Consecration. All who are prevented from attending, choose another day for reciting it, in private, before receiving Holy Communion. The day of renewal is announced at a previous meeting, and the means to be taken for spending the intervening days more recollectedly are specified. Renewal may take place in the same way during the Benediction of the Blessed Sacrament or simply before the statue of the Sacred Heart.

## AFTER TWO HUNDRED YEARS

HE Feast of the Sacred Heart was established in the Ursuline monastery at Quebec on the first Friday after the octave of Corpus Christi in the year 1700. His Grace the Archbishop of Quebec has taken advantage of the two hundredth anniversary of this establishment to write a letter — redolent of learning and piety — to the venerable Ursuline Nuns to offer them his congratulation, and to join with them in the celebration that takes place in their monastery during the present month. This letter of the venerable Archbishop is a document of great historical value. The Messenger will give copious extracts from it in a future number.

It was Mgr. de St. Valier, the second bishop of Quebec, who authorized the Ursulines to celebrate the feast of the Sacred Heart of Jesus for the first time. The authorization read as follows. "We permit by these presents our daughters the Ursulines of Quebec to celebrate during these days the Mass belonging to this feast and to sing the vespers as well... We wish that they give to this feast all the solemnity they can, desiring even that the Blessed Sacrament be exposed in this chapel, that the praises of the Sacred Heart be sung in the manner received in the Church... We exhort the faithful of our diocese to be present and fervently take part in this solemnity and show signs of a tender and sincere