

To restart Windows NT:

1. When a message appears on your screen telling you it is safe to turn off your computer, choose Restart.

or

1. Press **CTRL+ALT+DELETE**

EXERCISE

In the following exercise, you will shut down and restart Windows NT.

1. From the Start menu, choose Shut Down *The Shut Down Windows dialog box appears.*
2. Make sure the *Shut down the computer?* option button is selected
3. Choose Yes *The Shutdown Computer message box appears when it is safe to turn off your computer.*
4. Choose Restart *The computer restarts.*
5. If needed, select Windows NT from the list, and then press **ENTER** *Windows NT starts.*
6. Log on to Windows NT again, using the new password, **cookies**, when prompted for a password
7. If you're prompted for a network password, type your old password and choose OK

END