records, birth certificates and other documents that establish the percentage of North American Indian blood.

If you intend to work or reside permanently in the United States, a Memorandum of Creation of Record of Lawful Permanent Residence (Form I-181) must be filed at the port of entry. Although applicants accepted under the Jay Treaty are not required to apply for a permanent resident (green) card (Form I-551), possession of the card does make it easier to travel and establish eligibility for benefits.

Precautions

The same rules apply in the United States as at home, only more so. You are usually at greater risk than locals; indeed, in some areas of the United States, tourists and non-locals could be targeted. Accordingly, you should follow these rules:

- Know where you are and where you are going at all times.
 Carefully plan road trips in advance.
- . Do not pick up hitchhikers.
- Keep valuables out of sight, and never leave them in a parked vehicle.

- Leave a copy of your itinerary and proof of citizenship (for example, Canadian birth certificate or certificate of Canadian citizenship) with a family member or friend who can be contacted in an emergency.
- Phone home regularly if you do not have a fixed schedule.
- Keep a separate record of your traveller's cheques, credit cards and medical insurance, and ensure that the information is also available to someone back home.
- Do not carry your passport, tickets, identification documents, cash, credit cards and insurance papers together.
 Keep them separate so that in the event of theft or loss you do not lose everything.
- Use the safety deposit box at your hotel. Never leave valuables in your room.

U.S. Border Fees

American border officials collect a US\$6 per-person fee, payable only in U.S. dollars, to issue an arrival/departure document, Form I-94. This form is distributed to Canadian citizens and landed immigrants from member countries of the Commonwealth and Ireland who are entering the