VOL. 3.

LONDON, ONTARIO, OCTOBER, 1897.

No. 10.

ASSESSMENT SYSTEM.

NOMINATIONS AND ELEC-TIONS.

The nominations for officers of branches of the C. M. B. A. of Canada for the ensuing term, must be made at the last regular meeting of branches in November.

The elections shall take place at the first meeting of branches in December.

At the coming nominations and elections, a Representative and Alternate to the Grand Council Convention of 1898 must be nominated and elected by each branch.

In order to understand this part of our work, branch efficers will please read Sections 163, 165, 166, 167, 168 and 169 of the Constitution.

No member should accept nomination for the office of Financial Secretary or Treasurer unless he is willing to make application for a guarantee bond in compliance with Sections 176. 177 and 131 of the Constitution.

ACKNOWLEDGMENT.

S. R. Brown.

Grand Secretary C. M. B. A Dear Sir: I have received from the Secretary of the C. M. B. A., Branch No. 14, Galt, Out., a check for \$2,000, being the amount due on policy issued to my late husband, Eugene Sullivan. I wish to express my appreciation of the courteous treatment I have received in the settlement of this claim. I thank you and shall always have a good word for the Grand Council of the Catholic Mutual Benefit Association of Canada. Wishing your Council every

Success.
I remain, yours sincerely.
MRS. R. SULLIVAN,
Coundedtville, Campbellville, Ont.

NOTES.

The Per Capita Tax for the quarter ending September 30th, is due, and Branches should remit without delay. See section 60 Constitution.

The C. M. B. A. is the cheapest, safest and best Association for Catholic men. No uncertainty, no conflicting interests, no extravagant expenditure, no enormous surpluses, no whims of

policies, no million-dollar offices, no high salaried officers, no speculation in investments with members' money in the C. M. B. A. For the amount of business done the cost of management of the C. M. B. A. is infinitely lower than any other assessment association or life insurance organization on the continent.

Do not allow your C. M. B A. policy to terminate through negligence or misunderstanding. Neglect in arranging for the payment of assessments when due may forfeit more than you imagine. No temporary inconvenience should be allowed to interfere with the continuance of your C.M.B.A. membership. Remember, a policy in the C. M. B. A. is one of the very best assets for your wife and family.

Our C. M B. A. members through out Canada will be pleased to know that their Grand Spiritual Advisor, His Grace the Archbishop of Toronto, arrived safely home much improved in health after his visit to the old coun try. To Archbishop Walsh is due, to a very great extent, the success of the C. M. B. A. of Canada, and we sincorely hope and pray that he may be spared many years more to carry on his noble work for the cause of Christ and His Church.

Branch 285 Huntley Ont, at its first regular meeting after its institution, was visited by Brothers Ryan and Boulton from Branch 31, and J. Fitz gerald, S. Mallette, J. Walsh, G. Connell, J Carson, J Galvin, J. R. Jalvin E. Kelly, A. Kelly and T. Doylo from Brauch 183 Speeches of much interest and instruction were made by Rev. Father Corkery and the visiting brothers, and a very pleasant evening was spent by all present.

At the first regular meeting of Branch 26, for Sept. the death of Bro. Wm. O'Toole of the branch was reported and resolutions of condolence to the family of the deceased were adopted and the charter of the brinch was ordered to be draped in mourning. officials, no fluctuation of value of The deceased was a promising young

man and his demise was sincerely regretted. He was the sou of Brother Jos. O'Toole, of Brauch io, and also a Bro. of Brother Joseph O'Toole, jr. of the same branch. At the same meeting the sympathy of Branch 26, was extended to Bro. J J Costigan, on the death of his Brother the late Brother Wm. H. Costigan of Brauch 54.

HE IS LEGALLY DEAD

And the Royal Arcanum Must Pay a Grimsby Man's Heirs \$3,000.

Stratford, Ont., Scot. 16, -Porth non jury fall sittings before Justice Ferguson, the first case, Maggie Nield vs. Supreme Council Royal Ar-canum, Mr. J. E. Harding, J. C., for plaintiff, Mr. D. F. MacWatt for deendants, an action for the recovery of \$3,000 held by plaintiff's brother, Ar-thur Rankin Young, in the Royal Areanum. Young disard cared in 1889 from Grinsly and has not since been heard from The Royal Areanum questioned death. His Lordship dequestioner death. The locasing de-clared Young legally dead, and gave judgment for the plaintiff. The proper amount of the policy to be settled by counsel, defendants to deduct costs from policy.

INGRATITUDE.

Ingratitude is a very mean vice, no natter against whom it is committed. There may be fathers and mothers who have felt how cruel a sin it is, for there are children - not a few nowadays - who have treated their patents, good parents, too-with shocking ingratitude, have cursed them and reviled them . have truck them : have allowed them to live on the charity of strangers; have forced them to play the part of drudges during those sad years of old age, when leisure and comfort would be so welcome: have tried to force the little remnant of means from them by the basest threats and extertion, and perhaps even violence; there are parents whose hearts have ached to see their children as hamed of their old country accent and their simple manners. Is not this very lamentable? Then, too, all through life we meet with eases where men have lent others money out of personal friendship, only to be repaid by lying, dishonest ingratitude. Indeed, there is scarcely one of us who has not been badly treated by persons whom we have in one way or another befrlended.

There are many who, towards the

end of their lives, suffer sharp remorse for the ingratitude of their carlier days. How many who never pray for their benefactors; who are 50 proud and selfish that they do not want to have any benefactors, who are just as careless of benefactors names in their backbing as of any others, who think that a little money can pay a debt of affection; who often arceive and never give, nor so much as ever thank!

If we treat each other so, we treat Grd no better, not even so well. Now where do you get your good homes, at d your dear friends, and your plen-tiful meals, and your good bed? From God, who certainly does require, at least, thanks in return. Did you over give them? Did you ever so much as actually feel that God had given you these gifts? Where did you get your good health, your clear head, your strong arm, your light step, your happy heart? We get such things only from the most loving kindness of our Creator. And overy day we get them over again. And every day wo receive them, we enjoy them-alas! sometimes in a sinful manner-and we on our way almost as if there were no Ged at all.

The truth is tl. t, the commonest sin of our lives is ingratitude to God. It is like the very germ sin, or the polson in the air or the venom in the blood of fallen man. It is a sin which is rooted lu pride, feeds upon selfishuere, and brings forth the truit of spiritual in difference. In truth, it is as much a state of soul as a sin or a series of sins. Hence it is heartily detested by all good Christians. They endeavor to practice the cirtue of thankfulness at very turn. They are careful to give at least a quarter of an hour thanksgiving after Communion, they not only make novenas for favors, but novenas in thanks for them . when at table they say at least one meachful of prayers, in gratitude for the many mouthfuls of each of their meals; they thank God for the atflictions He sends as well as for His favors, for Ho is tho same fird to their loving hearts in storm or sunshine, in a word, one of the channels of the love of God in their lives is a deep sentiment of gra-titude for His favore. We are inclined to believe that this virtue is a mark of predestination to eternal life. - Sacred. Heart Review.

If thou attend wholly to thyself, and to God, thou wilt be little moved with what thou perceivest without thee .-The Imitation.