Council membership includes persons with experience in national and international competition, physical educators, physicians, leaders in community recreation, and others whose special experience can be an asset to its work.

The Council, in its capacity as the Minister's principal adviser, carries on a continuing study of progress made under the Programme. It examines applications for grants and makes recommendations on them. It maintains continual liaison, through committees, with national agencies concerned with amateur sport, fitness and recreation.

The Federal Programme

The federal Programme is divided into four main parts:

Direct grants to national organizations or for purposes of nationwide interest such as research or national games;

fellowships, scholarships or bursaries for professional study;

grants to the provinces, for support and development of activity at the provincial and community levels;

services provided by the Department of National Health and Welfare, largely in the form of technical advice and training and promotional aids.

Grants to National Organizations

Federal grants to some 50 national sports-governing bodies, and other agencies operating nation-wide programmes or programmes of national service, amount to more than \$1 million a year.

provided. These are:

The need for increasing resources for trained leadership and coaching has been constantly stressed under the Programme, and as much emphasis as possible is given to these activities in making grants to national organizations. Most national sports-governing bodies are being assisted in improving instructional standards and, through co-operative arrangements with the provinces, in the improvement of opportunities for training in a wide range of sports across Canada.

Grants for international competition, in addition to those for training and the holding of competitions in Canada, assist Canadians in representing their country abroad, at the Olympic, Pan-American and British Empire and Commonwealth Games and at competitions sponsored by other countries or the international sports-governing bodies.