

"I am an old man—and many of my troubles never happened."—ELBERT HUBBARD

THE white hair and wrinkled faces of our busy men and women tell of doubt, fear and anxiety—more than disease or age. Worry plays havoc with the nervous system—so that digestion is ruined and sleep banished. What oil is to the friction of the delicate parts of an engine—

DR. PIERCE'S Golden Medical Discovery

is to the delicate organs of the body. It's a tonic and body builder—because it stimulates the liver to vigorous action, assists the stomach to assimilate food—thus enriching the blood, and the nerves and heart in turn are fed on pure rich blood. Neuralgia "is the cry of starved nerves for food." For forty years "Golden Medical Discovery" in liquid form has given great satisfaction as a tonic and blood maker.

Now it can be obtained in tablet form—from dealers in medicine or send 50 one-cent stamps for trial box. Write R. V. Pierce, Buffalo.

DR. PIERCE'S PLEASANT PELLETS Relieve constipation, regulate the liver, and bowels. Easy to take as candy.

Watford Flour Mills

We have the following brands of Flour always in stock and can give you close prices on any quantity.

- SUNRISE, First Patent from Manitoba wheat
FIVE ROSE do do do
ROYAL HOUSEHOLD do do do
HORTON do do do
HARVEST QUEEN, 2nd Pat. from Man. wheat
GOLD DUST do do do
RED ROSE, High Grade Blended Flour
NEW ERA, Special Pastry Flour

Get our Prices. They will surprise you. Telephone or leave your order. It will receive prompt attention.

C. B. MATTHEWS & SON. MILLERS AND FEED MERCHANTS

TRENOUTH & CO.

DEALERS IN

Flour, Oat Meal, Corn Meal, Wheat Kernells, Flaked Wheat and Barley. All Kinds of Feed, Grain, Seeds and Poultry Food

We carry the following makes of Flour, which are giving the BEST OF SATISFACTION:

- Five Roses, Harvest Queen, Mitchell's Best, All made from MANITOBA WHEAT.
Mitchell's Pride of the West, a Blended Flour.
Lambert & Son's Gold Dust, a Blended Flour.
Mustard & Son's Eldorado, a Blended Flour.
Pastry Flour, Low Grade Flour, Bran and Shorts made by the above named millers and at close prices.

Bring Your Contracts for Houses, Churches, Barns, Sheds, Verandahs, Etc., to

Watford's Planing Mills

Price Lower Than the Lowest.

Use CYPRESS LUMBER

Recognized as the Leading Lumber of the day.

We Buy Direct From the Largest Mills in the Country, and Can Save You the Middlemen's Profits.

CEDAR POSTS—A Fine Assortment. Chopping. Coal. Electric Light.

Established 1870 GEO. CHAMBERS.

NOTHING BUT THE BEST

Sewing Machines, Mason & Risch Pianos, Gramophones, String Instruments, Music Books and Sheet Music.

New Line Curtain Stretchers

A full stock of Edison Records kept in stock and new ones received each month as they are issued. Repairs kept in stock for all kinds of String Instruments. Several Second-hand Sewing Machines in stock that will be sold cheap

Comfort, Elegance, Durability, and Value are features that our goods are noted for.

Give us a Call and let us see what we can do for you.

HARPER BROS.

Fine Furniture. Phone 31. Funeral Directors

Amaryllis.

Back where dandelions grow Lives my Amaryllis. From her head to tip of toe I love my Amaryllis.

She is plain as plain can be, But she's style enough for me. A dearer one you'll rarely see Than Amaryllis.

Through the woods and o'er the fields Roams my Amaryllis. Ecstasy her sweet voice yields—Amaryllis.

Off she lies there in the sun, Gayly thinking happy one. Glad the day is nearly done—Amaryllis.

I've been offered prices great For Amaryllis. But to sell I somehow hate—Amaryllis.

For to part I don't know how. All my folks would kick, I trow. So I guess I'll keep my cow—Amaryllis.

—Judge.

A Question of Weights.

Senator Borah was talking at a dinner in Boise about an embarrassing question that had been asked at Chicago.

"The question," he said, smiling, "went unanswered. It was like little Willie's query.

"A young gentleman was spending the week end at little Willie's cottage at Atlantic City, and on Sunday evening after dinner, there being a scarcity of chairs on the crowded piazza, the young gentleman took Willie on his lap.

"Then during a pause in the conversation little Willie looked up at the young gentleman and piped:

"'Am I as heavy as sister Mabel?'" —New York Tribune.

"No Successor?"

[The Cubs smiled when they read that the refrain "Thinker to Evers to Chance" would have no successor.—Collier's Weekly.]

This is a slogan that thrills to the ear: "Wagner to Yerkes to Stahl."

More or less trio, o neh'm' as von mir, "Wagner to Yerkes to Stahl."

Three of the mightiest ball playing gents Ever referred to as "stonewall defense." Slip them a lyrical laurel wreath—hence, "Wagner to Yerkes to Stahl."

—New York Mail.

His Job.

"When we had climbed to the top of the mountain we observed an old man sitting on a rock with a pair of glasses in his hands. Every now and then he would squint through them and then let out a yell. Finally I approached him and asked, 'Why do you rubber and holler?' He answered: "Where be ye stoppin'?"

"Down at the Cliff hotel," I answered.

"Then don't take up my time, or I'll lose my job. I'm the famous echo you read about in the advertisements of this here place. Git outer th' way while I squeal!" —Cleveland Plain Dealer.

Not the Proper Gait.

If your gait is bending double Go and remedy the trouble. Do not brace it with a prop—that's not the proper way. Shiftless habits are insidious, and we hope it's not invidious To tell you that to prop a gate will propagate delay. —Chicago Tribune.

How it Was Done.

At a luncheon in New York Dr. Lyman Abbott, sipping a glass of ice cold milk, told a woman suffrage story.

"I had heard a lot," he said, "about the wonderful success of woman suffrage in Australia, so, meeting an Australian woman one day, I asked:

"How did you vote, madam, at the last election?"

"The Australian woman answered with a simper:

"In my mauve pannel gown, sir, with a large mauve hat trimmed with mauve ospreys." —Washington Post.

Changed.

The ladies do the marching now. The men just sit around And let the women show 'em how To make th' skies resound. There was a time when fife and drum Filled men an' boys with joy, But customs now and strange have come Since father was a boy. —Cleveland Plain Dealer.

MAKE THIS TEST

How to Tell If Your Hair is Diseased.

Even if you have a luxuriant head of hair, you may want to know whether it is in a healthy condition or not. 98% of the people need a hair tonic.

Put a hair out of your head, if the bulb at the end of the root is white and shrunken, it proves that the hair is diseased, and requires prompt treatment if its loss would be avoided. If the bulb is pink and full, the hair is healthy.

We want everyone whose hair requires treatment to try Rexall "93" Hair Tonic. We promise that it shall not cost anything if it does not give satisfactory results. It is designed to overcome dandruff, relieve scalp irritation, to stimulate the hair roots, tighten the hair already in the head, grow hair and cure baldness.

It is because of what Rexall "93" Hair Tonic has done and our sincere faith in its goodness that we want you to try it at our risk. Two sizes, 50c. and \$1.00. Sold only at our store—The Rexall Store. J. W. McLaren, Watford.

One View of it.

"But if she makes all her own dresses I should think she'd be a good wife for you. It shows she's industrious and sensible."

"Not for me, thank you. It simply shows how poor her father must be." —Philadelphia Ledger.

The Delay.

"Is your wife nearly ready? We ought to be going."

"She won't be a moment. She's just putting herself into her diamonds." —Fleegende Blatter.

If rich be not elated, if poor be not dejected.—Socrates.

It costs about a dollar for every vote cast in these United States. Did you get your money's worth?

Some of the characteristics of the savage remain with the civilized man. The man who skins his friends can probably trace his ancestry back to some Indian who scalped his enemies.

When women come into general use as jurors, we presume the bandage will be taken from the eyes of justice.

A LINIMENT FOR THE LOGGER.—Loggers lead a life which exposes them to many perils. Wounds, cuts and bruises cannot be altogether avoided in preparing timber for the drive and in river work, where wet and cold combined are of daily experience, coughs and colds and muscular pains cannot but ensue. Dr. Thomas' Electric Oil, when applied to the injured or administered to the ailing, works wonders.

Clear Proof.

Gentleman (who has just picked up a sovereign, to tramp who claimed it) —But how can you prove it belongs to you?

Tramp—Why, guvnor, you can see for yerself—I've got a 'ole in me pocket.—Tit-Bits.

The Doctor's Orders.

Lady of the House—What caused you to become a tramp?

Ragged Rogers—The family physician, mum. He advised me to take long walks after me meals, an' I been walkin' after 'em ever since.

Australian Honey.

Great quantities of honey are shipped out of Australia, much of it going to England.

GOOD HEALTH

Vim and Vitality

Are assured if you will cleanse your stomach of undigested food and foul gases; the excess bile from the liver and the waste matter from the intestines and bowels by the use of

FIG PILLS

the great fruit, kidney, liver, stomach and bowel remedy.

At all dealers 25 and 50 cent boxes or mailed by The Fig Pill Co., St. Thomas, Ont.

Sold in Watford by J. W. McLaren, Druggist.

The Legal Mind.

"I don't see how a lawyer can enjoy a ball game under the present rules."

"What would a lawyer want?"

"I should think they'd want to stop the game after every decision and have it argued and ruled on, with a court of appeals sitting constantly on the side lines."—Kansas City Journal.

Correct.

The men who say Hard work is sweet Are those who live On Easy street.

—Cincinnati Enquirer.

The Retort Courteous.

An Englishman in Dublin was asked by an Irish cab driver if he wished to ride through the city.

"No," replied the Englishman, "I am able to walk."

"Ah, well," remarked the jehu, "may your honor long be able, but seldom willing."—Boston Post.

Merely Prejudice.

We've said it once, And we repeat, Eggplant was never Made to eat.

—Houston Post.

Embarrassment of Riches.

"What are you puzzling about?" "I'm writing a sketch for vaudeville on the current political situation." "Well, you ought to have plenty of good stuff to put in." "That isn't what puzzles me. I've got so much good stuff I don't know what to leave out."—Louisville Courier-Journal.

SOMETHING MORE THAN A PURGATIVE.—To purge is the only effect of many pills now on the market. Parmelee's Vegetable Pills are more than a purgative. They strengthen the stomach, where other pills weaken it. They cleanse the blood by regulating the liver and kidneys, and they stimulate where other pill compounds depress! Nothing of an injurious nature, used for merely purgative powers, enters into their composition.

Asthma Catarrh

WHOOPING COUGHS SPASMODIC CROUP BRONCHITIS COUGHS COLDS

Vapo-Cresolene

ESTABLISHED 1870 A simple, safe and effective treatment for bronchial troubles, without dosing the stomach with drugs. Used with success for thirty years. The air carrying the antiseptic vapor, inspired with every breath, makes breathing easy, soothes the sore throat, and stops the cough, assuring restful nights. Cresolene is invaluable to mothers with young children and a BOON to sufferers from Asthma. Send us postal for descriptive booklet.

ALL DRUGGISTS. Try CRESOLENE ANTISEPTIC THROAT TABLETS for the irritated throat. They are simple, effective and antiseptic. Of your druggist or from us, 10c. in stamps.

Vapo Cresolene Co. 32 Colwell St., N.Y. Learning Miles Building Montreal, Can.

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R. G. KELLY, M.D.

Watford, Ont.

OFFICE—MAIN STREET, formerly occupied Dr. McLeay. Residence Front St. East.

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WATFORD, ONT.

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GEORGE HICKS,

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GRADUATE of the Royal College of Dental Surgeons of Ontario, and of the University of Toronto. Only the Latest and Most Approved Appliances and Methods used. Special attention to Crown and Bridge Work. Office—Over Dr. Kelly's Surgery, MAIN STREET, WATFORD.

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HONOR GRADUATE ONTARIO VETERINARY College, Dentistry a Speciality. All diseases of Domestic Animals treated on scientific principles. Office—One door south of the Guide-Advocate office Residence—Main Street, one door north of Dr. Brandon's office.

GRAND TRUNK RAILWAY

BRAND TRUNK SYSTEM

TIME TABLE.

Trains leave Watford Station at follows

GOING WEST Accommodation, 27 8 44 a.m. Accommodation, 29 2 45 a.m. Chicago Express, 5 9 27 p.m.

GOING EAST Ontario Limited, 46 7 46 a.m. Accommodation, 25 12 08 p.m. New York Express, 2 3 00 p.m. Accommodation, 30 5 16 p.m.

C. VAIL, Agent Watford

STAGE LINES.

WATFORD AND WARWICK STAGE LEAVES Warwick Village every morning except Sunday, reaching Watford at 11.50 a. m. Returning leaves Watford at 3.45 p. m. Passengers and freight conveyed on reasonable terms. C. LARKINS, Prop.

WATFORD AND ARKONA STAGE LEAVES Arkona at 7.45 a. m. Wabesch at 3.45 a. m. Returning leaves Watford at 3.45 p. m. Passengers and freight conveyed on reasonable terms.—WILLIAM EVANS Prop.

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Family Herald and Weekly Star

with premium \$1 85

Weekly Mail-Empire with premium 1 85

Weekly Farmers Sun 1 85

Weekly London Free Press 1 85

Weekly London Advertiser 1 65

Weekly Globe 1 85

Northern Messenger 1 40

Weekly Montreal Witness 1 85

Hamilton Spectator 1 85

Weekly Farmer's Advocate 2 35

Daily News 2 50

Daily Star 2 50

Daily World 4 00

Mail and Empire 4 00

Morning London Free Press 4 00

Evening London Free Press 3 00

Daily London Advertiser 3 00