them, saying: "This is my blood that is shed for you. This do in remembrance of me."

And the disciples ate and drank.

Jesus did not mean that the bread really became like his body, or the wine like his blood. He meant that he wanted those who believed in him to do something that would help

them to remember him—something that would show to everyone that they were his followers.

And ever since that time those who love Jesus and want to obey him come together in church at certain times each year. They eat and drink as Jesus bade them. And they are very quiet while they do it. They pray and think how Jesus wants them to live.

"My God, and is thy table spread? And does thy cup with love o'erflow?

Thither be all thy children led, And let them all its sweetness know."



TWO VERSES TO LEARN

"For as often as ye eat this bread, and drink this cup, ye do show the Lord's death till he come."

"This do in remembrance of me." -Luke 22:19.