

blood vessels of the head and neck. This course, were the blood vessels constructed of zinc, would accomplish that end, by lessening their contents, but unfortunately for the *theory* which results in such a *practice*, the fact is, that the blood vessels will contract—the *non-distended* ones *first* and *most*—to suit their capacity to their *reduced* contents, leaving the same unequal distribution of the blood, with as much engorgement of the brain vessels as existed in the first attack. Besides, it will not do to bleed in many cases, as loss of blood will cause apoplexy, and the difficulty of knowing who, when, and how much to bleed, has required such delicacy of judgment, that the tendency of medical opinion for years “has been towards the curtailment of the use of the lancet.”


As evidence of this, we may cite the cases given by Dr. Todd, in 1850 :—“Of 155 cases of depletion in *Apoplexy*, in which the treatment was specified, 129 were bled, and only 26 were not. Of the 129 who were bled, 51 recovered and 78 died; the recoveries being 1 in 2½, the deaths 1 in 1⅔. Of the 26 who were not bled, 18 recovered, and 8 died; the proportion of recoveries being 1 in 1½, and of deaths 1 in 3¼. Eighty-five of the cases were copiously bled, and of these 28 recovered, and 57 died, *i.e.* two in every three cases terminated fatally.

As a substitute for bleeding, *blistering* is resorted to by the Allopathic physician. In a recent case, in this city, the unfortunate patient's “calves” were “as-raw as a piece of beef!” The object of producing raw calves being to relieve the supposed pressure of blood in the vessels of the head.

The *Physio-Medical* course is to relieve the engorged vessels of the head, by attracting the accumulated blood to the surface vessels, and to the extremities; they *enlarge* these by the application of *warmth* and *moisture*. This plan is in accordance with common sense, and while it *will* relieve, it will neither do violence to the system, nor kill. The object of the *Physio-Medical* course in the treatment of this disease, is to aid nature and never to use means that tend to destroy.

Apoplectic attacks occur frequently on Monday morning, after a day of rest and *feasting*, or after attending parties, and partaking freely of heavy dinners at a late hour. Nature attempts, in many such cases to relieve the oppressed stomach by vomiting; such an effort would be *seconded* by the *Physio-Medical* practitioner; he would therefore, give his patient immediate relief by *exciting* vomiting, and thus at once remove the cause of the attack.

The *Physio-Medical* practitioner thus recognizes the signals of distress which nature displays in the way of pain, irritation, inflammation, or fever; and learns the action of *non-poisonous* and effectual remedies; he acts on general principles, and has at his command remedial agencies which he can apply in any cases of derangement of the system. He never *pulls down* in order to build up; neither does he use deadly poisons with a view to produce sound health. Like a fireman—he attempts (and nearly always succeeds) in stopping the trouble at once.

 In the event of any irregularity occurring in the delivery of this publication, the Editor requests that he may be addressed respecting it.

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