

Pattern Department.

The Western Home Monthly will send any single pattern mentioned below on receipt of 15c. When two patterns are illustrated, either may be had on receipt of 15c., or both on receipt of 30c. New subscribers sending us 50c. for one year's subscription to the Western Home Monthly may select one pattern as a premium Order by number, stating size wanted. Address Pattern Department, The Western Home Monthly, Winnipeg, Man.

GIRL'S ONE-PIECE APRON.

No. 4486.—An exceedingly pretty apron is shown here in an original design, made up in lawn and edged with embroidery. The apron is in one piece and slips on over the head. This means a saving in the labor of making, for there are no buttons and buttonholes, and no back opening. A narrow belt is worn with the dress and, if desired, pockets might be added. Aside from the simplicity of the design and make, anyone can see at a glance how easily a gar-



Girl's Apron with Belt.

ment of this kind could be laundered, the front and back being the same. It requires only a few minutes time to make the garment and as little time to freshen it up by laundering. Lawn, dimity, cross barred muslin, gingham or batiste are suitable. Material required for girl of eight years, 2 1/2 yards, 36 inches wide. Sizes 4, 5, 6, 7, 8, 9, 10 and 12 years.

MEN'S SHIRT.

6217.—Of all ready-made garments, the least desirable is that of shirt. If the neck band is not entirely too large, it is too high or too low, and this throws the collar out of position. Another serious trouble is the length of sleeves; they are never right. In fact, however well cut the garment may be, the sizes rarely correspond exactly to those of the purchaser. Then, too, the material used is not the best, and it is only a matter of a few visits to the laundry before the material gives way. On the other



hand, a woman's gingham shirt waist that has been made at home will last for months, simply because not only the material but the home sewing is much better than "factory" made. With 2 1/2 yards of gingham or madras, a woman can make a shirt that

will fit better and wear better than any she could duplicate in the stores for several times the amount expended. Then, too, she has the whole range of materials to select from, and many are the pretty designs to be had for the looking, too! The pattern is simple and the parts fit together without the slightest difficulty. The shirt may be made with the cuffs and collar, or finished with wristband and neck band. What would be more acceptable to the father or brother for a Christmas present than two or three pretty shirts fashioned in the colors he likes best?

Sizes 32 to 46 inch breast measure, or 14 to 17 1/2 inch neck size.

LADIES' PRINCESS DRESS.

No. 6203.—The first cool days of winter remind us that once more the season approaches for home sewing. Almost every woman who sews at all makes her "every-day" dresses, possibly for reasons of economy, for every woman has a natural desire for dainty, pretty house dresses, a desire which is difficult to gratify, because these pretty house dresses are quite as expensive as street clothes. Then, too, most women begin their first sewing on such articles, and the knowledge acquired in the making is the stepping-stone, as it were, for the making of more elaborate things. Such knowledge is an aid to the woman with a small purse, and gives many a girl a neat wardrobe which otherwise would prove impossible for her to obtain.

In this age of the practical morning gowns, negligees and breakfast sacks are no

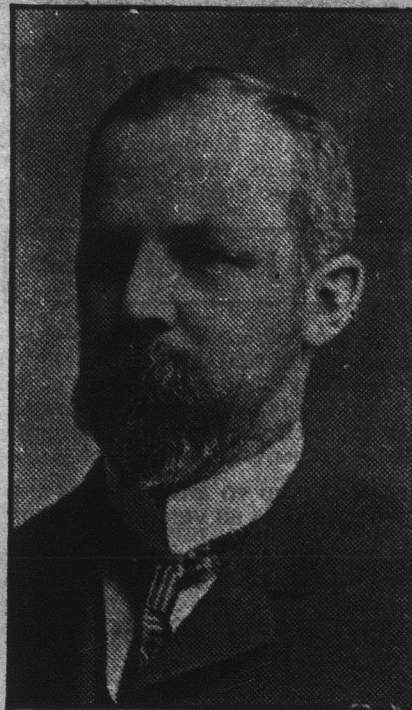


longer limited to the confines of one's boudoir. Indeed, nothing will give more of a dash of color to the home landscape at an early morning hour or at a quiet evening at home with one's family, than a brightly-colored wrapper or negligee. As they have more than often to be slipped on hurriedly, this thought should not be lost sight of, and with a well selected pattern this need may be looked after without in any way marring the beauty of contour or construction.

For real utility and good appearance the princess wrapper is recommended, and by the tasteful selection of materials it is rendered quite correct for afternoon or morning wear. The pattern is tight fitting, with closing at the side. The front is fitted by darts which extend to the shoulder. This not only gives excellent lines to the garment, but is ever so much easier to fit than the old fashioned dart. The model provides a pointed collar, and it may be made in high or pointed neck. Made of blue cashmere, with trimmings of cream wool lace insertion and lace. It is quite elaborate enough for any wear, but its charm is not by any means lost when it is developed of polka dot outing flannel.

Sizes 32 to 44 inch bust.

Children's white dresses often get badly stained with fruit. The worst stains may be removed in the following manner: Dissolve a large but not heaping tablespoonful of chloride of lime in an eight quart pail of water; soak the garment in the solution, squeezing it occasionally. In twenty-four hours or less, according to the extent of the stain, the garment will be quite clean.



W. H. SHAW, President.

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WOOD & HAWKINS, Principals.

The white of an egg is a good remedy for a burn.

A pinch of cream of tartar in a glass of water taken before breakfast will purify the blood.

If the finger nails are brittle, soak in warm water or olive oil a few moments before cutting.

Sleep with the mouth closed; many throat diseases come from taking the breath through the mouth.

Using any drug in the eyes to make them appear larger is sure to result in permanent injury to the sight.

To remove corns, bunions and calloused places, apply nightly a drop or two of castor oil.

Two ounces of alcohol, four of tannic acid, and one-half ounce cologne will allay excessive perspiration and remove the offensive odor.

The simplest and surest remedy for the removal of freckles is a drop of lemon juice applied to each spot with a small camel's hair brush.

All kinds of nuts—English walnuts, almonds, etc., are healthful and said to be flesh producing. If eaten at the meals they may take the place of meat.

Are you Costive?

If you knew how bad for health constipation is you would take better care of yourself. Irregular bowels cause appendicitis, jaundice, anemia and a thousand other diseases, too. Sooner or later it will bring you to a sick bed! The use of Dr. Hamilton's Pills changes all this quickly. They are made to cure constipation in one night and always do

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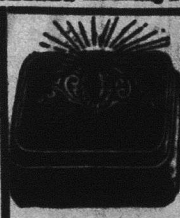
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