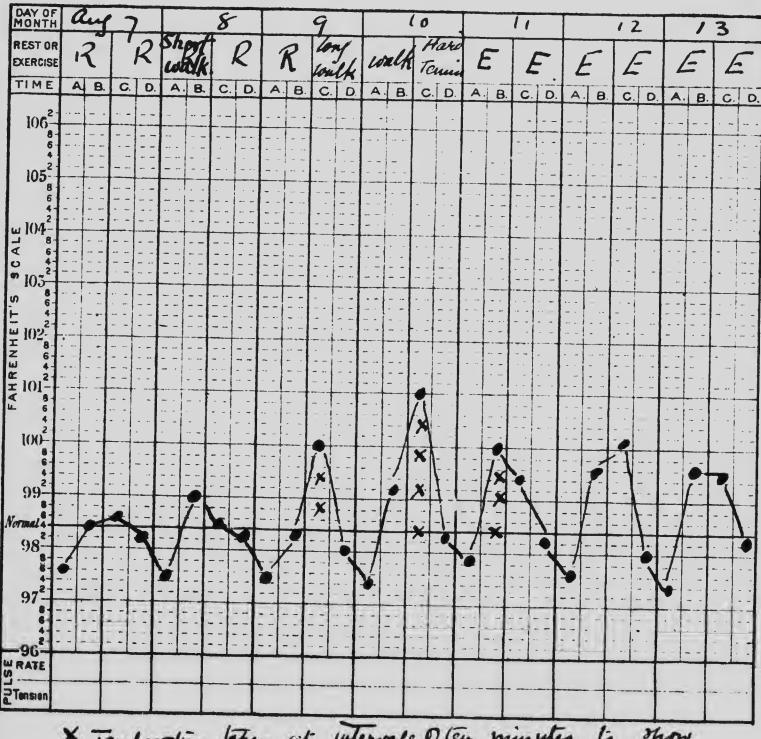
Chart of a Normal Man.

TEMPERATURE TO BE TAKEN:—A. On waking in the morning.

C. Immediately after the afternoon walk or at 5.30 p.m.

B. Immediately after the morning walk or at 12 noon.
D. Ten minutes after getting into bed.



X Temperation taken at intervals of ten minutes to show becrease immediately after exercise

Fortnightly blank Charts may be had. ld. each or 9d. per doz., from JOHN WRIGHT & SONS Ltd., Publishers, BRISTOL, ENGLAND.