment depends particularly upon the extent to which the disease has advanced at the time treatment is commenced. Diabetes is a very common disease, and the surest way to escape from it, in its incurable form, is to submit to periodical examinations (at least once a year) at the hands of one's physician.

In strict accordance with the traditions of the so-called "regular" school of medicine, Banting and his co-workers have given their discovery to the world without reservation and without thought of personal profit. For the protection of the public against the host of fakirs who are ever ready to exploit thoughtless sick people for their own enrichment, an arrangement has been made whereby the University of Toronto has patented the method of producing insulin. This, however, is only to assure the production of reliable insulin at the lowest practicable price. Any reputable concerns which will undertake to make insulin in conformity with Banting's method, under the general supervision of the University, and at a price which can be shown to be reasonable will not only be permitted to manufacture it but will have, free of any charge, all the assistance the University can offer. This splendid service by a great University will be appreciated by everyone who has the welfare of the public at large.

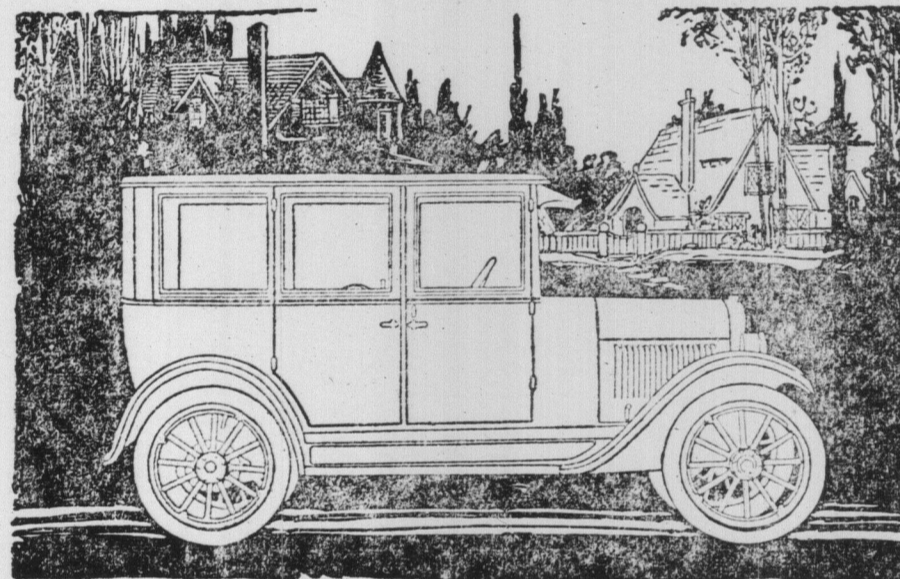
The Value of a Guarantee

lies not so much in its protective penalty as in its satisfying assurance. No firm selling goods with a guarantee attached, expects to be called upon to pay the penalty. For it is naturally the intention to so carefully guard the quality that dissatisfaction will be impossible.

Throughout its many years of service "King Cole" Tea has consistently been sold with a guarantee—a guarantee definite and substantial. It is printed on every "King Cole" package.

It carries to the buyer an evidence of good faith—a confidence in ability to serve—a determination to serve well.

"You'll Like the Flavor."



The Favorite Suburban Car

FOR the family that lives in a suburban or country home, the Chevrolet five-passenger Sedan is the ideal, all-year car.

It has ample power to negotiate any road any automobile can travel and through cold and storm carries the family in ease and comfort. Its price is so low that almost any family can afford it, even though another car is owned for fair weather use. It is a quality car in which the whole family will take pride, yet it is easy to own, to maintain, and to operate.

Its full modern equipment includes cord tires, plate glass windows, dome and dash lights, high grade upholstery and fine interior fittings.

Let us show it to you before deciding on any car.

Ask About the G.M.A.C. Plan of Deferred Payments

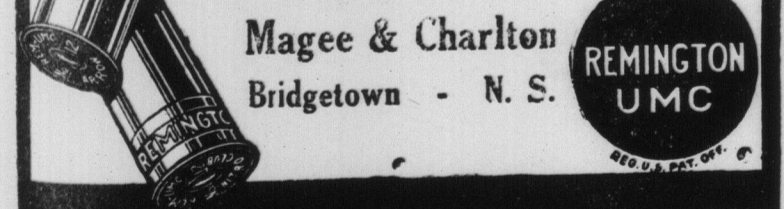


Colonial Motor Co.
BRIDGETOWN, N. S.

YOU WANT THE STEEL LINED SPEED SHELLS

THE steel lining in Remington UMC "Speed Shells" makes a reinforced chamber for the powder. All the drive is kept back of the shot. You'll find, with thousands of other sportsmen, that Remington UMC "Arrow" and "Nitro Club" Speed Shells give you just that additional "punch" that gets your bird when conditions are least favorable.

When you buy your ammunition the next time, remind us to show you the "Arrow" and "Nitro Club" shells. They're the best that money can buy because they've got back of them all the years of experience that have made Remington UMC a household word.



Magee & Charlton
Bridgetown - N. S.



Stimulate Your Business by Advertising

\$10,000 WILL BUY ISLAND AND TITLES

Caellagi, Sardinia.—Why marry a worthless prince when you can buy an island principally together with a title, and bestow them on a husband of your own choice? Is the argument an enterprising Sardinian banker has used in trying to sell a Mediterranean island to an American woman.

The woman was not in the market for a title, either with or without a prince, but she promised to mention the alluring prospect to some of her friends, and thus extracted further

information about the property from the enterprising real estate man. He withheld the name, but assured her the island is well located and is highly desirable both as a Summer and Winter residence. It has an old castle which is in need of repair, several hundred acres of vineyard and farmland badly in need of modernization, and two villages also badly in need of repair, with about 500 inhabitants.

The entire property is offered for \$10,000, the princely name included with a guarantee that the present holder of the title will legally sanction its transfer.

MURINE FOR EYES
IRRITATED BY SUN, WIND, DUST & CINDERS
SOLD BY DRUGGISTS & OPTICIANS

SMP
WARE
like piping hot, delicious hearty meal. Here is a fine lot to help you make good. Enamelled Ware London Kettle, greatest or stickiest cooking Ware cleans as easily as a for

Enamelled WARE
Metal Ware, two coats of heavy grey enamel, white lining. Crystal Ware, three side and cast, with Royal Blue glaze.

METAL PRODUCTS CO.
TORONTO, MINNAPOLIS, VANCOUVER, CALGARY

Autumn ..
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inning to arrive. Our all equipped with dry Ladies' and Gent's Fur

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lines of Hardware. Get and be convinced of our

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DEPARTMENT
ceries, and our rapid turne still selling Extra Fancy Granulated Sugar 10 lbs. for present stock lasts.

WAYS IN STOCK

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and \$40. winter 30. and \$32.

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Ralph Lane, Cutter
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TMENT TODAY

ingham
BRIDGETOWN, N.S.

ark Lewis returned to Hantsport Tuesday, having made a short stay at his home here.

Rev. R. A. Robinson had a meeting on Wednesday evening, Sept. 3rd, in the interest of the Bible Society.

Canada, of course, has not the style centres like Paris, where large sums are spent for things to wear, but there are many things for which the tourist is seeking. The tourist is not hard to satisfy; he is willing to pay any price within reason—but he does not want to be fooled by misrepresentation or charged highway prices for service not rendered.

Merchants, manufacturers and others, who stand to benefit from the tourist traffic, should be willing to contribute within reason to well organized advertising campaigns such as have proven successful in the case of Vancouver. Institutions like the banks, which may not benefit directly, should also consider the advantages which may accrue from a donation to a fund which will benefit the whole community. A well organized, properly conducted campaign of this kind should be regarded as a good business proposition. It should not be classed with the many local campaigns for poorly organized charities, underwriting reform movements, and social fads; National banks have no right to contribute to other than purely business schemes.—Financial Post.

PORT LORNE

Mrs. George Corbett and daughter Vivian, and Mrs. Harrie Sanford spent Sunday with their aunt, Mrs. M. Banks of Mt. Hanley.

Mr. J. D. Brinton left for Boston on Wednesday.