

THE COOK'S CORNER

Recipes for publication are requested. Inquiries regarding cooking, recipes, etc., gladly answered upon request, to the Household Editor, Farm and Dairy, Peterboro, Ont.

IRONG FOR ANY CAKE

Instead of beating the eggs to a stiff froth, as is generally the case, take four tablespoons of sugar to the egg, and stir thoroughly, then spread on cake; it will make a much harder icing than beating it.

COCONUT CAKE

One cup butter, two cups white sugar, one cup milk, three cups sifted flour, whites of six eggs beaten light, three even teaspoons of Cook's Friend baking powder, one coconut grated; do not use the milk of the nut; mix and bake in oven.

MUFFINS FOR BREAKFAST

Three eggs, one cup milk, one tablespoon of good butter melted, one tablespoon sugar, a little salt, two heaping teaspoons Cook's Baking Powder, flour enough to make a batter; bake in muffin rings; when almost done moisten over the top with a feather dipped in sweetened milk.

DRIED APPLE CAKE

Soak three cupsful of dried apples over night in warm water; chop slightly, then let simmer for one hour and a half in two cups of syrup or molasses; add two eggs, one cup of sugar, one cup of sweet milk, half cup of butter, one teaspoonful of soda, flour enough to make a stiff batter; bake in a quick oven.

CREAM PIE

Boil nearly one pint of new milk; take two small tablespoons of corn starch beaten with a little milk, to this add two eggs; when the milk has boiled, stir this in slowly with one scant teaspoon of sugar and one half cup of butter, two tablespoons of lemon. Cakes: Three eggs, one cup of white sugar, one and one half of flour, one teaspoon of Cook's Friend baking powder, mix it in flour; three tablespoons of cold water; bake in two pie-pans in a quick oven; split the cake while hot, and spread in the cream.

Labour Saving Devices

Any E. Boutle, Peterboro, Ont.

Regarding the most helpful and best labour saving devices for the farm home to-day, I think they should be arranged in the order of use through the week. On Monday, we want the most up-to-date washing machine we can get; also wringer. I think any farm home should have a soft water cistern and pump in a corner of the kitchen. It is hardly necessary to state why the washing machine should be in the home. It is such a labor saver to the woman with a lot of washing to do. It also takes less time to do the washing than with the tub and wash-board. The cistern can be almost classed as a luxury. It is so handy in summer to always be sure of soft water, when in the old time rain barrel you are quite often without soft water in dry weather, and in the winter there is no bother of melting snow for washing.

The cleaning powders in use to-day are many, but perhaps the most satisfactory cleaner yet discovered, is the Old Dutch Cleanser, as it is easier, better and quicker than the soap powders, and the scouring bricks formerly used. It is greatly favored by housewives, for it is free from acid, caustic or alkali, and keeps the hands soft and white, whereas many of the other powders roughen and reddens the hands. There is also a Swift's Pride Cleanser, advertised to be the greatest aid to the housewife since brooms were invented. It scours, cleans, scrubs, and polishes almost all that has to be kept cleaned round the house. Bon Ami is also recommended as an efficient aid to quick housework saving time, money and labor. There is also a laundry soap, which is advertised to be very good, although I have never used it. It is "Sunny Monday Laundry Soap." It is said to do the work with scarcely any rubbing. "Sunny Monday" bubbles will wash away your troubles.

With Tuesday comes the ironing and for the woman on the farm where electricity is not available for the electric iron, I should recommend a charcoal iron, especially for the summer, as it saves fuel. It is such a comfort not to be over a hot stove when ironing.

COOKING HELPS

Almost all housewives have something to bake bread, and I think the "Universal Bread Mixer" should have a place in the home. It is recommended to mix and knead the bread in three minutes. It is simple, easy and sanitary. There is also the "Universal Food Chopper," to chop all kinds of food, whether meat or vegetables, raw or cooked. This is one of the most helpful devices as it does away with the drudgery of the chopping knife and bowl, and chops as fine or as coarse as wanted, rapidly and easily.

SWEEPERS

The carpet sweeper is another great saver to the housewife to-day. Bisell's latest improved sweeper is one of the best. With it there is no stooping nor nerve racking efforts, and it cleans deeply, thoroughly, and confines all the dust and germs that when using a broom, first about, settling on furniture and draperies.

It is quite understood that every kitchen should have a range, and also a Kitchen Cabinet, if it can be afforded, as it saves so many steps when you have all baking materials together, it pays for itself in the waste it saves.

Note.—Some of above articles mentioned are given away as premiums for new subscribers to Farm and Dairy. Write circulation department for premium list if interested.

The courtesy of thanks for kindness received should never be neglected.

The Upward Look

Our First Duty

No. 5.

"Before man can gain the power to master forces and things, he must gain the power to master himself. . . . He who does not wish to control anything is alone prepared to gain the power to control everything. . . . All desire to exercise control over anything or anybody must be eliminated absolutely."—Christian D. Larson in the booklet, "Mastery of Self."

Much of the advice contained in most of the current books and magazine articles, dealing with the development of a powerful personality and the attainment of success in life, must prove disheartening to many of those who read them in the hope of finding some means of satisfying those God-given desires for progress and improvement that should be found in every human heart. To tell a man that, "He can who thinks he can" and that "Whatever a man desires to do, if he thinks that he can, he will develop the necessary power," and that "This law enables a man to accomplish anything that he may desire," and then to tell him that before he can hope to succeed he must first learn to master himself and his desires, and learn not to "desire to exercise control over anything or anybody" is much like asking a man to do the impossible. This is one of the fundamentally weak points in most of these books. They lead those who read them to believe that they have latent powers within them—which is true—and that if they will but cultivate these gifts they can accomplish anything—which is only partly true. Some of these books quote passages of scripture to prove their assertions, but quote only those which suit their purpose. Others teach that God's laws are simple and easy, and that we can increase our harmony with them, by having faith and showing forth joy and peace and love in our lives, to gain practically all the desires of our heart. All of these books, however, fail to tell the whole story. This can be found only in the Bible.

Christ is our supreme, our only, perfect example. We cannot hope to gain mastery of ourselves until we study and imitate His life. We cannot expel the desires of our hearts for wealth and comfort and power un-

til we learn through the teachings of Christ that these bring with them responsibilities and many subtle temptations that are apt to drown our souls in perdition. None of us have thought power sufficient to enable us to drive out of our lives all desires for temporal blessings. The only way in which we can do this is by filling our minds with other thoughts and ambitions. When we learn to put Christ first in our lives and earthly blessings second, then only will we be strong enough to enjoy the latter without injury to our souls. We need to learn, also, that the mere acquirement of wealth and power is not the highest and best aim that we can have unless we believe that God is pleased with our desires and ambitions, then and then only can we rest in the assurance that He will give us all the desires of our heart. Under such conditions we can be certain that God intends that we shall attain the greatest possible success, and then we may know and work in the absolute conviction that success will be ours if we only believe.—I. H. N.

To wash white silk.—After washing carefully in the usual way, add one tablespoonful of wood alcohol to the rinsing water. It will prevent the white silk from becoming yellow. This is recommended by one who has had great success in laundering white silk garments in this way.

HOW MEN ENDURE

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