assist, co-operate and co-ordinate health Work. Its activities may be undertaken solve; but due recognition must be given be played during that month. be carried on through legitimate chan-The Health Officer and the Department of Health are the legal heads of this work in any district and it should be under No Health Department possessed of proper ideals or with a definite understanding of local conditions is likely to refuse the assistance of such a strong and active

body as the Red Cross.

An inventory of existing conditions and a summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with these conditions is eshable to the summing up of the means already at hand to cope with the summing up of the summing sential in beginning a work of this kind; that is there must be a thorough knowledge of the problems to be solved.

The completion of efficient Red Cross Organization throughout the Province of Nova Scotia means the establishment of a voluntary Health activity, permanent in nature, which through the coming years will be one of the strongest forces for the of our celebrated Spies, our Greenings. nature, which through the coming years ideals did not develop in a day and we cannot wipe out unhealthy conditions im-People must be made to be mediately. healthy. Public Health education is one of our greatest factors in Health Work, and the efforts of the Red Cross in expanding the knowledge especially of our children, should commend themselves to

SAUCE FOR THE GROUCH

A bright little newsboy entered a business office, says The Argonaut, and and began his address with the words, approaching a glum looking man at one "Long live the teachers!" He was inof the desks, began with an ingratiating smile, "I'm selling thimbles to raise enough money to----."

'Out with you!" interrupted the man. "Wouldn't you like to look at some nice thimbles?"

"I should say not!"

They're fine, and I'd like to make ale," the boy continued.
Turning in his chair to fully face the

lad, the "grouch" caustically inquired, "What do you think I want with a thim-

Edging toward the door to make a quick escape, the boy answered, "Use it for a hat."

During the past year 681 newspaper and periodicals printed in England have raised their subscription prices, owing to the high cost of publication

The ex-Kaiserin had something to be thankful for, remarks the Philadelphia Ledger. "She did not lose any of her boys in the great war"

The blue bird brings happiness, but the stork brings a \$200 tax exemption—Kingscon Whig.

Some folks would get a pretty bad fall if they were thrown on their own re

Now is the time to start the cleanup campaign about your house and premises

The only vice shunned by some young people these days is ad-vice.

RAZ-MAH RAZ-MAH Is Guaranteed atherings in the bronchial tubes, give sag nights of quiet sleep; contains no abit-forming drug. \$1.00 at your drug-ist's. Trial free at our agencies or write empletons. 142 King W., Toronts. Sold by A. V. Rand.

RED CROSS AND PUBLIC HEALTH TUXIS BOYS ORGANIZE FOR BASE-

The function of the Red Cross is to First Game of the Series to be Played Here

A meeting of the representatives of the Tuxis Squares of Wolfville, Middleton days in Halifax visiting friends. in co-operation with the Government and the Medical Profession. The policy is and Bridgetown was held at Middleton not one leading to interference with other on Saturday to outline plans for a Tuxis already active organizations doing public baseball league comprised of teams from Health or Relief Work. There are always the above towns and Digby. It was deproblems in any community that the cided not to open the league until July spent Red Cross can solve or at least help to and if possible the whole of the games to Eaton to the fact that Public Health Work is to lowing schedule was drawn up, the latternamed team being the home team in each case

July 6-Middleton vs. Wolfville. July 8-Bridgetown vs. Digby. July 20-Digby vs. Bridgetown

July 22-Wolfville vs. Middleton The deciding game between the win-ners of the above sections is to be played on neutral grounds on July 27. It was decided for this year not to attempt an ex tensive scendule of games. Next year it

OUR CANADIAN APPLES

(Farmers' Magazine.)

No orchards grow such good apples as the Canadian ones. For flavor and quality

public welfare. Present Public Health or our Gravensteins at any of our big centres at any time we need it? How is it that everything except Can-

adian grown apples can be bought on our city markets and served up on our big urban dinner tables?

that Canadian home-grown products are

being sidetracked by an ultra-loyal people

At a banquet given by a large body of educators, the speaker of the evening rose terrupted by a tall, emaciated young man who rose from the rear of the room and in a sepulchral voice enquired,

Eighty-five different trade names ar mobiles.

We Sell and Recommend

"Start the day right", with a cup of our

Fragrant and Delicious "Stuyvesant Coffee"

W. O. PULSIFER, PHONE 42

lev and Verches,

GRAND PRE NOTES

Miss Sawler and Miss Fisher spent the week end and holiday at their homes in Mrs. A. F. Kilcup recently spent a few

Mrs. W. P. Eaton is still on the sick on Saturday to outline plans for a Tuxis list but we hope she will soon be out

> Mr. and Mrs. Roy H. Eaton, of Halifax spent a few days here visiting Mr. W. P

Miss Evelyn Burrell, of Halifax, has been spending a few days here visiting

Miss Clara Vaughan is able to be out again after her recent illness.

A number of the young people enjoye fishing trip on the 24th. We have had a number of visitors in the Village during the past week, enjoying the good show of apple blossoms.

Well Satisfied With Baby, s Own Tablets

Once a mother has used Baby's Own Tablets for her little ones she will nothing else. Her use of them leads her to believe there is no other medicine to equal them for any of the minor ailment of childhood. Concerning them Mrs Eugene Boisvert, East Aldfield, Que. writes: "My baby was terribly consti-pated, but after the use of Baby's Own Tablets he is entirely well again. so well satisfied with the Tablets that I lose no opportunity in recommendir them to other mothers." The Table Here, again, is where Canada is paying are sold by medicine dealers or by mail freight rates to the American railways! at 25 cents a box from The Dr. Williams When will the people wake up to the fact Medicine Co., Brockville, Ont.

D. A. R. Timetable

The Train Service as it Affects Wolfville

No. 96 From Kentville arrives

8.01 a. m. No. 95 From Halifax, arrives 9.50 a. m. No. 98 From Yarmouth, arrives 3.52 p.m

shown on American-made passenger auto- No. 97 From Halifax, arrives 6.27 p.m. No. 99 From Halifax (Tues. Fri., Sun.) arrives 12.18 a. m.

Cut Outdoor

Slices!

Now that the child-

ren practically live out of doors, and the men have an extra daylight hour to potter around the yard—cut Dan-Dee in thick, out-door slices or they'll eat up your grocery bill in costly luxuries!

Butter is away down,

Get it at your grocers

Moir's Ltd.

Halifax

Moir's Chocelates.

Dan-Dee too, so the more bread and butter they eat, the better they thrive, and the more you save! Have you spoken for your extra loaf?

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The man who knocks his home town is No. 100 From Yarmouth (Mon. Wed., Sat.), arrives 4.43 a. m. usually a failure himself.

CREAM The WEST



You can procure Cream of the West Flour from R. E. HARRIS & SONS WOLFVILLE, N. S.

FARMS WANTED

We have over 1000 inquiries in our office for Valley Real Estate such as

A Scotch immigrant now living in Truro wishes a small farm capable of carrying five or six cows with poultry, small fruit and some orchard, price \$4,000 to \$4,500, about \$3,000 to pay down.

A St. John man wants large mixed farm, price about \$8,000. Will pay \$5,000 cash.

A former Nova Scotian, now living in Saskatchewan wants a nicely located small fruit farm with good buildings, price \$5 000 to \$7.000. Will pay cash in full.

A North Sydney man wants small place close to town, suitable for gardening and poultry with small orchard, location near sea or river required. 'Cash to pay down about \$3,000. Cumberland County man wants \$4,000 stock farm with large pasture.

Man from New Germany will pay cash for small, well located mixed farm with some pasture, price about \$3500.

Dartmouth man will pay \$1500 cash on good mountain farm.

Mantitoba farmer wants first-class fruit and mixed farm near High School, will pay \$10,000 cash.

Man from Morley, Colorado will pay \$3,000 on 100-acre farm, half tillable, balance wood and timber.

Let us sell your place,-Write for terms. Valley Real Estate Agency

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A light weight, powerful, dependable Motor for your duster or other work not requiring more than 4 H. P. Other sizes at the same attractive price according to size.

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