

attendance, always however, guarding against the "form of godliness without the power thereof." May the Lord turn these imperfect lines written by snatches from manifold engagements, to the good and comfort of at least some of you, and may He bless you and keep you all, and make His face to shine upon you now and evermore is the fervent prayer of

Your affectionate friend and Pastor,

J. C. COCHRAN.

Halifax, Jan'y., 1871.

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EXTRACTS from my Pastoral Journal for 1869 and 1870 :—

Visits.....	5,393.
Public Services.....	517.
Baptisms.....	218.
Funerals.....	76.
Marriages.....	110.

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NOTE.—As to the doctrine of the Church of England on the Sacraments.

*Article 28th.* "The body of Christ is given, taken and eaten, only after an heavenly and spiritual manner. And the means whereby the body of Christ is received and eaten in the Supper, is Faith."

Again,

"It is hereby declared that no adoration is intended, or ought to be done, either unto the Sacramental bread or wine there bodily received, or unto any corporal presence of Christ's natural flesh and blood. For the Sacramental bread and wine remain still in their natural substances, and therefore may not be adored (for that were Idolatry, to be abhorred of all faithful Christians) and the natural body and blood of Christ are in heaven and not here; it being against the truth of Christ's natural body, to be at one time in more places than one."—*Book of Common Prayer—end of Communion Service.*