

than Canadian passports may need visas and should consult the nearest Japanese consulate for details.

Visitors arriving from Canada do not require a vaccination against smallpox. Smallpox, typhoid and cholera certificates may be required if visitors arrive from infected countries, including most Asian countries. Airline and shipping companies should be consulted when making travel arrangements.

Health conditions are not a problem in Japan. Most medical facilities are available in the large cities and the services of English-speaking doctors and dentists can be obtained at most international hotels. The water is safe to drink and one need take no more precautions over food than in Canada.

Arriving at Tokyo Airport (Narita)

Most overseas flights into the Tokyo area land at Narita Airport, approximately 65 km (40 miles) from the centre of Tokyo itself. Unless you are being met by someone, you will need to find your way into the city by bus or taxi. The simplest way is to take the limousine bus from the airport to the central Tokyo City Air Terminal (TCAT) or major hotels serviced by the limousine bus. The ticket office is outside the customs inspection area on the arrival level and buses wait outside at Position One. The fare is currently 2 700 (Y) and it takes between 70 and 120 minutes, depending on traffic. Your luggage goes with you and on arrival you pick it up again on a lower level at the terminal. From here you can take a taxi to your hotel for about 2 000-3 000 (Y). The total cost of getting from the airport to the hotel would be about \$50 (Cdn). Taking a taxi direct from Narita to central Tokyo would cost about 17 000 (Y).

There are no direct flights from Canada to Osaka (but United Airlines has direct flights to and from San Francisco). Passengers from Canada must change planes at Narita for one of several flights to Osaka every day (customs are then cleared in Osaka). Transportation from Tokyo station (bullet train) or from Tokyo's Haneda (domestic) airport to Osaka is both rapid and convenient. Osaka's international airport (Itami) is located close to the city centre and bus service (\$3.60) and taxis (\$40) take about 40 minutes. This airport has daily flights to most major cities elsewhere in Asia so Cana-