

In the *Preventive Treatment of Scrofulous Diseases* the diet must be carefully regulated, light but nourishing food only being used. It is an error to eat too much food, or that which is too heavy, under the impression that strong, heavy food is necessary to give strength. Such food, on the contrary, only increases the evil, and by it the organs of nutrition are impaired rather than improved. The bowels must be kept regular by coarse food and regular doses of DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR, the latter of which has a mild but certain cathartic effect, and in addition operates upon all the secretions and excretions of the body through the glands, and stimulates the purifying action of the liver and kidneys. The clothing should be warm and cover the whole surface, and the patient be kept in a well aired and well lighted room. He should exercise daily, carefully avoiding fatigue, bathe daily with salt or tepid water, using the flesh brush with sufficient vigor to keep up a healthy action of the skin. With these precautions no man, however predisposed to Scrofula, need fear of its overtaking him.

In case the disease has taken a firm hold of the patient, by adopting the treatment above mentioned, only giving greater prominence to Dr. Wilson's remedy, which is both a tonic and an alterative, a cure is almost certain. In cases where there are granular enlargements, with swelling or thickening of the parts, the application of DR. WILSON'S PERSIAN SALVE will be found very useful. It removes the swelling of the affected parts, and in conjunction with the Tonic and Elixir, at once effects a great change in the patient's condition.

DYSPEPSIA AND INDIGESTION.

These diseases are indicated by a variable appetite, a weak stomach, and a feeling as if the food were lying like a load at the pit of the stomach, which it does, there becoming sour, the frequent belching up of bitter water and gas, a coated tongue and a system generally weak and languid. All these symptoms arise from the one cause—the unhealthy condition of the glands of the stomach, the liver and spleen, which DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR is specially adapted to cure. This remedy gives speedy and permanent relief, and, in this respect, its value is inestimable.

JAUNDICE AND LIVER COMPLAINT.

These diseases are indicated by a dull, heavy aching in the side and at the pit of the stomach, a peculiar yellowish or green-

ish tinge of the skin and whites of the eyes, clay-colored stools, almost black urine, an aching head or a general feeling of dullness and stupidity. These symptoms are generally more distinct in spring and early summer, and it is at these periods especially that DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR is most valuable in regulating the system before the advent of the terrible heats of summer. It is a well-worn and true maxim, "Purify the blood in spring and enjoy the summer."

SCROFULA, OR KING'S EVIL, AND SYPHILIS.

These terrible diseases are often handed down from generation to generation. Although of a different origin, the symptoms of both agree in many respects. Both produce swellings in the glands like knots; both have a tendency towards the formation of slow abscesses or gatherings, which, after a long time, break, and discharge a peculiar matter different from the ordinary abscess; both are apt to break out in the skin in scaly or mattery eruptions that are slow to heal, and both affect the bones. For both, the most reliable remedy is DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR, by the use of which not only may the diseased person be cured, but the terrible heritage may be prevented from descending to his children.

SICK HEADACHES AND EPILEPTIC FITS.

That there is a closer connection between these diseases than is generally imagined, is shown by the fact that the children of a parent affected by frequent attacks of sick headache are more subject to epileptic fits than others. The good effect of DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR has so often been shown in these diseases that we have no hesitation in recommending it for them. The good effects of the Elixir will be increased by using with it DR. WILSON'S ANTI-BILIOUS AND PRESERVING PILLS, both of which combined form the most perfect remedy for all diseases arising from an impure or weakened condition of the blood.

HEART DISEASE.

This disease is indicated by palpitation, short breath, faintness, pain in the region of the heart, irregular pulse, and an indescribable feeling of distress. In cases where there has been no organic change in the heart, DR. WILSON'S TONIC AND SARSAPARILLIAN ELIXIR will give relief, and should be used when these symptoms show themselves.