

rade next year and if possible this ear.

trollers, aldermen and members of the dependent boards this afternoon. The party was taken to Fiddler's Green, Ancaster, where the time was spent in games, and a baseball match between the city hallites and the members of the city council, the match being won by the former by

There was a meeting in the mayor's office this evening to make arrange-

YOU CAN INTEREST HIM.

You can interest any man over fifty years of age in anything that will make nim feel better, because while he may not as yet have any positive organic disease, he no longer feels the buoyancy and vigor of twenty-five, nor the freedom from aches and pains he enoyed in earlier years, and he very naturally examines with interest any proposition looking to the improvement

He will notice among other things that the stomach of fifty is a very different one from the stomach he pos-sessed at twenty-five. That greatest care must be exercised as to what is eaten and how much of it, and even with the best of care, there will be increasing digestive weakness with advancing years.

the digestion and assimilation of food is she which interests not only every man of fifty, but every man, woman and child of any age, because the whole secret of good health, good blood, strong nerves, is to have a stomach which will promptly and thoroughly digest wholesome food because blood, nerves, brain tissue and every other constituent of the body is entirely the product of digestion, and no medicine or "health" food can possibly create pure blood or restore shaky nerves, when a weak stomach is relenishing the daily wear and tear of

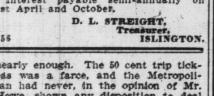
No, the stomach itself wants help and in no round about way ether; it wants rect, unmistakable assistance, such as s given by one or two Stuart's Dysepsia Tablets after each meal.

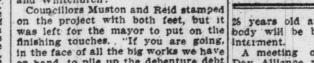
ecause their use gives the stomach a chance to rest and recuperate; one of Stuart's Dyspepsia Tablets contains digestive elements sufficient to digest 3000 grains of ordinary food such as bread, meat, eggs, etc.

The plan of dieting is simply another name for starvation, and the use of prepared foods and new-fangled breakfast foods simply makes matters worse, as any dyspeptic who has tried them knows.

As Dr. Bennett says, the only reason I can imagine why Stuart's Dyspepsia Tablets are not universally used by everybody who is troubled in any way with poor digestion is because many people seem to think that because a medicine is advertised or is sold in drug stores or is protected by a trade mark it mustb be a humbug, whereas as a matter of truth any druggist who is observant knows that Stuart's Dyspepsia. Tablets have cured more people of in-digestion, heartburn, heart trouble, nervous prostration and run-down condition generally, than all the patent

medicines and doctors' prescriptions for stomach trouble combined.





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