

## "My Heart Would Palpitate, I Had Weak Spells"

Mrs. L. Whiting, 202 King St. West, Brockville, Ont., writes—

"I took very sick with my nerves and stomach, and seemed to be all run down. At times my heart would flutter and palpitate so and I would take such weak spells in the pit of my stomach that I sometimes thought I would never get better. I had almost given up hope when a friend advised the use of Dr. Chase's Nerve Food. I did not stop until I had taken twenty-five boxes. It has done wonders for me and I want to recommend it to everyone."

### DR. CHASE'S NERVE FOOD

At all Dealers.  
GERALD S. DOYLE, DISTRIBUTOR.

## TRINITY.

A STORY OF TRINITY A HUNDRED AND FIFTY YEARS AGO.

About the year 1750 there lived in the little seaport town of Biddeford-in-Devon, four brothers, who had inherited more or less of their fathers' love for marine adventure. Their family name was Porsh. One after another, as soon as they were old enough to secure a position of any kind on a vessel going to sea, three of them were off, not caring very much where they went, so long as they were on the sea, and likely to visit foreign ports. Their father, in addition to the money he had managed to save during his years in charge of foreign going vessels, had accumulated a variety of curious things from India, China, and other Eastern countries; so that when he retired from the sea, the old family house that had been left to him by his father, became known as the "Museum," owing to the number of curiosities he had brought on shore with him year after year, and placed on view in the house.

The father's favorite son was the youngest, who, when he was baptized was given the name of George (Godlove—George being his father's Christian name, and Godlove his mother's maiden name. His father was deeply anxious that George should not follow the sea, as after several years two of his sailor brothers had found a watery grave and the other had been killed in a fight with pirates in the China Seas. George was more like his mother than his brothers were, and not having the same longing for the sea as they had, he was easily influenced by his father to spend his boyhood days at school, and then to be apprenticed to the village apothecary for the next five years. George made the best use he could of those years. He was fond of reading, and so by the time he had become his own master, he was in possession of much valuable information about many things, one of which was, the nature and use of drugs, and the preparation of medicine for ordinary diseases.

In the meantime his father and his mother had died, and as the only son, George became the owner of the family house, several hundred pounds in money, and all his father's accumulation of valuable curios. I have mentioned the fact that George was more like his mother than he was like his father. As however, the years passed and he grew into manhood, there developed in him an occasional longing for the sea. He had not married, so he was free to do what he pleased in this respect, without embarrassing anyone. A casual visit to his uncle who lived in Poole, and the lure of the salt water, found him a frequent visitor to the wharves, which were always busy places. His latent interest in the sea was awakened by the continuous coming and going of vessels between Poole and Newfoundland, and before the time of his visit to his uncle had expired, he had made up his mind to see the far-away place that everybody in Poole seemed to know something about—Newfoundland across the sea. He went back

to Biddeford, made a careful inventory of all that he possessed, and leased the old house to a neighbour, for ten years. His father's curios, however, had a strange fascination for him, and he made up his mind to take them with him to Newfoundland. A few weeks later found him back again in Poole, where he called upon the agent for Benjamin Lester, Esq., with a view to securing a passage to Newfoundland in the brig "Lester" that was then ready for sea. When the agent found that George had some practical knowledge of medicine, he was more than glad to give him a passage on the vessel, as, owing to the large number of men and boys who had gone out to Trinity within the past year, they were sadly in need of a doctor there. A free passage was given him together with a personal introduction to the Captain and a letter to the owner of the business, Benjamin Lester, Esq., at Trinity. George was more than pleased with the kindness and encouragement that had been extended to him, and he looked forward to his voyage to Newfoundland as a pleasant introduction to the sea, of which he had heard so much in his own home life, so far back as he could remember.

The next morning found him on board the vessel, and that night he was rocked to sleep for the first time by the movements of the broad Atlantic. The captain was very kind to him and George was given opportunities to reciprocate that kindness, by giving valuable advice, and supplying medicine from his well stocked outfit, when several of the crew were taken ill during the voyage. George thoroughly enjoyed every hour of the 25 days on the ocean; and the storm into which they ran when half way across, though fraught with danger, was to him an additional experience that caused him to feel that life was worth living. On the morning of the 25th day after leaving Poole Quay, George got his first sight of land, which he was told was the Island of Bacallieu; and as the sun was setting, the brig "Lester" entered the beautiful harbor of Trinity, and dropped anchor under the shadow of Gun Hill, at the frontage of the premises of Benjamin Lester, Esq., to whom the vessel and cargo were consigned. When Mr. Lester, upon opening his letters from his agent in Poole, found that the passenger on board was a medical man who had come to stay for a while in Trinity, he was intensely pleased, and he went on board to extend him a personal welcome, and to arrange for the immediate landing of his luggage and his stores. Nothing could exceed the respect and kindness that was shown to him by Mr. Lester and the people of Trinity, and the relief that he brought about at once to some of the servants on the "Room," who were ill, won for him a lasting place in their affection.

It was a new experience for him to be addressed as doctor; and though he was too much a gentleman ever to have claimed the honorable title for himself, yet he quickly realized that a refusal on his part to be known as such would be misunderstood. So he responded to the address, and so far as it was possible for him to do it—he determined to make himself worthy

of it. Through the kindness of Mr. Lester, a house was quickly got ready and placed at Dr. Porsh's disposal. His baggage and freight were sent to the house, together with a woman to keep house for him, and a man from the "Room" to do odds and ends of requirements for the both of them. Within a few days every room in the house was in order, and the little room in which the doctor arranged his medicines and his curios was an attraction for everybody. The doctor's "handyman" was a youngster from Devonshire by the name of Richard Cove. He was not by any means an intelligent lad, but he soon developed a sense of his importance in the house, and whenever he got the opportunity—unknown to the doctor—he took his chums into the surgery and showed them the valuable and wonderful curios. Some of them who saw them were satisfied with having seen them. There were others, however, who, realizing the great value of some of them, were filled with a desire to possess them. Amongst those were some foreign sailors who were on a vessel that was loading for Hamburg, and whom the doctor would never have permitted to enter his home, had he known it. In due time the vessel for Hamburg was got ready for sea, and left for her destination. About the same time the doctor's man Dick was missing. This however, was not an uncommon occurrence, for Dick had a permanent tendency to sample a neighbour's Jamaica Rum, wherever he found it; and then, if the stock was plentiful, he became dead to the world for a few days in the house of one of his chums, and nobody considered him of sufficient importance to search for him. The doctor, however, believed he had stowed away on the vessel for Hamburg. After nearly a week of absence from duty on the part of Dick, Mr. Jacob Taverner from "around the point" whilst cutting longers in God's Cove Woods, found the body of a man, which he knew at once was that of the doctor's servant, Dick Cove. He lost no time in reporting this to the doctor, who, taking some men with him went with Mr. Taverner to the spot where he had found the body. Upon examination he found that the man had been dead for several days, and that his death had been caused by strangulation at the hands of others. Not far from the body the doctor was surprised to find one of his curios, that he had supposed was still in his surgery. The body was taken out to town and placed in a room in the Joiner's loft, that had been set apart as a temporary hospital, and a mortgage for sick and dead sailors. It did not take the doctor long to find, that not only did the curio that he had found by the body belong to his collection, but that several of his most valuable pieces were not there at all.

Many and various were the opinions expressed to account for all this; but the following entry in the Burial Register of St. Paul's, Trinity, embodies the finding of the jury, and explains the tragedy:—"Nov. 19th 1768—Interred Richard Cove, 'Servant to Doctor George Godlove Porsh. He was deputed to elope from his master with several valuable articles by some villains, and afterwards found strangled by ye noose of a garter.' The 'villains,' no doubt, were some of the crew of the vessel that was then half-way to Hamburg, where they probably got a good price for the curio (quite unconsciously) secured at the cost of a human life. Dr. Porsh remained in Trinity for several years, and was known and respected as a useful citizen, that Trinity in those days could ill afford to lose. In the meantime, two or three other 'doctors' had come and settled down in Trinity; and when the ten year lease of his property in Biddeford had expired, Doctor Porsh went back to England, married and settled down for life remainder of his days in the old home.

A GENEROUS PROPOSAL, AND A HEADLESS REJECTION. When I first went to Trinity in the brave old days of yore, 'Twas there I took a stroll All around Green Island shore, 'Twas there I met my own true love The girl that I adore, A more handsome little fair maid I never saw before.

I have a staunch a bully boat As ever rode the ground She can beat anything with sails From the Horse Chops, to the Sound. Besides, I have a big Poole gun About five feet or more, And 'tis for your sake I'll shoulder her. All round Green Island shore.

I have a feather bed, a watch, Of a new house I've a frame I'll take you home to Robinhood If you will share my name. If Bill Hooker seeks to win your heart, I'll leave him in his gore And sail far away from Trinity And the dear Green Island shore.

(To which the maiden replies) To wed you now, dear Johnny Would be a poor look out. You have two very small legs Which scarce carry you about Besides you're not able to stand the cold Of a cold winter's day. I'd rather wed a wench, So Johnny, go away.

Miss Sharpe of Blaketown, registered at the Garland last week, and went on to Ireland's Eye, where she will take charge of the Church of England school there. She is a daughter of Mr. and Mrs. Sharpe who lived at Trinity East, where Mr. Sharpe taught school some twenty years ago. We were glad to meet her, and we wish her the happiest of New Year's at Ireland's Eye.

"The tumult and the shouting dies" The Yule-tide visitors depart. The Hon. Alex. Mews, Mrs. Mews and children; Misses Marie Eriksen, Phyllis Eriksen, Mollie White, and Powlow went back to their respective duties at St. John's last week. They report having had a most enjoyable visit to Trinity and home; and we hope that the key-note of the holy, happy Christmas, will be the dominant one in all their life music of the New Year.

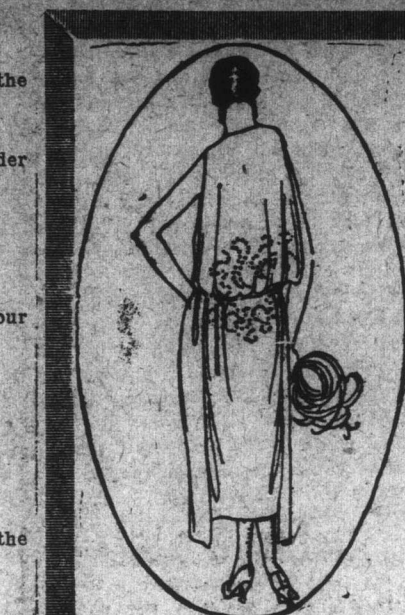
The two prizes offered by interested citizens for the mummies who showed the best taste in impersonating characters, have been awarded to the persons who represented the dying year of 1922, and the coming year of 1923, respectively. We shall be thankful if fifty per cent. of the promises and prophecies of "1923" are fulfilled to us, by the time he goes mummering again. The prizes will be presented at an early date.

The children of the day school, under the training of the teachers, Mr. Simms and Miss Goodwin, and the music-and-drill instructor, Mrs. Foster, gave a concert in the Parish Hall (3rd inst.) It was well attended by the parents of the children, and others who are always interested in the children. Several of the little children had not taken part in anything of the kind before, and yet they acquitted themselves splendidly. The Chairman, F. Somerton, Esq., took advantage of the opportunity to place the blame for irregular attendance at school upon the right persons, viz. the parents; and he expressed the wish that some day in the near future the Government would place a law upon the Statute Book compelling every child to attend school so many days a year. So mote it be. The C.H.E. certificates and diplomas won by the children at the last examinations were handed to the winners. One of those was Master Willie Gent, whose fine showing at

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cause  
Nervous Exhaustion  
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which confers the form of phosphorus required for nerve repair.  
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his first terminal examinations at King's College School, Windsor, N. S., is largely the outcome of faithful training in the school at Trinity, under the teacher, Mr. Malcolm Smith. A pleasant evening was spent, and \$28 was added to the school fund, to be used to provide necessary equipment for the school.

GOD SAVE THE KING. Mr. George Gent and Master Willie left by Thursday's express for Windsor, N.S., where Master Willie will be present at the opening of the Lenten term of King's College school on the sixteenth. Mr. Gent will return by way of Halifax.

I extend to Mr. I. C. Morris a welcome to the fraternity of week-end contributors to Evening Telegram.

S.U.F. CHURCH PARADE.—Some sixty members of the Trinity Lodge of S.U.F. attended Divine Service at St. Paul's Church on the morning of the Festival of the Epiphany. The

service was conducted and the address was given by the rector. The Band of the S.U.F. at Trinity East was in attendance and enlivened the parade. After the service in church, the order



of march was, first, to the home of Brother Samuel Hussey, who is still confined to his home by illness. There the Band discoursed appropriate music, which was followed by three cheers by the brethren. Then the march was continued around the harbour, till they came opposite the home of Brother E. Stranger, who is also confined to the house by illness. He too, as he appeared at the window in regalia, was generously serenaded, and assured of the best wishes of the brethren by their lusty cheers. This was repeated at the home of Brother Joseph Morris, who from age and infirmity was unable to take part in the parade. The members then partook of a generously supplied dinner of fish and brewis in their Lodge Room. During those refreshments speeches were made, and selections by the Band aided the appetite, and helped the digestion. On Monday evening a dance was held by the members and their lady friends, in the Parish Hall. The whole proceedings constituted the

event of the season. This year believe, the first Jubilee of the city.

J. J. THE COVE.—Thank you for interesting letter, your good will and the "Guide Book to Wink" I have some idea as to what the meant to you; and I shall follow through the sacred edifice as best I can, by the aid of the Guide Book, happy New Year to you; and a one for "Alexander the Great Smith."

Jan. 13th 1923.

## NEW BOOKS.

"Tex" of Bar 20—another of the Bar 20 novels—Clarence E. Mufford . . . \$1.00  
The Street Below—complete; new novel by Ruby M. Ayres . \$1.00  
The Flaming Jewel—R. W. Chambers . \$1.00  
Salt Seas and Sailormen—Frederick William Wallace . \$1.00

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## Toothache?

Minard's Liniment makes an excellent counter-irritant. Bathe the face and if there is a cavity in the tooth place in it a piece of cotton wool saturated with Minard's

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## MUTT AND FIFER



## AIN'T JEALOUSY A TERRIBLE THING.

—By Bud Fisher