

## Fruit Cures Constipation

"Fruit-a-lives" cure Constipation because they are Fruit Juices in Tablet form.

Constipation means a disordered liver. When the liver is weak, bile is lacking. And it is the bile—which the liver excretes—that flows into the intestines and moves the bowels.

Fruit is the great liver tonic. It invigorates the liver and causes more bile to flow into the bowels.

Purgatives, powders and purging mineral waters, never reach the liver. They irritate the bowels and FORCE them to move. They generally do harm. They NEVER do any PERMANENT good.

"Fruit-a-lives" are fruit juices—in which the medicinal action is many times intensified by the wonderful change which

takes place when the juices of apples, oranges, figs and prunes are combined.

"Fruit-a-lives" have already proved a cure to many thousands of people in Canada.

"Fruit-a-lives" are free from calomel, cascara, senna and other bowel irritants. They are concentrated fruit juices with valuable tonics and internal antiseptics added.

"Fruit-a-lives" move the bowels regularly and easily every day—and thus cure Constipation.

See a box of boxes for 25c. Sent on receipt of price if your druggist does not handle them.

Fruit-a-lives Limited, Ottawa, 100

**Fruit-a-lives**  
OR (FRUIT LIVER TABLETS)

## Coffee!



You will have no grounds for complaint if you use coffee purchased from us.

Watching our buying as well as our selling closely, every housekeeper dealing with us may be certain of securing not only good Coffee but all other fine groceries.

**J. E. LLOYD**

## PUMPS! PUMPS!

We have on hand a large assortment of the celebrated "Myers" pumps which we are offering at exceedingly low prices. These pumps are guaranteed satisfactory in every respect.

We should be pleased to show them to anyone who may be interested.

**BRIDGETOWN FOUNDRY Co. Ltd.**  
BRIDGETOWN. AND NEW GERMANY.

Always Remember the Full Name  
**Laxative Bromo Quinine**  
Cures a Cold in One Day, Grip in Two.

*E. H. Lowe* on Box. 25c.

### Halifax & South-Western Railway

Accom. Mon. & Fri. Read down	Time Table January 24, 1907 Stations	Accom. Mon. & Fri. Read up
11.40 dep.	Middleton	10.10
12.08	Clayton	10.37
12.24	Bridgetown	10.53
12.50	Granville City	11.19
3.02	Granville City	11.40
3.21	Kensdale	11.59
3.45 Ar.	Port Wolfe	12.14

Connections at Middleton with all points on H. & S. W. Ry. and D. A. Ry.

F. CROSKILL, Agent  
Bridgetown

### SAUNDERS THE PHOTOGRAPHER

Will continue his four Cabinet Photo offer during July.

Studio open every Saturday afternoon during July and August

### Ice Cream and Luncheon Parlor

Mrs. Congdon will be pleased to serve luncheon at any time of day or evening, including ice cream, cake, pastry, rolls and cold meat if desired. Tea, coffee or cocoa will also be served.

Orders for home delivery solicited

### Bear River Granite works

Best and cheapest place to buy Granite Monuments. Inquire prices and be convinced.

### Bear River.

C. B. Williams, of the Singer Sewing Machine, Yarmouth, was in town this week.

Arthur S. Powell, of Freeport, was the guest of Mr. and Mrs. H. W. Moore Sunday.

Mr. and Mrs. George Savary, of Malden, Mass., are visiting relatives and friends here.

W. A. Purdy went to Annapolis on Monday to do some leather finishing for A. M. King.

Charles Finnegan, of Freeport, was the guest of his cousin, Mrs. Peter Donahue, Sunday.

Matthew Purcell, of Brighton, Mass., spent a few days last week.

Mr. and Mrs. N. Brenan, of St. John, were guests at the Bear River Hotel a few days last week.

Mrs. Hattie Andrews, arrived from Boston Tuesday on a visit to her parents, Mr. and Mrs. Joseph Spence.

Ralph Harris, of Annapolis, has been in town the past few days doing some plumbing work for W. M. Romans.

Mrs. Guy Morehouse and little child arrived from Sandy Cove last Thursday and are guests at Pleasantville Farm.

George Kennedy, who has been to Bridgewater surveying a cargo of lumber for Messrs. Clarke Brothers, returned home Tuesday.

Mrs. Augustus Wentzell and little daughter and friend, Miss McKinnon, of Charlestown, Mass., are the guests of Mrs. James Wentzell.

Mildred Riddan arrived from Tacoma, Washington, last week on a visit to his grand-parents, Mr. and Mrs. Mildred Armstrong.

Carman McClelland, of Newton Centre, Mass., is visiting friends here.

Mrs. Snell, of Boston, is the guest of Mrs. Katherine Troop.

Mr. J. Edward Troop and daughter, Mrs. Flora Turnbull, and her daughter, Helen, of Boston, are guests at the Hillside House.

I. J. Dunn went to Lake Jolly Wednesday to work on the new school-house being built there.

William H. Smith and family, of St. John, arrived Wednesday. His family will spend a few weeks here the guests of Mrs. E. D. Harris, Pleasantville Farm.

Rev. John Phalen and family arrived here from Berwick on Thursday.

Mr. Phalen is the new appointee to the Methodist circuit here, and we extend a hearty welcome to him and his family.

Messrs. Clarke Brothers are having the foundation laid for a new building next to the one occupied by the Union Bank.

Dr. Fred Beckwith, of Annapolis, dentist, will occupy the office lately used by Dr. Anderson, of Bridgetown.

Office days announced later.

Maurice Benson, Murray P. H. Charles Henshaw and Wallace Ford and Gordon Graham left Monday for Iqalua, Ontario, with the Digby County Artillery Company.

Messrs. Clarke Brothers and Miller purchased a fine large draft horse from H. T. Worne, Digby, this week.

The horse weighs 1650 pounds and is a fine specimen of the breed.

Last Saturday while little Frank Miller, son of Avar Miller, Yarmouth who is visiting his grand-parents here was playing in the barn, he fell from the big beam into the hay, a distance of thirteen feet, breaking one of the bones in his wrist and otherwise bruising him quite badly.

While J. Atwood Miller was returning home from Lansdowne, Sunday evening, he got out of the wagon at the watering trough in front of W. E. Dunn's place to let the check down when his coat took fright and got away from him and ran for home, a distance of over two miles, the miraculous part of it being that not a thing was broken or displaced.

There was a large number from here attended the strawberry festival at Clementsvale on Wednesday. They went in buck-boards, hay racks, and various other kinds of conveyances.

The festival was well patronized from all points, quite a number being there from Annapolis, and considering the small quarters and large crowd they were very well handled.

The wants of the inner man being well attended to. We were unable to get the amount of the proceeds but it is variously estimated from two to three hundred dollars.

While Leigh Morice, one of the popular drivers in Purdy's express line, was returning from the station on Monday evening, near the Victoria bridge, his horse ran into a ladder which had been placed in the road.

He started the horse on a sharp trot and had just got clear of the ladder when he ran into a gate which had been placed across the road. He whipped the horse up, and jumped him over this obstacle, when a large stone was thrown, striking the back of the wagon with great force. If this was intended as a joke, it might have been a very serious one and the perpetrators, if caught, should be severely dealt with, as having a kind horse is all that saved an accident which might have resulted very seriously.

## My Hair is Extra Long

Feed your hair; nourish it; give it something to live on. Then it will stop falling, and will grow long and heavy. Ayer's Hair Vigor is the only hair-food you can buy. For 60 years it has been doing just what we claim it will do. It will not disappoint you.

"My hair used to be very short. But after using Ayer's Hair Vigor a short time it began to grow and now it is fourteen inches long. This seems a splendid result to me after long hair has been so long."—Miss J. H. French, Colorado Springs, Colo.

Made by J. C. Ayer & Co., Lowell, Mass. Sold everywhere. Beware of cheap imitations. Sarsaparilla Pills. GERRY PECTORAL.

### Bear River Rifle Club

The Bear River Rifle Club held their regular practice on last Saturday, and although the wind blew very strong some very good scores were made. There was a very good attendance, some new members having lately joined the club, and it is hoped the older members will take more interest in the future than they have in the past. So far the Club have no medal or cup for which to shoot, and as something of this sort would be liable to create more interest, no doubt it would please all the members if the merchants would present them with a cup, to be known as the "Merchant's Cup." Following is Saturday's score:

Carl B. Miller	200	500	600	T. 11.
Garnet Harris	31	28	28	87
Harry Vroom	25	26	22	73
Roy Kniffin	18	14	9	41
Obad Miller	24	15	24	63
William Chute	26	25	26	77
Corey Harris	24	16	13	53
John Dittmars	26	21	16	63
Albert Robbins	25	22	21	68
Walter Purdy	27	19	4	50
James Dittmars	25	22	15	62

### THE DOCTOR AWAY FROM HOME WHEN MOST NEEDED.

People are often very much disappointed to find that their family physician is away from home when they most need his services. Diseases like cramp colic and cholera morbus require prompt treatment, and have many instances proven fatal before medicine could be procured, or a physician summoned. The right way is to keep at hand a bottle of Chamberlain's Colic, Cholera and Diarrhoea Remedy. No physician can prescribe a better medicine for these diseases. By having it in the house you escape much pain and suffering, and all risk. Buy it now; it may save life. For sale by W. A. WARREN, Pharm. B.

### COALS FROM A FORGE.

Just as long as society makes it to our interest to pretend to be what we are not, that long will we court an hypocrisy that kills.

The very moment you put your soul into your work, that moment you dignify it, whether it be to carry a load or to paint a picture of the rarest beauty.

Appoint yourself as a pioneer in independent thought. Try intellectual scouting for a while. It is like breathing the tonic of an upper zone. Try it just once. You will feel the bounding of the rich, red blood.

By the east window of every life grow thorns.

God makes the sunshine; we make the shadows.

There is a peace that rests on points of bayonets.

No one is great until he feels the pangs of a crucifixion.

Overtopping the hills of conscious self-abasement, lies the summer land of life.

The majesty of man cannot be measured until he is seen standing in a magnificent minority.

The fact that some men espouse a cause at once raises a suspicion against the cause itself.

Many a storm could be so easily averted if we only watched the barometer that hangs on the wall of the human heart.

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### Joker's Column

CHARLIE REMEMBERED HER.

A young woman of social prominence and respectability was to unite with the church in her home town, and desired the ordinance of baptism by immersion in the river, desiring the primitive custom of going to the river. Among the number that gathered to witness the baptism was a nice little boy friend, Charlie, about four years old. The proceedings were entirely new to the child, and he looked on with strange curiosity as the candidate was led into the river. The spring freshets had made the river somewhat turbulent, and it was with difficulty that the minister maintained his footing. During the following week the young woman called at the home of his family, and after the usual greetings said to the little boy as she extended her hand:

"Come here, Charlie, and see me. You do not know who I am, do you?" she continued.

"Yes, indeed, I do," said the boy.

"You are that woman that went in swimmin' with the minister on Sunday."

IT BALANCED.

A certain peasant supplied a baker with three pounds of butter daily, and after some time the baker noticed that the butter never weighed three pounds. At last he summoned him.

"Have you no scales at home?" the Judge asked.

"Yes," said the peasant.

"Have you weights?"

"Yes, but I never weigh the butter with them."

"Why?"

"Because since the baker buys my butter, I buy his bread, and as I always buy three pounds and a time I weigh the butter with the bread."

He was acquitted.

THE WAY IT LOOKED.

The proprietor of a large business house bought a number of signs reading, "Do it Now," and had them hung around the office, hoping to inspire his people with promptness and energy in their work.

In his private office one day soon afterwards a friend asked him how the scheme affected the staff.

"Well, not just the way I thought it would," answered the proprietor.

"The cashier skipped with thirty thousand dollars, the head bookkeeper eloped, with the private secretary, and three clerks asked for an increase of salary and the office boy lit out to become a highwayman."

HE WAS BUSY.

The justice, as the trial of a certain case was about to begin, started and said suddenly:

"But there are only eleven jurymen in the box. Where is the twelfth?"

"The foreman rose and held up his hand with a soothing gesture.

"It's all right, your honor," he said respectfully. "The twelfth jurymen had to go away on business, but he has left his verdict with me."

Mistress—How is it, Sarah, that when ever I come into the kitchen I find you gossiping with the baker or the butcher?

Maid—Well, ma'am, if you really ask for the truth, I should say as it was them navy soft-soled shoes you come creeping about in.

Rosenberg, the Clothier—Little Abie found a big roll of bills on der side-walk!

Mrs. Rosenberg—Vill you advertise der money?

Rosenberg—Vell, I'll put der money in new stock an' advertise der goods!

### OUR FARMER BOY.

We are not given to boasting but we are proud of the farmer boys of this vicinity. They are, with rare exceptions, a healthy, intelligent and happy class of young men. We feel like taking our hat clear off when we meet them upon our streets, and no class is more welcomed to our office.

Too many boys leave the farm where they would have made substantial and good citizens and go to the city, where only one in a thousand succeed in life's battle. There are farmers who fairly drive their boys away. There is no excuse for this. The farmer boy is entitled to his vacations, his visits to the city, good books, magazines and his home paper. To the observing one, it is plain to be seen that the old farm is the best place in the world for the average young man and never fails to bring a happier and more useful life than the city. Young men, who who till the soil and earn your bread by the sweat of your brow, we are proud of you; our latch-string is always out to you and you will always have a friend in this paper. Come and see us and give us the news of your neighborhood.

## 1/3 of a cent a glass

for a delicious thirst quenching drink of

## Sovereign Lime Juice

A 25 cent bottle contains 144 teaspoonfuls and two of those to a glass of water makes a perfect summer drink. No other luxury is so cheap.

Large Bottles, 25c.

ALL GROCERS. NATIONAL DRUG CO., Ltd. HALIFAX, N. S.

### FLOUR & FEED



Try our FIVE ROSES or FIVE LILIES

We guarantee them to give satisfaction or money refunded

Other flour in Stock White Star \$3.40; Goldie's Best \$3.25 Goldies Star \$3.10;

Our line of Feed includes Corn-meat, Middlings, Bran, Feed, Flour Barley Oats, and Corn Chop Banner Chop, Model Chop, Jersey, Chop.

Molasses 38c per gal.

**J. I. FOSTER**

Teachers

and others can best employ the public school holidays by taking a course in Book-keeping or short hand and Typewriting.

The rates for our summer season are low, while the training we give is the best you can get.

Write for full information or enter at any time.

**EMPIRE BUSINESS COLLEGE**

O. L. Horne Proprietor

TRUR: N. S.

Moncton, N. B. Amherst, N. S. Sydney, N. S.

The Grand Imported

Percheron Stallion

"CRITON"

56460

RECENTLY PURCHASED BY THE PERCHERON STALLION SOCIETY.

Will make the season's route as follows:—

GOING WEST.

Will stand at Bridgetown, "Grand Central," Monday evening May 20th.

Round Hill, Isaac Whitman's, Tuesday evening, May 21st.

Annapolis, Edward's Stable, Wednesday evening, May 22nd.

Lawrencetown, Stoddart Stable, Saturday evening, May 25th.

GOING EAST.

Middleton, Shaffer Stable, Monday evening, May 27th.

Aylesford, Brunon Stable, Tuesday evening, May 28th.

Torbrook, John Barteaux's, Thursday evening, May 30th.

"Criton" 55,450, will sire horses that the farmer wants and can drive to market or work on their farms, and will sell for the highest price of any draft breeds, and keep on one half of the feed and always be fat and their feet and legs will always be tight.

Farmers wishing to breed should inspect this grand young stallion before breeding, and the farmers of Annapolis County should be proud to think that they have men with the enterprise to buy a high priced horse and bring him for them to breed to. For as the saying goes "There is none too good."

It is hoped that he will be well patronized.

Terms: \$10.00 for the season. For particulars as to pedigree, etc., see large posters. Lawrencetown, May 20th, 1907.