Longevity has two factors, the quality of the human machine and individual energy. Would you live long, conserve the ancestral energy, and the initial capital with which you enter the world, augumented through proper ailmentation and observe hygiene. Energy is the body's faculty of producing the force to work. Life means incessant organic activity, utilizing the force

sant organic activity, utilizing the force obtained through foods, which carry carry the accumiated energy of their substance and liberating it yield the power to live. Mankind now knows

many means favoring the production of food and the utilization of individ-

ual energy, which is only one of the forms of universal energy. It is neces

prolong useful lives.

sary to put these means at work and

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BUSINESS OFFICE, 24.

EDITORIAL and NEWS DEPT., 1127. ST. JOHN STAR.

ST. JOHN. N. B., MAY 16, 1907.

THE ALDERMEN AND CUSHING.

It is pleasant to hear a man once in a while, speak what is really in his mind instead of beating about the bush We'd depended on Unk Peters lo these one who holds the place.

If the shelving of Engineer Peters is only a step towards getting rid of Director Cushing. Those aldermen who have such an object in view—and some of them certainly have—might just as well have said so months ago. There are others in the council who are not following exactly the same course. They care nothing about Mr. Peters, but they heartily desire to accept once and for all the resignation of Mr. Cushing. Yet they heartily desire to accept once and for all the resignation of Mr. Cushing. Yet they have been afraid to say so.

This is a nice condition for a city to be in. Here is a man in charge of the most important department of the civic one who holds the place.

In an interesting and important book are in placed in parts dealing with long-evity, encouraging it and holding out the hope that it may be attained by individual desire and care. To be sure, this book preconceives healthy subjects, but all know how many consumptives declared to be dying have one when the third guess time drew nigh.

The weather sharp was anxious, and he figgered mighty close, and he didn't sneer at Uncle, nor he didn't laugh nor boast:

This is a nice condition for a city to be in. Here is a man in charge of the most important department of the civic.

The most adained to be one of them dent the most thirling and realistic subjects ever recorded in motion pictures. The famous falls are shown from every, and the mighty rushing of water is most awe inspiring. Pay Day is declared to be dying have consumptives declared to be dying have consumptives declared to be dying have individual desire and care. To be sure, this book preconceives healthy subjects, but all know how many consumptives declared to be dying have individual desire and care. To be sure, this book preconceives healthy subjects, but all know how many consumptives declared to be dying have consumptives declared to be dying have in the Most ATTP to Niagara is claimed to be one of the most thinling and realistics by individual desire and care. To

capable engineer and superintendent, but one whose work has not thoroughly pleased the board of aldermen, and who has certainly failed to gain the praise of the public generally. And while this dissatisfaction exists, the aldermen are afraid to move him. There is not one member of the council who would retain in his private.

A tired shopping crowd homeward to society.

So we chased the man of science 'crost the praise of the man of science 'crost the praise of the public generally. So we chased the man of science 'crost the praise of the prairie forty mile, the Neuilly woman, whose death as 106 the Neuilly woman who showed no signs of arterial deterioration. One of the chapters is entitled: "Is I cil who would retain in his private employ a person whose work proved unsatisfactory. Two weeks' notice would be the proper thing, and it is ridiculous to think that any other policy should be adopted in the management of public affairs. Let us have an end to this nonsense. If the majority of the aldermen want to dismiss Mr. Cushing and these interminable discussions would indicate that they do, let Cushing and these interminable discussions would indicate that they do, let them say so. The people are getting tired of the squabble in which one man is throwing the whole aldermanic board into a panic. Dismiss the director or come to some definite understanding with him by which he will do as he is the director or come to some definite understanding with him by which he will do as he is the director or come to some definite understanding with him by which he will do as he is the director or come to some definite understanding the whole aldermanic board into a panic. Dismiss the director or come to some definite understanding the way out find me a seat; not before, "said the woman, her voice and temper rising. The conductor signated to the motorman, and the car stopped.

"Now, give me the nickel or get off," he said. with him by which he will do as he is he said.

Sons of Temperance in his annual re-

"We have reached a period of temperance reform in this province where went on its way. it is important not to slacken our efforts. To hegitate would be to court final and ignomonious failure," Along with this may be read the resolution passed by the executive of the Temperance Federation in reply to the recommonest kinds of pens, ink and paper.

In Prince Edward Island. The executive in self-satisfied complacency decided that they knew all about the temperance question and that a further effort to procure information was wholly unnecessary. Yet in order not to be found wanting they condescendingly consented to select a man. Surely this is not the spirit in which to meet any such proposal. Even educated men, as are those who compose the Federation executive, may learn from experience of others, and when a question which affects the rights of all the people is to be dealt with, no man has any authority to say that he knows all there is to know.

Some of New Brunswick's reformers belive that the P. E. Island law has produced wonderful results. It has, But these are not merely what the temperance people of Charlottetown proclaim for the law and the pole of Charlottetown proclaim for the law and the pole is to form the performent of the composation of the process of the pr quest of the government that one man

eyes open, will find many things which will scarcely tend to confirm his preconcieved ideas. The lid is down in Charlottetown taking that city as an example for the province, but there are many leaks in the bucket. There are numerous drug stores in which the sale of ilquor is no small part of the business. In former days it was the custom to go into an open bar and have a drink. Now a merchant takes his friends into his own back shop. Liquor motion.—Boston Transcript. is not sold in saloons but in immora dives, in back yards and in drugstores but everyone who wants a drink can get it, and does get it. The result of the present temperance law, has been to prevent the continued intoxication of thirty or forty old topers, to make It's my breakfast of yesterday.—Floh. men who use liquor to keep private supplies and to encourage perjury. This is of course in addition to the results

crease in arrests, etc. Yes, the delegation from the Federation will find lots of live news by visiting Prince Edward Island.

Wilfrid Laurier's fast service between by dropping the form down two flights Britain and Australia via Canada, will prove a financial failure. The sums tor, "that you had broken the news mentioned to be given the various lines more gently."-Washington Star.

in order to make more certain the sucess of the Atlantic service, might the federal government not bring into effect a little clause stating that the British preference shall apply only to goods brought to Canadian ports in British bottoms?

WEATHER PROPHECY IN CACTUS CENTRE.

We are peaceful here in Cactus, and we do not kick or carp. But we've had a heap of ftrouble with a science weather sharp;

He was sent here by the Gov'ment, with his charts and wind machine

Who Drank Forty Cups of Coffee a And a diagram for tellin' when the rain

long and many years and with a mass of words endeavoring to hide his true meaning. Ald. Lewis at this here sharp appears

long and many years

a-prophesyin' weather—so when this here sharp appears

we are informed that a doctor told a yesterday's meeting of the board of works put in speech what a good many

we are informed that a doctor told a congress of physicians that it was their thus in the case:

we are informed that a doctor told a congress of physicians that it was their thus in the case:

with him by which he will do as he is told and accept once and for all a fixed salary.

By this time the woman was furious.

By this time the woman was furious.

"How dare you talk to me so!" she cried. "I'll report you, sir; what's your number?"

Hygiene necessarily plays an import-

INSTRUMENTS OF FICTION. Naggus (literary editor)—By the way,
Borus, where did you get the material
for that society novel you're writing?
Borus (struggling author)—At a department store. I'm using only the commonest kinds of pens, ink and partment store, ink and partmen

BADLY RUSHED.

Sachs (to friend in restaurant)-Well, and how's business?

Friend—Splendid, splendid! Why, I can't even get my meals at the right time. Just see what I'm eating now.

A Man's Corona Colt Patent Leather Blucher Oxford, English Welt, Medium Toe,

ROUGH ON THE FOOD. The child had been taught to say grace at the table. Occasionally he more generally understood by New varied it.

"Oh, Lord, please forgive us for this breakfast they've put on the table," he said one morning.—Houston Post. Brunswick temperance workers, the de-

Unless large subsidies are paid, Sir The office boy had pied the first page "I wish," murmured the gentle edi-

BEAUTIES OF EDITORIAL

AND BE HEALTHY

Alcohol and Nicotine Neither Help Nor Hinder

Day, Lived 114 Years.

PARIS, May 15 .- Just when, accordwe are informed that a doctor told a The pictures that have delighted thouworks put in speech what a good many people have been thinking for some thus in the case:

The prophet who comes nearest is the large and important book and important book. A Trip to Niagara is claimed to be on

most important department of the civic government, a man who may be a very capable engineer and superintendent,

So we chased the man of science 'crost the prairie forty mile,

This new book, which has been reviewed among scientific chronicles, is Prof. Metchnikoff's. The author continuous the prairie forty mile,

Weary Willie and the Motor Car is the

Bug Poison, 250 bt. Furniture Polish, 25c bt. The Grand Worthy Patriarch of the

Sons of Temperance in his annual re
cried. "I'll report you, sir; what's your number?"

An inspiration seized the passengers.
"Twenty-three!" shouted half a dozen of them in chorus.

The burst of laughter that followed who died at 110 was drunk every night. E. CLINTON BROWN. The burst of laughter that followed effected the complete rout of the aggressive woman. Gathering up her parcels she fied to the street, and the car went on its way.

who died at 110 was drunk every night of his life. The same was true of a gressive woman. Gathering up her parcels she fied to the street, and the car went on its way. Dr. C. Sydney Emerson. lived to be 120, and who ordered in-scribed on his tombsstone that he was always drunk, and in that state was so terrible that death itself feared

what the temperance people of Charlottetown proclaim for the benefit of outsiders and the Federation's commissioner, if he keeps his

"Pa,"
"Well?"
"What's women's rights?"
"Everything they want. Run away."
—Cleveland Leader.

There is something of a surprise in store for the advocates of the life giving qualities of the crisp air of mountainous regions in fact, it is recorded that Switzerland is distinguished by a scarcity of centenarians, yet three Balkan States reported 5,500 centenarians at one time, while statistics show

Which some constants madaged up til he is sure that he has such a liver and kidneys as theirs.

DOES FRESH AIR COUNT.

There is something of a surprise in store for the advocates of the life giving qualities of the crisp air of mountainous regions in fact, it is recorded that Switzerland is distinguished by a scarcity of centenarians, yet three Balkan States reported 5,500 centenarians at one time, while statistics show

There is something of a surprise in store for the advocates of the life giving qualities of the crisp air of mountainous regions in fact, it is recorded that Switzerland is distinguished by a scarcity of centenarians, yet three Balkan States reported 5,500 centenarians in and get up till he is sure that he has such a liver and kidneys as theirs.

SEELY.—Suddenly, in this city, on May 14th, Annie, widow of William Seely, leaving four daughters and six sons to mourn their loss.

Hostess—Were you seasick coming across dear? Miss Pert—Oh, no! You seasick with us. Hostess—But what has that to do with your not beginn the properties of the life giving qualities of the crisp air of mountainous regions in fact, it is recorded that his son's residence, Samuel E. Wallace, aged 70 years, leaving four daughters and six sons to mourn their loss.

—(Boston papers please copy.)

WALLACE—Suddenly, in this city, on May 14th, Annie, widow of William Seely, leaving four daughters and six sons to mourn their loss.

Functional four daughters and six sons to mourn their loss.

Functional four daughters and six sons to mourn their loss.

Functional four daughters and six sons to mourn their loss.

Functional four daughters and

DEATHS.

Store open till 9.00 p. m. THURSDAY, May 16, 1907. tor the Hurry-Up Buyer!

Price, \$3.00

Sizes, 6 to 11. "Corona Colt is the softest, finest and best wearing shiny

Percy I. Steel. Narnisher. 519-521 Main St. A.C.

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In new goods, and an endless variety from which to choose Remembrances.

FERGUSON & PAGE. Diamond Dealers & Jewelers 41 King Street

Everything Electrical

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Best quality, good weight, and satisfactory delivery, lowest prices.
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City Fuel Co.,

Cleanliness and Health

In relation to the HANDLING OF BREAD.

Did you ever consider how many times a loaf is handled after leaving the

White Clover Bread

is the only Bread in St. John since Mr. Kent Scovil went out of business, which is wrapped hot from the oven. All subsequent handling on the wrapper. Ends left open so you may see what you buy.

FOR SALE-ONE FLAG POLE 47 feet long. Apply to A. E. HAMILTON,

Contractor and Builder, 180 to 188 Brussel St. 'Phone Main 1628 |

Monumental Works

SAMUEL FOX, Manufacturer and Dealer in Red, Grey and

109 Rodney St. (West),

Black Granites.

The chief feature of the celebration of the sixty-sixth anniversity of the Ludlow Street Baptist church to be held tonight, will be the burning of the mortgage. All the Baptist ministers of the city will be present and take som part in the precedings.

Are usually very hard on Shoes. The boy must have good Shoes. Good Shoes for boys are a necessity. Boys like good style Shoes. But good style and good wear in Boys' Shoes don't often go together. Our kind of boys' Shoes combine both style and wear, and will keep their good looks to the end. They will outwear two pairs, if not more, of the ordinary "cheap" shoes advertised as bargains. We guarantee our Boys' Shoes to wear as we represent that they will—so you take no chance here. Any price you want to pay—\$1,50 to \$2.50, Parents are learning that it pays to buy Boys' Shoes

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"SCOTT" HAT

None Better in Style and Quality. New lot of this leading Hat just at hand. We have 'Christy," "Melvin," Carter, Wilkinson, Buckley, Mallory, and other well known makers,

\$2.00, \$2.50 and \$3.00 Each,

THORNE BROS., HATTERS and 93 King Street.

3 Pound Bar 25c, for this week only. This Soap cannot be replaced at this price.

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Wall Paper Bargains!

All 5c Paper Reduced to 21-2 cents. 15c, 18c and 20c Paper Reduced to 10c.

Come today for choice. PEOPLE'S DEPARTMENT STORE, 142 Mill SI

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Eddy's "Banniger" Carpet Linings. Durable. Keeps out cold. Resists damp.

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BOARD OF WORKS

The board of works met yesterday afternoon, and as has been the case during the past three meetings, a heated argument took place over the duties of Director Cushing.

City Engineer Hurd Peters had prepared plans for the reconstruction of Union street, West End, and he presented the plans at the meeting. Mr. Peters sent a letter to the board in which he stated that the plans drawn up by him would, to the best of his knowledge, restore the street to its former condition. Two cribs are to be built, one across Rodney slip from crib No. 1 to Rodney whart, the other from the end of No. 3 crib southerly. These cribs are supported on piles and are to be heavily ballasted. There is to be a double row of piles driven along the street line.

After Engineer Peters letter had been read Ald. Baxter asked what steps the director had taken in making his plans and specifications. The latter stated that he had written to the engineer: stating his views and asked him to draw up the plans accordingly. Ald Baxter wanted to know what he had done nothing further. Ald. Baxter replied that the director's answer was a wilful insult to the board. He moved that the board recommend the council to amend Rule VII of the regulations for the director of public works, the rule to be amended by saying "Also to perform such engineering services as may be directed from time to time by the board of works."

"Director Cushing will do the work asked, so far as I am a member, or he

Lettering and Repairing striotly attended to.

The Vic's Re-Opening

A regular old-time crowd will be on hand Saturday night when Victoria Rink is formally opened for the roller skating season, for at the rate inquiries are being made at the Vic office a great many are anxiously awaiting the completion of repairs to the immense floor so that they can get at their favorite pastime once again. Manager Armstrong invites all the ladies to attend the opening free of charge. Polite attendants and up-to-date popular band music.

Idirected from time to time by the board of works."

SACKVILLE, May 15.—Beethoven hall was filled to overflowing last evening, the attraction being the graduating recital of Miss Mabel Gertrude Dixon, reader, Sackville. The hall was tastefully decorated with red and white bunting and potted plants. Miss Dixon delighted the audience with three numbers, each of which was beautifully rendered. Her redition of the "Rescue of Lydia" was exceptionally fine. She was assisted by the University quartette, Messrs. Black, Davidson, Outbridge and Westmorland, who rendered two vocal numbers very effectively. Miss Dixon was presented with two handsome bouquets.

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