### About the Home and Other Things

Dorothy Richmond
FOR THE UNION ADVOCATE

Have you ever stopped to think proper bed: that one third of your whole life is 1 plain, white enameled, iron

No other piece of furniture in the 1 genuine hair mattress home has so great a claim upon pour thought and care as your bed. [next to mattress] does any other piece of furni- 1 pair sheets, extra large and re play so important a part in your daily moode, your comfort and pair genuine, down pillows your health. There is no other one 1 pair generie, do ce in which you spend half or a 1 pair best wool blankets third or even a quarter of the time 1 down comforter, medium quality reason that you should see to it that 1 white spread the beds are, at all times, absolute-

one third of the time is spent in bed.

One third of these impurities is left for the second comforter.

And if you think this seems high—

SCALLOPED

The bed, in the average home, costs the mingy sum of \$30.00 to \$35. Dear Miss Richmond. used, but much SEEN. And this is just the difference between human My little boy has a bad stye. Shaped; arrange on the rice and garing team, they all did remarkably this week. five for the other.

I do not say that you should not Answer:—A stye is due to infect fasten the last hook and eye and the thousand—or TEN thou tion of the root of an eye-lash. The hammer them together. This will

Here is the specification for a gious.

1 Box Spring (the best) (next to mattress)

If this looks high, it is because you probably never looked at the matter at all before, and even at that, I have the bed is, you are.

A normal, human body will exhaush about half a pint of excretions through the skin and bottoms of the feet, every twenty four hours, and as one third of the time is spent in bed.

Making a total of, say \$98.50
If this looks high, it is because you probably never looked at the matter at all before, and even at that, I have included but \$4.00 for the bedstead and nothing for pillow-shams (leaving through the skin and bottoms of the feet, every twenty four hours, and as one third of the time is spent in bed.

THE EASTER TABLE

EGG AU GRATIN—Butter a fire proof baking dish and cover the bottom with six tablespoonfuls of thick cream. Break into it six eggs, sprinkle with salt and pepper, dot with butter, pour three tablespoonfuls of the tom with six and pepper, dot with butter, pour three tablespoonfuls of the campbellotten lassies, but, as The Advocate predicted, when on their own ice they would turn the tables on them, which they did in good style, receiving from the admiring the spectators round after round of applause for their expert handling of the campbellotten lassies, but, as The Advocate predicted, when on their own ice they would turn the tables on them, which they did in good style, receiving from the admiring the spectators round after round of applause for their expert handling of the campbellotten lassies, but, as The Advocate predicted, when on their own ice they would turn the tables on them, which they did in good style, receiving from the admiring spectators round after round of applause for their expert handling of the campbellotten as fire proof baking dish and cover the bottom with six tablespoonfuls of thick cream. Break into it six eggs, sprinkle with salt and pepper, dot with six tablespoonfuls of thick cream. Break into it six eggs, sprinkle with salt and pepper, dot with six tablespoonfuls of the campbellotten lassies, her of the campbellotten lassies, her

Therefore, the sheets, just a bed—where nobody can see sunkets and mattress it and only an iron hed at that, my should all be thoroughly aired and rejoinder is, that the formula which the mattress turned over every day, seems to control the furnishing of a and the sheets, and particularly the home consists of nine parts of van-

QUESTIONS AND ANSWERS

blankets, comforter, etc. would be ever so much obliged if ere cheese with two teaspoonfuls of laid down by their coach. complete. And yet, see what you you would let me know what I can do butter and half a cupful of chicken The visiting team played probably spend on other things:—three to five to improve it.

Daisie Belle. or veal stock. Season with chopped a better combination, but they were Laura Williston hundred dollars on a piano; fifteen

Answer—It is not an easy matter shallot, parsley and sait. When there not able, even at that, to hundred to three thousand dollars for to make such an improvement, but oughly mixed, add 5 well beaten eggs. against the home team, for Newcasan automobile (and probably strain you might try the following harmless Stir until quite stiff and serve on butevery nerve to pay for it), hundreds method. Bathe the neck every night tered toast. of dollars on "parlor" furniture, with peroxide or lemon juice, diluted EGGS JAPANESE—Spread a layer helping to win the game for her own with water, say one tablespoonful to of hot, boiled rice on a buttered dish

vanity and good sense. A thousand Could you give me a good remedy nish with parsley. dollars for one and a paltry thirty- and let me know if styes are contagious.

sand, if you like-for LOOKS, but I lash should be located and pulled prevent the strain on the goods. do say that the thing which plays out with a pair of tweezers, unless it. To promote the growth of house most vital part in your health, has come to a head. In this case it ferns, dilute a small quantity of your rest and your recuperative should be opened with a sterilized sweet milk with a little water and needs, is worthy of first place in needle, in order to free the puss. apply to the roots twice a week. the expenditures on household equip. Then bathe with a tepid solution of When baking cake, if the oven gets boracic acid. Styes are not conta- too hot, set a pan of cold water into

## Campbellton Princess Pats Lose to Queen's Own

Local Ladies' Hockey Team Shut North Shore Town Out in Exciting Game

The benefit night given the New- well, and we are told that excitement \$ 4.00 me have a recipe for Scotch scones 12.50 and oblige, yours truly. Lassie. 1.50 teaspoonful of soda, mixed with one stormy and disagreeable. The band over the boards onto the ice.

pint of sour milk. Mix to a soft was present in full force and a splen- While the Campbellton team is 3.50 dough. Lay on a well floured bazing- did program of music was furnished. made up of a septette of real good 10.00 board and roll one inch thick. Cut A large number from Chatham were and clever skaters, after having seen with a round cookie-cutter and bake in attendance.

8.00 butter. 5.00 EGG NOVELTIES FOR

00-with mattress, spring, pillows. My neck is thin and yellow and I quarter of a pound of grated gruy- closely, too closely, to the rules as

HOUSEHOLD HELPS Mrs. H. D. To prevent a placket from tearing.

12.00 on a hot greased griddle until The special attraction of the even- our local team is their equal at every brown on both sides. Serve hot with butter.

brown on both sides. Serve hot with game, between the Campbellton Keane, of the visiting team, who was ladies team and the Newcastle ladies heralded as a star, while really show-THE EASTER TABLE teans. A short while ago the local ing remarkable skill in getting away

one third of the time is spent in bed.

And if you think this seems high—
one third of these impurities is left
there; in consequence of which the
solid years out of every fifteen, and
bed clothing rapidly becomes foul and
perhaps more—all that expense, for

As a matter of skaters, the teams The line-up was as follows: Parmesan cheese and bread crumbs, that as they were their good comand put them into the oven for ten bination work, while the local team minutes. Serve in the scallop shells. seemed in fear of being penalized if EGGS A LA GRUYERE-Melt a they made an off-side play, and stuck

Constipation

and oblige, yours truly. Lassie.

Castle band at the rink on Thursday ran so high in the veins of some of night was attended by a large numour girls on the promenade that they of flour, add a pinch of salt, one ber of people, despite the night being could hardly be kept from jumping

The game, while fast and exciting, exceedingly clever game, and it is by Miss Williston in the first period

Miss McKenzie Point Mrs. Wm. Ferguson Miss McLellan Cover Point

Rover Gladys Keane Centre

Right Wing Left Wing

china, dining table, sideboard and all a pint; then rub in cold cream thorof the other things which are little oughly well.

Season well with melted butter, have been in the game, and the lemon juice and minced parsley. Small amount of experience they have lemon juice and minced parsley. small amount of experience they have play a return game with Fredericton Poach 6 eggs, keeping them well gained by going up against an oppos- here on Thursday or Friday night of

## PATRONIZE HOME TRADE

SUNDAY SERVICES

**United Baptist Church** 

Sunday School, 2.30 p. Preaching service, Derby, 3 p. m. Evening service, Newcastle, 7 p. m Mid-Week Service - Wednesday

Seats free, all welcome.

Rev. W. J. Bate

month £t 8.30 a. m. here, and unquestionably the best seller of all the different kinds of seller of all the different kinds of tins at 11.00 (except 3rd Sunday in nesday Evensong, 7.30.

St. Mary's Church

(During winter months from Novem ber to May.)

Early Mass with sermon,

**Methodist Church** Rev. Dr. Harrison

Sunday Services 11.00 a. m. an 1 7.00 p. m. Prayer and Praise Service, Wednes

The Kirk

St. James Prosbyterian Church Rev. S. J. Macarthur, M. A., B.

Sabbath School, 2.30 p. m.

Capt. P. Forbes Heliness Meeting-11. a. m. Praise and Testimony Meeting-3.00

Salvation Meeting-8 p. m. Public Meetings-Tuesdays, Thurs days and Saturdays-8.00 p. m.

Rates and Road Tax Notices can had at The Advocate Job Dept.

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Each man is entitled to spend his own money where it will buy the most-whether it be in Rome or Asia But in fairness-

Is it not wisdom before purchasing elsewhere to see what the stores of our own town have to offer?

The prosperity of each of us is tied up with the prosper

Acquaint yourself with what the stores of your own town are offering by reading the advertisements in The Union Advocate

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For Sick Headache, Sour Stomach,
Sluggish Liver and Bowels—They
work while you sleep.

Furred Tongue, Bad Taste, Indiges

ton, Sailow Skin and Miserable Head-aches come from a torpid liver and clogged bowels, which cause your stomach to become filled with undi-gested food, which sours and ferments like garbage in a swill barrel. That's the first sten to untold misery—indi-Early Mass with sermon, etc., 9.00
a. m.

Late Mass with sermon, etc., 11.00
a. m.

Late Mass with sermon, etc., 11.00
begin a. m.

St. Aloysius Society for boys, 1.30.
Children beptized, when there baptisms, 2.00 p. m.

Sunday School Ciasses, 2.30 p. m.

Vespars, with Benediction of the late of the first step to untold misery—indigestion, foul gases, bad breath, yellow skin, mental fears, everything that is horrible and nauseating. A Cascaret tonight will give your constipated straighten you out by morning. They work while you sleep—a 10-cent box from your druggist will keep you feeling good for months.

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REDUCED FARES St. John to Baston St. John to Portiand

Leaves St. John Thursdays at 9.00 . M. for Lubec, Eastport, Portland Returning leaves Central Wharf,

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Brown Store Ballious or Costive In Billious or Costive In Store In Billious or Costive In Billious In Billiou

N. P. - Inau horized publication of this advertisment will not be paid

A girl familiar with general house vork. Good wages paid for one who

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dress.

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Girls! Try it! Hair gets soft, fluffy and beautiful—Get a 25 cent bottle of Danderine,

If you care for heavy hair that glistens with beauty and is radiant with life; has an incomparable softness and is fluffy and lustreus, try Danderine. Just one application doubles the beauty of your hair, besides it immediately dissolves every particle of dandruff. You can not have nice heavy, healthy hair if you have dandruff. This destructive scurf robs the hair of its lustre, its strength and its very life, and if not overcome it produces a feverishness and itching of the scalp; the hair roots famish, loosen and die; then the hair falls out inst. O Surely get a 25-cent bottle of Knowton's Danderine from any drug store and just try it.

## BABIES' BRANCH Notes and Comments

CAN NEWCASTLE

seem rather premature, but the an- with what business they are doing, Nelson, have through their mite boxswer is, nevertheless, in both cases, and have no desire for advancement. es, contributed the following amounts yes. We may be told to lay this idea In this they have their right if they to missions: away until some future time, and choose, as they are satisfying their Greta McLaughlan

"procrastination is the theft of time already. We are awake now, wheels of progress. Let us set a Muriel Dutcher started the ball rolling-keep it go-

same lines as the building up of a boy to be a great man. A great deal depends on who the boy's parents are and the start in life they are able to give him, and the same applies to town and the amount of push its Cerchants and business men have than Continental United States by and the amount of energy they put over 702,000 square miles—the figinclination to be smart, and if he attains success over his school-boy nine millions; of the United States friends, begins to find among them about one hundred millions! some, who through a feeling of jealwill find the old saying true that the ocean and given small farms out "you can't keep a good man down." and so he becomes a great man. cials of the Chicago House Wrecking humber of days school was in These are the men who make great Company, which has closed a con-

A small town, on the other hand, land owner of Pierre, S. D., to supply are only a hindrance to those who, bring more than the thirty families. Bertha Hierlihy, Hammond Stymiest, by mail at 25 cents a box from The embued with the go-ahead spirit, are We have sold him thirty houses and Jean Green, Ernest Hierlihy, Emma Dr. Williams' Medicine, Co., Brockstriving to build their home town in- six barns to be shipped to Pierre."

to a great city. The same applies to BECOME A CITY? the town as to the boy-you can't keep a good town down. There are merchants here, as well

man? This question may as in other places, who are content bend our energies into becoming a own personal feelings in the matter. town first. All well and good, but But if all the merchants showed this Earle, Raymond of ambition, what an example Helen McCafferty HE acted upon this advice? Is it of thrift it would be to the rising Don Astles not his one ambition to become a young boys of our town, the very Warren Craig boys to whom we intend, or expect,

of our business. Let us put all our energies into the Alethea and Florence Dutcher good example to our young boys by Gertrude Maltby
Margaret and Harold Maltby being thrifty ourselves, and if we Mildred and Harold Barron cannot make a big city out of New-Rupert Kethro great city is along very much the castle, let us make a small one. Get Dorothy Harris citified, anyway. A little more back. Hannah and Byron Miller bone, a follow-up boosting system.

> and we'll "get there." CANADA AND UNITED STATES Jim Morell

The Dominion of Canada is larger 7th for the upbuilding of their town. ures being: Canada, 3,729,665; Un-The boy through life, if he has an ited States, 3,026,789. The popula-

With this, thirty Belgian families are only too ready to knock whose fortunes have been wrecked in South Dakota, according to offi-

though it have all the resources of the farm buildings necessary. nature, its situation the best and its "Colonel Stearns has sent a woman facilities for manufacturing and to Belgium to pick out the families shipping of the very best, there will for him," said one of the officials of Lima Graham, Doris Murphy, Frank Sask., writes: "I have used Baby" be found among the men who rule the Chicago company recently. "The its destiny a number who are too Belgians are among the best farmers content to stay in the old rut, and in the world and I think he plans to Frank Graham, Marguerite Beattie, lets are sold by medicine dealers or

# **CONTRIBUTIONS**

Babys' Branch Make Con-

tributions to Missions The Bables' Branch of the Wo

Wendell Lindon to trust the destiny of our town, and Brander and Alden Craik

Wallace Treadwell, in n

A. E Morrell, Sec.-Treas .

by the war are to be brought across Tabusintac school, of which Miss Margaret Halloran is teacher:

> Annie Green, George Hierlihy, Ray- will give sure results. mond Hierlihy, Sterling Murray, them Mrs. R. L.

# SCHOOL REPORT

Number of pupils enrol'ed, 49; tract with Colonel Stearns, a wealthy Perfect attendance-Hazel Murray,

Brown.

# Newcastle and Nelson W. A.,

Carle, Raymond and Helen Croft

Edith and Lyle Williston Audrey Miller Bertha Copp Jim Sargeant

Bal. from last year

## **TABUSINTAC**

Johnson, Janet Johnson,

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Indigestion JO-RI-CO

DYSPEPSIA TABLETS Ask your Druggist, or drop us a post card giving your name, address, and the word "JO-RI-CO" and we will tell you all about these two splendid prescriptions. he JOHNSON-RICHARDSON CO., Limite

I have handled MINARD'S LINI-MENT during the past year. It is

NEIL FERGUSON

10 THE MARCH TO THE BATTLE-FIELDS: OR

The above is the title of a pic ture that will for many years to come be a highly prized treasure showing the 32,000 men of Canada's first contingent breaking camp and on the march to join the Continen tal forces. It shows miles and miles of the white tents and the marching men. It is a most inspiring sight. The size is 20 x 46 inches, all ready for framing. This picture is sure to be a popular souvenir of the war as far as Canada is concerned, and will be a great demand. It is owned by The Family Herold and Weekly Star, of Montreal, and a copy is being presented to all subscribers to that great national weekly news paper. The Family Herald, Mon treal, whose subscriptions of one

### a year is received this date for a limited period. WHAT MOTHERS SAY OF BABY'S OWN TABLETS

Opal Beattie, Clara Hierliny, John will use no other medicine. She Hierliny, Eldon Stymiest, Edith Beat- quickly realizes the Tablets are an tie, Alice Murray, Gertrude Murphy. absolutely safe remedy and one tha Stymiest, Emma Hierlihy, Mary Own Tablets for my three babies and think so much of them that I, always

ville, Ont.

## CHURCH DIRECTORY

Rev. M. S. Richardson

Prayer and testimony meeting 7.30 p.

St. Andrew's Church

Holy Communion-1st Sunday in always the first Liniment asked for | month at 11 a. m. 3rd Sunday in

(Catholic)

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Blessed Sacramont, etc., 7.00 p. m.

### day, 7.30 p. m.

Worshiop Sunday, 11.00 a. m. and

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