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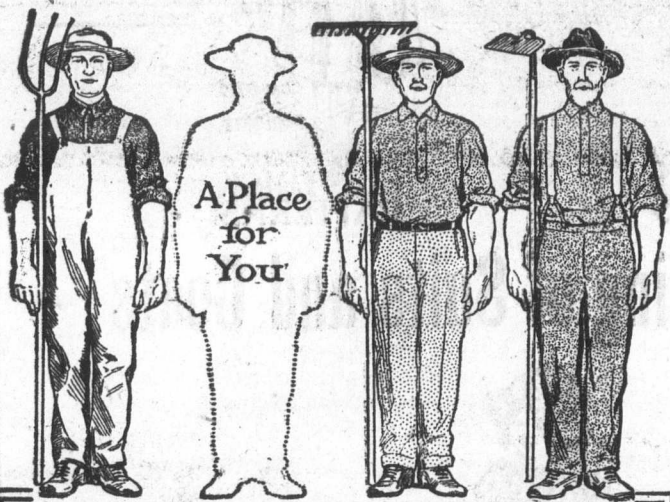
N IN EXCHANGE
While You Wait

Marmalade
I made it with my same old recipe
but I used

Lantic Sugar

On account of its Fine granulation it
dissolves instantly making a clear jelly.

2 & 5 lb. cartons, 10, 20 & 100 lb. sacks

Recruits Wanted for Production

Just as surely as lack of food is strangling Germany day by day, so plenty of food is winning the victory for the allies. The French armies, for instance, were never better fed than now, for France cannot forget the awful lesson of 1870—the failure of her food supply. To this she attributed the loss of that war.

To feed the French soldiers around Verdun, more than 25,000,000 pounds of food a week were required. This gives a faint idea of the colossal task of feeding an army. Canada and Britain have a huge army of fighting heroes on the line; every man MUST have plenty of food, in spite of a world shortage. Upon Canada's food production all principally rely.

The Farmers of Ontario Urgently Need Help

The Department of Agriculture appeals to men and boys to enlist in the farm help campaign. The Department appeals to men unfit for military service, or who find it impossible to enlist in the army. Do your "bit" by helping to increase production of foodstuffs. This is your hour of opportunity.

The farmers of Ontario need the help of retired farmers, of men following no occupation (retired), of business men who can spare a portion of their time. We appeal to all who can so arrange their ordinary affairs to plan to help some farmer friend, particularly in seed time and harvest.

Confer with your county District Representative of the Department of Agriculture, or write, "Farm Help Campaign," care Department of Agriculture, Toronto.

Ontario Department of Agriculture
W. H. Hearst, Minister of Agriculture
Parliament Buildings Toronto



TO ALL CONTEMPLATING BUILDING

We bought up a large stock of lumber before the advance in price, which has been \$3 per 1000 feet. We intend to give our customers the benefit of this great buy. Large shipments expected weekly.

Let Us Figure on Your Contract.

No bill is too large and no bill is too small for us.

SEE OUR CEDAR POSTS. A FINE RANGE IN

We have a few Wheelbarrows left. These we will sell at a bargain.

EST. 1870

G. CHAMBERS EST.

ABOUT FURS.

Points About the Favor-
ite Pelts This Season.

At present sealskin was almost anything originally. Muskrats and rabbits are mostly used. These substitutes have not undergone as elaborate and disguising a process as the real seal, which is first of all plucked, the coarse hair being entirely removed to show the soft fur underneath. But even that fur must be dyed.

So there is no such thing as natural sealskin, except the hairy silvery pelt which forms a handsome motorcoat, usually of some few years' standing.

Ermine is the favorite fur and in sets and trimmings may be worn en promenade. For evening there are long ermine cloaks.

Chinchilla, also costing huge sums, is another fur which is likely to be unbecomingly to certain women. Several furs imitate it from a distance, and opossum is in something the same coloring.

Skunk is a very useful and becoming fur and serves in a thousand ways, being as much favored for trimmings as it is for sets. It is the general choice for collar and cuffs and trimmings profusely many a "Hudson bay seal" coat.

In novelties long black monkey is a Paris fad for trimming dresses. This, long fur appears in numerous ways, but as a fringe on evening gowns it is most conspicuous.

Fox sets are fairly classic. Silver fox is one of the handsomest. Fisher is a magnificent choice, but it is a rather heavy fur, a good sized set being somewhat weighty.

Russian fish, cream and brown, makes a handsome set. The long stole and the muff are made up in the mode and most approved for sable sets.

The beauty and richness of furs are indeed a delight.

SMART EFFECT.

Just to Show How Modish, No Trim-
ming May Be.

Tall crown, narrow drooping brim and no trimming over a band of draped Joffre blue velvet give this



SIMPLE CHARM.

good looking walking hat. What ornament it lacks is provided by the dashing cape of the long coat in broadcloth, also blue.

Musical Birthright of Children.

In the most remote villages in this country, in purely industrial communities, among the poor and among the rich (both have forgotten), children love good songs. It is their natural inheritance. No excess of materialism in the generations affects it in the least. This is the primitive endowment. Deep down in human character there lies a harmony of adjustment with nature. Overlay it as you may with custom or habit, sully it with luxury, it still persists, for without it human life cannot be. This idealistic basis of human life, which is never destroyed, appears fresh and unstained in children and in song it bubbles up as from a pure spring.—Atlantic Monthly.

Roast Young Pig.

A pig about six weeks old is best for roasting whole. Scald and scrape the skin and clean thoroughly the inside, the head and the feet, removing the hoofs. Score the skin in squares, rub hard over it and season with salt and pepper. Fill with a bread dressing as for turkey, or make a cornmeal dressing as follows: Salt two quarts of cornmeal as for bread and mix to a stiff batter with boiling water; spread in shallow pans and bake. When cool

break it up and add to it one-quarter pound of butter, pepper to taste and a tablespoonful of sage or thyme. Fill the pig till plump, sew it up and place it on its knees in the roasting pan. Keep plenty of water in the pan and baste frequently, turning the pig as you would a turkey.

A half hour before the pig is done place whole red apples in the pan and bake.

Practical Laundry Slips.

For a few cents you can have a salesman's manifold order book containing carbon paper. Use this when you make out your laundry slip and you will have one copy for yourself.

NERVE OF A STEEPLEJACK.

His Coolness and Resource in a Time of Extreme Peril.

Ordinary people standing on a narrow ledge whence they can see down 200 or 300 feet are so appalled by the danger of falling that their nerves give way, their bodies flinch and there comes to some at least an impulse to and the mental strain by a leap into the gulf. But the steeplejack is indifferent to height and proximity to the abyss.

The coolness and resource of these men were never better shown than in a case which happened in upper New York state a few years ago. A steeplejack had flown his kite over a chimney and subsequently drawn himself up to the top. He was just beginning his inspection of the work when by some mishap he dropped his rope and was left, like St. Simeon Stylites, alone on his pillar.

Attempts were made to fly another kite over him, but the wind had dropped. There were iron ladders inside the chimney, but the fires would have to be drawn and the chimney let cool for hours.

The steeplejack was then seen to unlace one of his shoes, take off the long blue stocking worn by such workmen and set to work carefully to unravel it, knotting the pieces of yarn together when necessary.

He then fastened a stone to the end, plucked the depth, picked the other stocking to pieces and added it to the first length of yarn and let it down far enough to meet a tall ladder, from which he drew up first a piece of strong string, next a rope and then after completing his inspection of the chimney top lowered himself to the ground.

Origin of an Old Saying.

Many think that the saying "Blood is thicker than water" originated with Commodore Tatnall of the United States navy, who assisted the English in the Chinese waters, and, in his dispatch to his government, justified his interference by quoting the words. It is, however, an old English proverb and is to be found in Ray's "Collection of English Proverbs," published in 1672. Walter Scott, too, makes Dandie Dinmont say: "Weel, 'bluid's thicker than water." She's welcome to the cheeses and the hams, just the same."

A Safe Pill for Sufferers.—There are pills that violently purge and fill the stomach and intestines with pain. Par-melee's Vegetable Pills are mild and effective. They are purely vegetable, no mineral purgative entering into their composition and their effects are soothing and beneficial. Try them and be convinced. Thousands can attest their great curative quantities be cause thousands owe their health and strength to the timely use of this most excellent medicine.

City Scout—I once knew a man who was turned into wood. Country Scout—Nonsense! City Scout—Not at all. He was taken on a vessel, and then he was aboard. Country Scout—That's old. I knew a boy who was dumb for years and then gained speech in a minute. City Scout—How did he do it? Country Scout—He went into a cycle shop and picked up a wheel and spoke.—Exchange.

Bad For Herbert.

"So," said the smitten girl, whose father had been talking seriously to her, "you dislike Herbert, and you will not recognize him?" "That's it," he replied. "If he doesn't keep away from here I won't recognize him, and neither will his own mother."—London Answers.

Trotting Bullocks.

South India has some of the famous little trotting bullocks, "gains," a breed unsurpassed for swiftness, but quite small. Some of these animals, even when full grown, are no bigger than a large dog. They are much used in light carts.

Conversation.

Never hold any one by the button or hand in order to be heard out, for if people are unwilling to hear you you had better hold your tongue than them.—Chesterfield.

Maps.

Bartholomew Columbus, brother of the renowned discoverer, introduced maps into England in 1488.

My liberty leaves off where the rights of another begin.—Victor Hugo.

ARE YOU READY?

with some Zam-Buk on hand in case of accidents? We all know what serious results often follow minor injuries.

When Zam-Buk is applied to a wound it immediately destroys all harmful germs and extracts all poisonous matter, and thus removes all danger from festering or blood-poisoning. Zam-Buk's soothing herbal extracts end the pain and banish the soreness. Then the healing essences in this famous balm grow new, healthy skin.

A box of Zam-Buk kept handy, both in the home and at work, will save much suffering and loss of time and money. 50c box, 3 for \$1.25. All druggists and stores, or Zam-Buk Co., Toronto. Send 1c stamp for postage on free trial box.

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