

wishes to gain the indulgence; (c) the right of commuting simple vows, with the usual exceptions of religious vows, vows made in favor of a second party, and so-called penal vows (*vota pœnalia*), made for the purpose of preventing certain sins.

These faculties, whilst intended to be exercised in favor of those who propose to go to Rome for the purpose of gaining the Jubilee indulgence, are subsequently extended during the period when the Jubilee may be gained at home by those who did not make the visits to the basilicas of the Holy City. In this case the Ordinaries of the different dioceses throughout the world are directed to publish special regulations for their respective flocks, containing detailed faculties, visits to particular churches, etc. This will undoubtedly be done before the end of 1900.

THE APOSTOLATE OF PRAYER

THE grand Association of the Apostolate of Prayer, instituted by the Society of Jesus, has had remarkable success and has been very widely spread among Catholics. It has adopted as its chief work the promotion of what St. Alphonsus calls "the great means of prayer," for prayer is so necessary that without it we shall not be able to save our own souls, nor do much to benefit the souls of others. It makes our prayers more effectual by inviting us to unite them every morning with all our thoughts, words and actions, to the intention of the Sacred Heart of Jesus, so that thus our prayers and good works are purified in intention and made more acceptable to God and also receive efficiency by being thus united with the all-holy atonements and merits of the Incarnate Word. To this is joined a wonderful system of intercession for all the Church and her needs, public and private, and another of reparation of the Sacred Heart. The organ of the association, THE MESSENGER OF THE SACRED HEART, (1) has an immense circulation, and inflames the zeal and devotion of innumerable families. — *Catholic Record*.

(1) There are now thirty-two MESSENGERS published in eighteen different languages.