

"Take a hole and put some dough around it, then fry in lard."
This simple recipe has brought thousands to grief, just because of the frying in lard, which as we all know hinders digestion. In all recipes where you have used lard, try

Cettélene

the new vegetable shortening and you will be surprised at the delightful and healthful results. It is without unpleasant odor, unpleasant flavor or unpleasant results. With COTTOLENE in your kitchen, the young, the delicate and the dyspeptic can all enjoy the regular family bill of fare.

the regular family bill of fare.

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LITERARY NOTES.

The Christmas Number of Scribner's Magazine presents a remarkable list of popular writers including Rudyard Kipling, Robert Grant, H. C. Bunner, Brander Matthews and George W. Cable. In illustration it shows a number of novel features. Oliver Herford produces a series of fantastic drawings which are curiously interwoven with the text of Brander Matthews' story in a manner new to magazine illustration. Another notable feature in illustration is the three frontispieces showing the best work of A. B. Frost, Albert Lynch and Emile Friant, each drawing being very original in sentiment and treatment.

At this time of the year when the holidays are approaching there is nothing that amuses young people so much in the preparation, or their parents in the final repesentation as plays or one evening entertainments that include or more farces; and it is especially timely therefore, that Harper's Young People published December 1st. an interesting and instructive article on how to set up a stage at little cost, in an ordinary parlor. This article is by Mr. Edward Fales Coward one of the leading amateur actors in New York City, and it will be followed in a week or two by another article by the same author giving directions regarding the setting of a play and presentation of it. Harper's Young People also annunces two Christmas entertainments—one suitable for presentation by a Sundayschool or other large body of young people, the libretto and music being written by Mrs. Caroline A. Creevey and the poetry by Mrs. Margaret E. Sangster; the second to be a pantomime, accompanied by explanatory music.

Professor Drummond has found the material for a great Christmas Address in the career of D. L. Moody which appears in McClure's Magazine for December.



Result of a
Neglected Cold.

DISEASED LUNGS

Which Doctors Failed to Help,

AYER'S Cherry Pectoral.

on my lungs, and I did what is often done in such cases, neglected it, thinking it would go away as it came; but I found, after a little while, that the slightest exertion pained me. I then

Consulted a Doctor

who found, on examining my lungs, that the upper part of the left one was badly affected. He gave me some medicine which I took as directed, but it did not seem to do any good. Fortunately, I happened to read in Ayer's Almanac, of the effect that Ayer's Cherry Pectoral had on others, and I determined to give it a trial. After taking a few doses my trouble was relieved, and before I had nished the bottle I was cured."—A. LEFLAR, watchmaker, Orangeville, Ont.

Ayer's Cherry Pectoral

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WIFE
DO HER OWN
WASHING?

F she does, see that
the wash is made Easy and
Clean by getting her
SUNLIGHT SOAP,
which does away with the
terrors of wash-day.

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