

WOMEN'S HOME AND MAGAZINE PAGE

Says Girl Guide Movement Most Democratic in World

"Not Military At All, Uniform Is Badge of Real Sisterhood," Declares Capt. Winifred Head, Who Finds Girl Guiding So Thrilling She Devotes All Her Spare Time To It—Its Aim Is To Make Good Homemakers and Good Citizens, Its Ideas and Ideals Inspiring.



"The only way to really find out about Girl Guide work is to go in for it. It is a tremendously big and broad fundamental, so inspiring in its ideas and ideals, it is simply impossible to explain it in a few words. Once you go in for it, you get so into it that you don't want to stop. You simply couldn't give it up. Every minute of my spare time I am learning something that will help me in my work, and the wonderful part is the way Girl Guiding helps you with everything else in the world."

The foregoing enthusiastic statement was made to The Advertiser by the charming young girl in smart Guide uniform, boasting the red and white cord, a girl with blue (or was it gray?) eyes that danced as she talked vigorously of the subject which lies so close to her heart, a young woman of grace, poise and dignity, but dignity to which dimples playing hide and seek when she smiles are immensely becoming. The girl in the case? Why, Capt. Winifred Head, at your service, authority on Girl Guiding, who has been brought to the city by the London Girl Guide Council to confer with the local officers, and give the citizens who attend the meeting she addresses Wednesday evening at 8 o'clock in Croydon Hall, a little better insight into the tremendous value of the Girl Guide movement.

"Like the Boy Scout movement," she continued to The Advertiser, "the Girl Guide is the most democratic thing in the world, that is, really and truly democratic. There are a great many things called democratic which haven't any democracy at all. Girl Guiding has nothing military about it. The uniform is the badge of sisterhood. What ever a girl's opportunities or lack of them have been, put her in the Guide uniform and she is exactly the same as the Guide next to her. The uniform and the Guide law equalize conditions. Every girl, rich or poor, has an equal chance. The one thing she must do is to show what she is made of. The one who has personality and leadership gets the job."

Give Group For Gang.

The patrol system, which provides for self-governing groups of seven, eight or nine, with an elected leader, meets the inherent desire in every girl as well as boy at a certain age for belonging to a "gang." Baden-Powell's idea was to give the boys outlet for their activities, their instinct for leading and being led in gangs, an outlet in groups in which their energies would be directed in such a way as to build their character, and make them good citizens. Through the Girl Guide activities are adapted to the girl, just as the scout activities are to the boy, the underlying idea is the same, to make the girl, first and foremost, a good citizen.

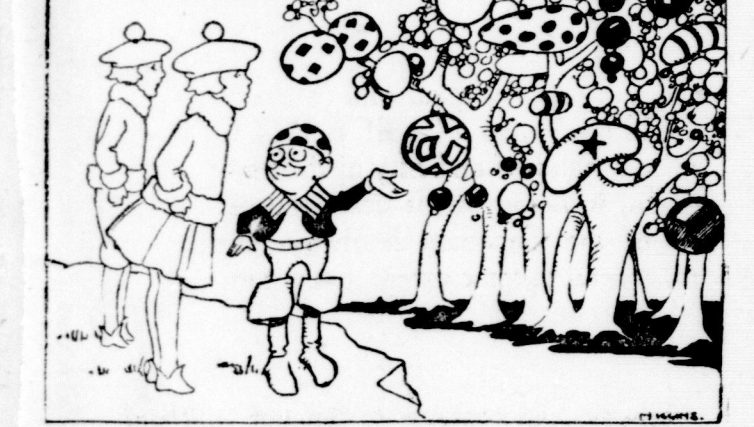
In this age of the machine for women and broad opportunities, it is not enough that a girl shall be a good homemaker. She must be a good citizen to the world at large. But, her very first and most important duty as a citizen is to be a good homemaker, hence the stress placed on washing, cooking, sewing, child nursing, first aid in Guide training. A badge I have myself is called the "Handy woman." Involving the performance skillfully of some thirty tasks around the house, using a hammer, papering a room, mending carpets, curtains, numbers of other things every efficient homemaker must sooner or later do in her experience.

Learn to Think of Others.

"In Guide work the girl learns to think for herself, and still more important, to THINK FOR THE GOOD OF THE WHOLE, putting aside her individual preferences and interests for the good of the company. What could be a more important preparation for

ADVENTURES OF THE TWINS. A QUEER FOREST

(By Olive Roberts Barton.)



"I want you to see the balloon nursery. It's here in the woods." Buskins pulled on the rein of the green paper elephant he had been riding and came to a stop.

Nancy and Nick, coming up behind him, stopped too and slid off.

Jeddy Bounce and Blue Junior, the fat jolly rubber balloons, arriving just then took charge of Nancy's pink pig and Nick's blue poodle.

"Now," said Buskins, straightening his head-kierchief and pulling up his high boots, which had become unsettled in riding, "I want you to see the balloon nursery. It's here in these woods."

The Twins were all curiosity for this time, for the Land of Lost Balloons was about the queerest place they had ever been in, and wonders were not to come, to judge from the noise that was coming from the woods where Buskins was leading them, a forest of great rubber-trees like the pictures in the geography books.

But these rubber-trees were different because they bore such queer fruit

How To Wear Furs



BY MARIAN HALE.

LONDON, Jan. 3.—Little fur hats, snug little things, which pull down quite over the eyes are being seen with more and more frequency at the places where smart young women gather. Usually the coat which accompanies is of matching fur, but occasionally they are worn with a wrap of cloth which boasts only a band of fur at the hem line.

Gay things they are, wearing clever bows of shiny ribbon or even venturing very spring-like flowers!

The one shown hints a bit of the tam and is bound in closely at the headline with a band of ribbon.

The secret of it? Your furs should contrast with your eyes—not match!

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Personals

Mr. Otway F. Hayden spent the week-end in Galt.

Miss Gertrude Sullivan was a week-end visitor in Guelph.

Miss Velma Wylie spent the week-end in Kitchener, going on to Galt for the New Year's ball.

Miss M. Cherrin of this city is visiting friends and relatives in New York and New Jersey.

Mr. Murray Walsh of Ottawa was a week-end guest with W. G. Coles and Mrs. Coles, "The Beeches."

Mr. Edgar W. Riddle of Saskatoon is a holiday visitor at the home of his father, Mr. Geo. Riddle, King street.

Mr. Jesse Townsend, 175 Horton street, has returned from Toronto after spending the holidays with friends.

Mr. and Mrs. B. H. Clement have been spending the holiday season in New York, Baltimore and Washington.

Dr. Herbert H. Casselman of Lambton spent the New Year's holidays with relatives in Ottawa and Montreal.

Mr. Archie McDonald of Brandon, who is attending Ridley College, is the guest of Mr. Dick Butler, St. James street.

Hon. J. R. Boyle and daughter, Helen, of Edmonton, have left for home, after spending the holidays with Mr. and Mrs. Shaw of Huron street.

Mr. A. E. Plastow has returned to New York City, after spending the Christmas holidays with his parents, Mr. and Mrs. H. A. Plastow, Childs street.

Dr. James G. Boyes has returned to St. Luke's Hospital, New York City, after spending the holiday season with Mr. and Mrs. D. C. Platt, Wellington street.

Mr. Becher Hungerford, who has been spending the holiday season with his parents, Mr. and Mrs. W. F. Hungerford, Wellington street, has returned to New York.

Mrs. Dempster of Detroit, accompanied by her son, Clifford, has returned home after spending the holiday week with her parents, Mr. and Mrs. S. Taylor, Dundas street.

Dr. M. A. Platt has returned to Memorial Hospital, New York City, after spending the holiday season with his parents, Mr. and Mrs. D. C. Platt, Wellington street.

Mr. and Mrs. Delmar Anderson of Windsor have returned home after spending Christmas holidays with Mr. and Mrs. A. W. Weir of R. R. 2, London.

Dr. and Mrs. P. A. Scolliek, who have been guests with Mr. and Mrs. George H. Scolliek, Galt, have returned to Chicago, where Dr. Scolliek will continue post-graduate work.

Mr. T. C. Bowen of the head office of the Bank of Montreal returned to Montreal after spending the week-end in London, the guest of Col. and Mrs. W. J. Coles, "The Beeches."

Mrs. John H. Stevens, 474 Princess avenue, will receive for the first time since her marriage on Thursday, Jan. 5, Mrs. John Stevens of Winnipeg and Mrs. T. A. Stevens of this city will welcome with her.

E. H. and Mrs. Kaiser and two daughters, Misses Ora and Della Kaiser, of Stratford, and Miss G. Keeling and W. L. Keeling, R. A., of Toronto, were holiday visitors with J. M. and Mrs. Helm, Wharncliffe road.

The engagement is announced by Mr. and Mrs. Alex. Thom Chingam, Toronto, of their daughter, Helen McDonald, to Dr. Vernon Carlisle, son of the late Mr. and Mrs. James Carlisle of this city. The marriage takes place quietly in Knox College Chapel on Jan. 28.

Dr. and Mrs. G. A. Routledge, Edgetown, Lambeth, entertained a happy holiday house party, including Mrs. Routledge's sister, Mrs. A. E. Robertson, Toronto, and Mr. Robertson and Routledge's niece, Mrs. Gordon Mann and Mr. Mann. Mr. Robertson returned to Toronto Tuesday.

Lieut.-Col. W. J. Brown of the Western University faculty, will address the meeting Friday evening of the Lambeth Chieftain Club. The club, which meets every other Friday evening, subscribed generously to the "Good Fellows Club" fund and provided for two needy families at Christmas time.

Mrs. W. E. Robertson, who has been the guest for the past fortnight of her sister, Mrs. G. A. Routledge, Edgetown, returns to her home in Toronto Friday, accompanied by her mother, Mrs. Andrew J. Vandenberg, who has been staying with Mrs. Routledge for several months. Mrs. Vandenberg will remain in Toronto until May.

Miss Gladys Harding was the hostess Friday evening of a jolly party held at her home, R. R. No. 1, Ettrick, when she entertained thirty of her friends and cousins in honor of her brother, Mr. R. C. Harding, who is home from Western University for the Christmas vacation. The evening was spent in games and music, followed by a dainty supper served by the hostess.

A charming holiday event was the tea given by Mrs. G. A. Routledge at her home, Edgetown, Lambeth, the end of last week, a little farewell for her mother, Mrs. Andrew J. Vandenberg, who is leaving to spend the remainder of the winter and part of the spring in Toronto. Mrs. W. E. Robertson of Toronto, a holiday house guest, presided over the pretty tea table, adorned with red carnations and feathery white stars.

A charming event of Tuesday afternoon was a luncheon at the Hunt Club given by Mrs. J. Fred Grant, now of Toronto, recently of London, and her sister, Miss Mabel Stevens. Covers were laid for seventeen, the table being beautifully decorated with narcissi, ferns and American Beauty roses. Bridge was played after luncheon, at which the guests were Mrs. W. Green, Mrs. Archie McDonald, Mrs. Norman Keene, Mrs. Kent Campbell, Mrs. Jack Stevens, Mrs. Percy Millman, Mrs. H. Miller, Mrs. Ray Lawson, Mrs. E. Yeates, Mrs. W. F. Jarvis, Mrs. George Fraser, Mrs. White Falls, Mrs. Chester Stevenson, Miss Flo Fraser.

Seven members of the division were re-examined in the first aid and home nursing for labels and pendants on Dec. 22: Miss Ella Davis, Miss Georgina Hoffman, Mrs. Frank Dickinson, Mrs. Theresa Smallman, Mrs. Steppie Collier, Mrs. Mary Routledge.

LEPER MISSION ELECTS EXECUTIVE.

The London auxiliary of the Mission Lepers has elected the following officers for the ensuing year: Acting president, Mrs. George Wood; vice-presidents, Mrs. J. W. Jones and Mrs. D. D. Campbell; treasurer, Mrs. John Stevenson; secretary, Miss Ella Davis; pianist, Miss Rogers.

MORE ABOUT CODFISH



CODFISH, either salt or fresh, is one of the cheapest and best of the fish foods.

Although codfish is usually low in price, it is high in food value and is one of the most quickly digested of the more common foods.

These recipes for codfish are perhaps a little out of the ordinary and may help in the everlasting quest for "something different."

Breaded Codfish Cutlets

Cut fresh codfish in pieces for serving about an inch thick. Sprinkle with lemon juice, salt and pepper and let stand half an hour.

Dip in fine bread crumbs, dip in an egg slightly beaten with 1 tablespoon milk and dip again in crumbs. Fry in deep hot fat for 10 minutes. Drain on brown paper and serve with stewed tomatoes.

Egg Sauce

Four tablespoons butter, 2 tablespoons flour, 1 1/2 cups water, 4 tablespoons lemon juice, 1/2 teaspoon salt, 1/2 teaspoon paprika, 2 egg yolks.

Melt butter, stir in flour and slowly add water and lemon juice mixed, stirring constantly. Season with salt and paprika and boil five minutes. Add yolks slightly beaten and cook without boiling for three minutes. Use the whites of the eggs for a cake.

Salt codfish may be soaked in lukewarm water, boiled until tender and

served in the same way as the fresh fish. Put the fillets of the salt fish in cheesecloth and add the lemon juice or vinegar but not the salt to water in which the fish is cooked.

Drain fish and arrange on a deep platter. Hard boil 2 eggs and chop the whites coarsely. Add these to the sauce. Pour sauce over fish and cover with yolks of eggs forced through a cover or rubbed through a colander.

Boiled Codfish

Wash and clean fish but do not remove bones. Tie in cheesecloth and cover with boiling water. Add 1 teaspoon lemon juice and 1 teaspoon salt to each quart of water.

The salt improves the flavor and the lemon juice or vinegar keeps the fish white. Boil 20 to 30 minutes and serve with hard-boiled eggs and minced parsley. An egg sauce may be poured over the fish or served separately.

Stuffed Fresh Cod

A small cod weighing four pounds is delicious stuffed and baked. An oyster stuffing adds much to the dish, but makes it much more expensive. A plain cracker stuffing is better with fish than a bread stuffing.

Clean fish sprinkle with salt, pepper and lemon juice inside and out, stuff and sew. Cut gashes on each side of the backbone in a dovetail fashion. Put narrow strips of salt pork in each gash.

If a fish stein is not available use a piece of cotton cloth well greased. Put the fish on this and put the whole thing into a dripping pan. Broil with four eggs an hour in a hot oven, basting frequently with hot water.

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in henna shade, with silver cloth facing. On their return they will reside in Toronto.

The groom's gift to the bridesmaid was a pearl pendant; to the soloist a silver cigarette case; to the organist a bar pin; to the groomsmen and ushers ties.

Out-of-town guests present were: Mrs. E. McNichol, Mr. and Mrs. E. A. Habbick and Mr. William Ross of Dunville; Mr. and Mrs. Sydney Howell of Dutton; Miss Petch and Mr. Milliken of London; Mr. and Mrs. Claude Christian of Wallaceburg.

The ceremony took place at 5 o'clock. Miss Edna Petch of London playing "The Bridal Chorus," from "Lohengrin," as the bridal party entered the church.

The bride, who was given away by her father, looked charming in her wedding gown of white tulle and georgette, richly beaded, a Juliet cap and veil of Brussels lace, trimmed with seed pearls and orange blossoms. She carried a shower bouquet of Ophelia roses, and wore the groom's gift, a handsome wrist watch.

Miss Constance Howell was her sister's bridesmaid, and looked pretty in a bouffant frock of silk green, latter's cream net, and a large black satin hat, and carried pink roses. Mr. Arnold Habbick of Dunville was the best man.

During the signing of the register Mr. Elliott Milliken of London sang "The Crown." The ushers were Mr. Murray Laing of Melbourne and Mr. Claude Christen of Wallaceburg.

After the ceremony a reception and wedding luncheon were held in the church parlors, which were decorated with evergreen garlands and carnations.

Later Mr. and Mrs. McNichol held points east, the bride traveling in a suit of brown broadcloth, with mole skin choker collar, and hat of lacquer satin.

ADVERTISER PATTERNS.



A Smart Style for a Day Dress.

This portrays a charming development of Waist Pattern 3728 and Skirt 3729. As here shown, serge was used, with applied trimmings of satin. Broad stitching or embroidery would be equally pleasing. The waist is cut in six sizes, 34, 36, 38, 40, 42 and 44 inches, bust measure. The skirt is in seven sizes, 28, 30, 32, 34, 36 and 38 inches waist measure. To make the dress for a 36-inch size will require 5 1/2 yards of 36-inch material. The width of the skirt at the foot is about 2 1/2 yards.

Polart twill, plaid, striped, broadcloth taffeta, satin, moire, gabardine and velveteen are attractive for this design.

This illustration calls for TWO separate patterns, which will be mailed to any address on receipt of 15 cents FOR EACH pattern in silver or stamps.

Address all pattern orders to pattern department.

Name

Province

Town

Age (if child's or misses' pattern)

Measurement: Bust..... Waist

CAUTION: Be careful to include the above illustration, and send size of pattern wanted. When the pattern is sent measure, you need only mark 38, 44, or whatever it may be. When in waist measure, 22, 24, 26, or whatever it may be. If a skirt give waist and length measure. When misses' or child's pattern, write only the figure representing the age. It is not necessary to write "inches" or "years." Patterns cannot reach you in less than one week from the date of application.

Western Ontario Women's Activities

Address News For This Column to The Editor of Woman's Page.

ELECT OFFICERS AT HOLIDAY MEETING.

A seasonable party was arranged for the annual meeting of the Kintore Women's Institute, held in Christmas week, and including an excellent paper "Christmas Thoughts," prepared by Miss Jean McGee, and read by Mrs. Dunlop. Other numbers were a duet "Christmas Chimes," rendered by Misses Helen and Esther McMillan, and a reading by Mrs. J. Haelton. The election of officers resulted in the election of Mrs. (Dr.) I. H. MacDonald as president; Mrs. H. Irvine, vice-president; Mrs. W. A. Armstrong to remain secretary-treasurer, with Mrs. W. Oliver as assistant secretary. The board of directors appointed included the following: Mrs. McMillan, Mrs. Chalmers, Mrs. Henderson, Mrs. Land, Mrs. Feddery, Mrs. Dunlop, Mrs. G. B. Anderson and pianist, Mrs. Haelton. Mrs. Chalmers and Mrs. Olive were appointed as district representatives.

Votes of thanks were tendered the retiring officers and Miss McGee. After community singing tempting refreshments were served. Rev. Mr. Butt has been invited to address the next meeting on Jan. 25.

PLANS INTERESTING PROGRAM.

Thorndale Women's Institute has chosen the following topics for meetings for the first six months of 1922: Jan. 6—Talk by child welfare nurse, Hostess, Mrs. McFadden.

Feb. 2—"Our At Home," in Harding's Hall.

March 2—Topic, Mrs. E. Vining. Hostess, Mrs. Bert Logan.

April 6—Institute exhibit. Hostess, Mrs. G. B. Vining. Meeting to be held in Thorndale.

May 4—Annual meeting. Report of committees. Election of officers. Hostess, Mrs. Mossip.

June 2—Annual picnic. Kintore Branch to supply entertainment. Hostess, Mrs. Ramsay.

July 6—Topic, "The Stranger Within Our Gates," Mrs. E. McMartin. Hostess, Mrs. R. Woods.

Mrs. Stapleton of London Institute of Public Health will address Thursday's meeting, which takes place in the home of Mrs. (Dr.) McFadden.

Miss Mary Grant of Detroit, Mr. John Dunbar of Quebec City, Mr. and Mrs. Hal G. Detrich (nee Jamesina Dunbar) of Chicago, are holiday guests with Miss Dunbar in the Alexandra Apartments.

ter community singing tempting refreshments were served. Rev. Mr. Butt has been invited to address the next meeting on Jan. 25.

Full of flavor gathered from mountain breezes in South America

Rideau Hall Coffee

NOTHING ADDED NOTHING TAKEN AWAY

SOLD IN TINS ONLY—BY ALL GOOD GROCERS

DELICIOUS! Try It!!

Silverwood's Carbonated Butter

Churned in super-pure germ-free atmosphere (not air) and guaranteed to keep its quality to the last ounce used. Phone your grocer.

Silverwood's Limited, London, Canada

Makers of Silverwood's Carbonated Ice Cream, famous for delicious quality and flavor.

10

Blood and Nerves

To Purify the Blood, To Strengthen the Nerve

REDMAC IS GUARANTEED

If your blood is thick and impure you will soon know it. Your face becomes covered with pimples and blotches, your back covered with spots. If your nerves are shattered you are nervous, irritable, easily annoyed and will eventually become run down, and the whole nervous system a wreck. Redmac, the most wonderful of all Tonics made from Herbs, Roots and Barks, will fix you up in a short time. It is the latest and most wonderful Tonic ever offered to the public. The nerves are made strong and healthy. The Blood purified and made pure. Sold by one druggist in every town.

Sold by Taylor's Drug Store, 230 Richmond street, sole agents.—Adv.

Comfort Baby's Skin With Cuticura Soap And Fragrant Talcum

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The winter months are coming. Why not get in touch with the La Salle Extension University

and cash in on your spare time? IMPERIAL BANK CHAMBERS.

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