

# Temperance

## Only a Glass of Wine.

Only a glass of wine, sparkling, rosy, and bright;  
 Only a glass of wine, shimmering in the light;  
 Only a glass of wine, held in a dainty hand;  
 Only a smouldering fire swift to flames is fanned.  
 Only a glass of wine, raise it high in the air;  
 Scan its ruby depths, smile in the face so fair;  
 List while the glasses click, gaze in the tender eyes;  
 Watch while the glowing wine spreads his carmine dyes.  
 Merrily laugh and jest, quick the wine-glass drain;  
 How the liquid fire flies to heart and brain!  
 Whisper a tender word, touch her lips with thine;  
 But—this is not love, only a glass of wine.  
 Only a ruined life, only a broken heart;  
 Only a wound so deep 'twill never cease to smart.  
 Only a drunkard's grave, only a mother's tears  
 Tell the story now, mark the wasted years.  
 Only a glass of wine, 'tis but a trifling thing,  
 Yet in its limpid glow lurks the serpent's sting;  
 Only a glass of wine, only a merry hour;  
 Only a cup of rue, only a trampled flower.  
 Only the first false step, only a woman's smile;  
 Only the folly of youth, idle hours beguile;  
 Only this, no more, yet we peace resign,  
 When we yield to the spell of only a glass of wine.  
 —The 'Vanguard,' New Zealand.

## Great Anti-saloon Victory in the United States Congress.

Interstate Liquor Shipment Bill Finally Passed.

The incorporation into the Penal Code of the United States on Feb. 17, of an interstate liquor shipment bill introduced by Representatives Humphreys, of Mississippi, and Miller, of Kansas, is the first piece of fundamental legislation squarely recognizing the right of the states to protection, which has been secured since the National Anti-Saloon League was organized. It was accomplished in spite of the frantic efforts of the liquor interests, and is a decisive triumph for organized temperance sentiment.

This measure is not all that is wanted nor all that the League stands for, but by (1) prohibiting C.O.D. shipments; (2) prohibiting delivery to fictitious consignees; and (3) by

requiring all packages of liquor to be so marked as to show their contents, it will afford a basis for further state legislation and is regarded as a tremendous step in advance.

WILLIAM H. ANDERSON,  
 Acting Legislative Superintendent,  
 Anti-Saloon League of America.

## The Cigarette.

(Isabella Patterson, in the 'Pacific Ensign.')

The introduction of anaesthetics into medical and surgical practice was undoubtedly an unspeakable boon to suffering humanity. But like most great and beneficent inventions, it was not entirely devoid of evil results.

In time the soothing and quieting effects of narcotics were desired by the patient when no longer under the care of the physician and surgeon.

Our strenuous modern life makes enormous demands on the nervous system, which being overwrought, rebels, and the sufferer has recourse to the various forms of narcotics. The results are frequently disastrous in the extreme.

To the great host annually destroyed by alcohol, there is now added an immense multitude who go down to death under the spell of the sleep-giving poppy, in its various forms, and of other nerve destroyers, either mineral or vegetable.

All this is sad enough when the victims are of mature years, and should be prepared to exercise judgment in the affairs of life. But when helpless children are enticed into the ways of death, it is more than sad.

The child who becomes addicted to the use of narcotics in any form, is thereby ruined, physically, mentally, spiritually, and there is almost no salvation. Specialists tell us that of boys who become addicted to the use of cigarettes, scarcely one can be restored to a useful, healthy life.

The ordinary cigar or pipe is harmless in comparison with the average cigarette. Nicotine is a most deadly poison, and is terribly injurious to the nervous system. Cigarettes are made of low grade tobacco, which has been saturated with nicotine, arsenic, opium, and every other poison which may be necessary to give strength and flavor. No part of the body escapes the death-dealing effects of the poisonous compound. The use of the cigarette in many cases creates a desire for still stronger narcotics, especially for opium, and the poor child becomes an opium fiend, the most hopeless, wretched, and deplorable of all human wrecks.

We will not dwell at present on the spiritual nor even on the physical and mental destruction involved in these cases. Let us confine ourselves simply to a financial view of the situation; plain, hard dollars and cents.

Five dollars worth of cigarettes consumed during a year, are quite sufficient to implant the habit in a child's susceptible nervous system. The five dollars worth of cigarettes cost the dealer or manufacturer about one dollar. So a child is ruined that some one may make four dollars. Truly children are cheap in this twentieth century.

What did that child cost its parents, in cash alone?

Ignoring, for the present, all toil, care, anxiety, watchfulness, by day and night, what did that child cost in dollars and cents? What did it cost to feed, clothe, educate and care for generally, a boy of ten years of age?

What would that child have been worth to his parents and to the community had he lived to enter upon an active, energetic manhood? We are told by students of sociology that the average money value which a working man adds to the wealth of this world, over and above his own subsistence, is ten thousand dollars. All this is sacrificed that some one may make four dollars.

Suppose it were to the interest of certain parties to administer to horses a substance which would impair their health and efficiency. Would not those persons be at once arrested? Would not every man in the community demand instant and severe punishment for such offenders? Alas, it is not Black Beauty in the stable, but Johnnie in the trundle bed, for whom the trap is set. Poor little Johnnie, who grows thin and sallow, lifeless in play, stupid and indifferent in school. No one observes the change, till it is too late, too late. Johnnie acknowledges he smokes. Tears, prayers, arguments, blows even are useless. He either cannot or will not aban-

don the practice. Alas, that a child should be of less value than a horse!

Let us not forget that there is One who values children, who peoples His realm with the little ones. 'Of such is the Kingdom of Heaven.' Who says, 'Whoso offendeth one of these little ones, it were better for him that a millstone were hanged about his neck, and all were drowned in the depths of the sea.'

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