

CANADIAN NATIONAL EXPRESS COMPANY
Both Speed and Guaranteed Safety

YOU can forget the package as soon as our wagon calls for it, or an agent accepts or receipts for it. Both the trusty messenger on the trains and the driver on the wagon who signs for the package are bonded for the faithful performance of their duty. Every man who touches the package is bonded. Sealed packages of particular value are kept in a safe at all times, whether in office or on trains.

A bonded express messenger, who has won his position by long and faithful service, travels in every express car. He is the responsible custodian of every package in it. He personally signs for each one, and none is allowed out of his sight while in transit. As soon as the car is loaded he locks the door. His may be one of many cars in a solid express train.

When the car arrives at its destination, the bonded messenger and driver who take your package sign a receipt for it. Until delivered to the party to whom it is addressed—who must sign a receipt to prove delivery—the messenger and driver are responsible for its safety.

And back of them stand the Canadian National Express Company and the Canadian National Railway Company. The responsibility for the safety of your package is always fixed and known. The law holds us responsible for delivering packages to the right party. The Company's receipt is an insurance policy.

Its rates are so reasonable that the average cost of expressing a package is less than fifty cents.

"EXPRESS IT NATIONAL"
 pack it right
 address it right
 telephone us!
 —we do the rest

CANADIAN NATIONAL EXPRESS COMPANY
 Each receipt is an insurance policy backed by the Canadian National Railway Company, Coast to Coast service, 3465 Branch Offices, 22,000 miles of railway.

This service is yours!

CHURCH SERVICES

You are cordially invited to attend the services of the **BRIDGETOWN BAPTIST CHURCH**
Sunday Services:
 Public Worship 11 a.m.
 Church School 12M.
 Evening Service 7:30 p.m.
Week Night Services:
 Prayer Meeting Wednesday 7:30 p.m.
 Young People's Service Friday 7:30 p.m.
 (Taxis, Trail Rangers, Sr. and Jr. C.G.I.T.)
CENTRELEA
Sunday Services:
 Sunday School 2 p.m., Public Worship 3 p.m.
 B.Y.P.U. Tuesday 7:30 p.m.
 Rev. A. J. Prosser, Pastor.
PARISH OF ST. JAMES, BRIDGETOWN
 The services next Sunday (1st S.

after Easter) will be:
 Bridgetown, 7:30 p.m. Sunday School 10 a.m.
 St. Mary's, Belleisle, 8 a.m. (Holy Communion) and 3 p.m. Sunday School 1:45.
 St. Peter's-by-the-Sea, Young's Cove, 11 a.m. (Easter Communion).
Week Days—Bridgetown.
 Friday, 7:30 p.m., Evening Prayer and Address.
 Taxis, Trail Ranger and C. G. I. T. activities at usual time and place.

UNITED CHURCH ANNOUNCEMENTS
 Wednesday, April 4th—7:30 p.m., "Prayer Service, Subject, 'Paul's Use of the Word 'The Day''"; 8:30, Choir Practice.
 Friday, 7:30, Young People's Society—Programme in charge of the Devotional committee; 7:15, Meeting of the Executive.
 Sunday, April 8th—10 a.m., Sunday

Constipation Banished
 A druggist says: "For nearly thirty years I have recommended the Extract of Roots, known as **Wheeler's Cathartic Syrup**, for arresting and permanently relieving constipation and indigestion. It is an old reliable remedy that never fails to do the work." 30 drops thrice daily. Get the Genuine. 50c. and \$1.00 bottles.
 School: 11 a.m., Public Worship—preacher the pastor; 7:30 p.m., Public Worship—preacher, the pastor.
Granville:
 Sunday, April 8th—Vacant Sunday
Bentville:
 Thursday, April 5th—7:30 p.m., "Life of Christ"—illustrated.
 Sunday, April 8th—3 p.m., Public Worship.

Local Happenings

Yarmouth Papers Please Note—A woman in Yarmouth wrote to a local paper as follows: "Can you give me any idea about making my yard more beautiful?" and the advice she got was to "remain in the house". She does not read that paper now.—Richard Record.

There will be no morning service in St. James' Church next Sunday. Instead the rector will give an Easter Communion service in St. Mary's, Belleisle, at 8 a.m., and in St. Peter's-by-the-Sea, Young's Cove, at 11 o'clock. Returning, the usual service will be held in Belleisle at 3 p.m., and in St. James' Church, Bridgetown, at 7:30.

Seventy-seven members were received into the fellowship of the Baptist Church here last Sunday evening. The Mayor's stipend in Glace Bay is to be increased from \$800 to \$1,200. The town clerk's salary and some other officials will also be increased.

At a meeting of the Town School Board last week it was resolved that the Secretary advertise for an Academic "A" teacher to relieve Principal Ruggles who has unfortunately been compelled to retire at the end of the current term for a prolonged rest.—Annapolis Spectator.

Look out for burglars. A down-town warehouse was entered the other day and a man walked off with a ham and several boxes of cigars before an alarm could be given.—Night and day in every way the robbers are growing more unscrupulous.—Spectator.

One of the young ladies in the Post Office was sporting a bouquet of May-flowers yesterday in spite of the six below zero weather.—Courier.

Talk about the power of Jack Frost an evidence of his giant ability to do things is shown at Shaffer's bridge in Granville where the railway people will have some work at reconstruction before trains can run again. There hasn't been any train from Middleton since January.—Spectator.

The new memorial tablet in the Town Hall has been raised and placed in position in the corridor and makes a fine showing. It is of bronze and fully up to expectations, the lettering and workmanship generally being equal to the finest found in any city buildings, a monument that will endure as a lasting tribute to the men of this community who took part in the great war. It may be inspected and admired free of charge by anybody any day.—Spectator.

Mrs. J. G. Clark received a message last week announcing the critical illness of her daughter, Mrs. J. H. Liggett, of Chicago. Mrs. Clark's youngest daughter, Miss Adelaide Coggin, of Digby, left immediately to be with her sister. Mrs. Liggett visited her mother in Berwick two years ago, and her many friends here will be glad to hear of her speedy recovery.—Berwick Register. Since above was written word has been received that Mrs. Liggett's condition shows improvement. This intimation will be very gratifying to her many friends in Bridgetown.—(Ed. Monitor).

Mr. J. H. McLaughlin has purchased from his sister, Mrs. L. M. Tupper, her property on Granville Street East, and Mrs. Tupper has bought the Gordon Beeler property on Washington Street.

On Saturday evening, the 31st March, Mr. F. E. Both took the United Church lantern and the slides on "Life of Christ" shown in the United Church up to the Recreation Hall and

showed them to the people of the Institution. Mr. Harold Price read the lecture. The evening was very much appreciated.

In the United Church, Good Friday night, one hundred slides on the "Life of Christ" were shown to a large audience. The pastor delivered the lecture and the whole service was most helpful and appropriate to the day.

Mr. Joseph Edwards, of Dalhousie, has purchased the Willis Gills property in that place near his business establishment and will, during the Summer, bring a number of his relatives there from Syria to reside with him.

The Women's Institute held their regular meeting at 3 o'clock Thursday afternoon in the Board of Trade rooms.

Sickness is rife among a number of prominent and popular residents of the town. Mr. and Mrs. Charles Strong are both suffering from quite severe illness. Mrs. John Cameron

at time of writing, is quite seriously ill. Mr. R. V. Frauld, the popular manager of the Bank of Nova Scotia, is suffering from an attack of pneumonia, but his many friends are pleased to learn that his condition is showing a decided improvement.

The Annual Meeting of the Bridgetown Amateur Athletic Association which was to have been held on Monday evening last in the Board of Trade rooms, has been postponed till the following Monday evening, April 9th. Large attendance is especially requested as important matters in connection with arrangements for the season will come before the Association.

The Bachelors and Benedicts played a fast hockey match at the rink on Thursday evening of last week. The Married men won by a score of something like 7 to 4. A protest is imminent as some of the Benedicts have been challenged to produce their marriage lines their opponents and the public having expressed some doubts as to their standing.

This week the editor of The MONITOR enjoyed a call from an old and valued subscriber, Mr. William W. Marshall, of the Charlestown Navy Yard. He was accompanied by his brother, Mr. Edward M. Marshall, of Clarence, and is now visiting him and his mother, Mrs. Hattie C. Marshall, Mr. Marshall who takes a great interest in radio matters has since his arrival home constructed a set and on Sunday night picked up no less than sixteen stations including Chicago, Montreal, Havana and others through various parts of North America.

The Bridgetown Board of Trade held their Annual Meeting in their rooms on Wednesday evening (April 4th) at 8 o'clock. A large attendance is requested. There is much business of importance to be taken up and discussed and it is definitely announced that there will be no more postponements. All interested and every live business man and citizen should make it a point to attend.

Mr. Gilbert Lowe was fortunate at Easter tide to have on sale some of the finest beef ever produced in the Valley. One carcass, that of a heifer, not quite a year old and raised by Mr. Harry O. Bent. This animal dressed 674 pounds and its meat was as tender as a real chicken, much tender than many birds which go under that name.

A frequent review of proverbs should enter into our reading. He that will not look before must look behind.



The machine that washes puffs, pillows and comforters, and dries them for the fine fluffy and light as new.

"If it has a wringer it isn't a Laun-Dry-ETTE"

LAUN-DRY-ETTE
 electric washing machine
 WASHES AND DRIES WITHOUT A WRINGER

Spring Suitings

OUR CUSTOMERS WANT THE BEST

THEY know good values like Genuine English and Scotch Woolens and appreciate 100 per cent all Pure Wool Quality.

Smart stylish suitings and overcoatings, so characteristic of the trade, will always appeal to our customers, hold their trade and build up our business.

The clothes for spring and summer are in order. Winning collection of newest weaves and colorings in latest variety.

G. O. THIES
 Merchant Tailor. Ralph Lane, Cutter

Spring Goods

If it is men's or boy's outfitting you want, I can fit you out with the best; at reasonable prices.

Come and see me about that new Spring Suit; either ready made, or made to your measure.

Be sure and get my prices before buying.

Wm. E. Gesner
 Dealer in Everything That Men and Boys Wear

CHANGE OF BUSINESS

Messrs. Fred L. Bishop and Raymond G. Ritchie have purchased from H. F. Sanford of Lawrencetown, his entire stock of up-to-date general merchandise and have taken over the same.

They will continue in the commodious stand vacated by Mr. Sanford and

Will be Open for Business on Saturday, Mar. 31 when they hope to meet their old friends and many new ones

This Stock is practically all New and is in first class condition. Several New Lines will be added and everything will be sold on a very small margin for cash or marketable farm products.

The Ice Cream Parlor will be a Special Feature of The Business

By strict attention to business they hope to receive a share of public patronage

FARMERS!

For The Lands Sakes

Use you are now planning your farm in for the coming season.

Place your order for Fertilizer with us and be sure of getting early delivery.

Come in and talk it over

J.H. Longmire & Sons
 Office over Bank of Nova Scotia. PHONE No. 48.

EASTER

We Are Showing an Exceptionally fine Line of Spring and Summer Suitings. Call early and make your choice

E. L. FISHER
 T. J. Marshall, Cutter

Long Tom Talks!
"Making 10¢ do the Work of 15"
 That's my job and I'm doing it. I give smokers that fine, cool, mellow Virginia tobacco that they "hanker" for—but I give it to them at 10c. a package.
 Combining finest quality with lowest price has made me famous everywhere.
 Buy a package of Long Tom at 10c. and you'll say that I've done my job well.
 Rock City Tobacco Co. Ltd.

Long Tom VIRGINIA SMOKING TOBACCO