

W. C. T. U. Notes.

Woman's Christian Temperance Union first organized in 1874.

Aim.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

Motto.—For God and home and Native Land.

Badge.—A knot of White Ribbon.

Watchword.—Agitate, educate, organize.

Let us not therefore judge one another any more, but judge this rather, that no man put a stumbling block or an occasion to fall in his brother's way. Rom. 14:13.

business meeting of the W. C. T. U. on the last Monday of every month.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. B. O. Davidson.

1st Vice President—Mrs. G. W. Miller.

2nd Vice President—Mrs. J. G. Elderkin.

Recording Sec'y.—Mrs. Ernest Redden.

Cor. Secretary—Mrs. W. O. Taylor.

Treasurer—Mrs. H. Pinedo.

SUPERINTENDENTS.

Evangelistic—Mrs. J. G. Elderkin.

Parlor Meetings—Mrs. D. G. Widden.

Labrador Work—Mrs. J. W. Vaughan.

Fisherman and Lumbermen—Mrs. W. E. Fielding.

Loyal Temperance Legion—Mrs. W. O. Taylor.

Flower, Fruit and Delicacies—Mrs. A. W. Bleakney.

Press and Willard Hall—Mrs. M. P. Freeman.

White Ribbon Bulletin—Mrs. Hutchinson.

Temperance in Sabbath-schools—Mr. C. A. Patriquin.

BEER ALCOHOLISM.

(By Miss Myrtle Thunderbolt.)

Dr. A. Holtischer, of Karlsbad, a member of the House of Representatives, of Czecho-Slovakia, and Secretary of the International Medical Association, in a paper read before the Fifteenth International Congress Against Alcoholism, which met recently in Washington, asserted that beer, being an alcoholic liquor, is responsible for a great deal of the alcoholism of Europe and that a solution of the alcohol problem is not possible as beer remains unattacked.

"Some old-fashioned people believe," observed Dr. Holtischer, "that encouraging the consumption of beer as a substitute for spirits, one contributes to the fight against alcoholism. This notion is erroneous."

"The supposition that alcohol taken in the form of beer is less harmful than that taken in the form of distilled liquors is entirely without foundation. Alcohol remains alcohol, Dr. Holtischer maintains under whatever form it is introduced into the organism. The great dilution of the alcohol in beer may make it a little less harmful for the mucous membranes of the throat or of the stomach, but as soon as alcohol is absorbed into the blood, it is the quantity of liquor which has been taken and not its form which matters. Not only nations but individuals are in many countries bringing more absolute alcohol into their organism, through beer than through spirits drinking."

The danger which results from beer drinking was described as more insidious than that caused by other alcoholic liquors. The great masses of the people still regard beer as an innocuous, useful drink. Beer drinking in Germany is still associated with every act of life—even during the war great quantities of barley were destroyed in the manufacture of beer because the authorities were afraid to deprive the people of their beer.—White Ribbon Bulletin.

NORTH GRAND PRE NOTES.

Mrs. Maurice Dimock, who has been spending some weeks in Halifax, returned home last week.

Mr. Ernest Eagles spent last week-end at his home here.

Mr. Stirling Taylor, of Hortonville spent a few days last week with Mr. and Mrs. Harry Palmeter.

The ultimate of an excessive wage rate is at hand. Hosiery workers at Lowell, Mass., are now asking to have their wages cut, preferring lower wages to idleness.

The Open Heart.

A Song for the Christmas Season. (By Ethelbert D. Warfield.)

The old year passes swift away,

The Christmas-tide is here.

The shortening days, the stormy nights

Cry out for Christmas cheer.

Pile on the logs, heap up the fire,

Let every luster glow.

Fetch out the shining tankards bright,

Hang up the mistletoe.

Fling wide the curtains, let the light

Shine ruddy 'thwart the snow,

The Christmas waits their carols sing.

All standing in a row!

Right soon the tripping dance will bring

A rush to every face,

As old and young with hand in hand

The antique figures trace.

Alas! Alas! the world grows cold.

Old customs are forgot.

The open door the open hearth,

The new age knoweth not.

No laughing children watch to-night

The fore-log's tongues of flame,

No throng of loyal servants join

In mercy quip and game.

The open hearth—the open door,

The hearty household ways

No longer reign with mirth and mirth

These calculating days.

Yet Christmas love still rules the world,

The open heart abides,

And while the world keeps open heart

God bless its Christmas-tides!

Then open wide the heart to-night

And let the Lord Christ in;

Yea, fling the generous portals wide

That forth a flood may win

To fill the world with Christmas cheer,

To drown with joy its woe;

Let customs wane, if love remain

The Christ still dwells below.

SOME PRICES DOWN IN NOVEMBER.

During the month of November, the prices movement continued downward, according to the statement compiled for publication in the Labour Gazette.

In retail prices the average cost of a list of goods in sixty Canadian cities was \$15.32 at the middle of November, as compared with \$15.83 at the middle of October, \$14.23 for November, 1919, and \$7.96 in November 1914.

The Labor Department's index number of wholesale prices was down to 304.2 for November, as compared with 317.6 for October, 307.7 for November, 1919, and 135.7 for November 1914.

In wholesale prices, the chief decreases were in grains, animals and meats, miscellaneous foods, textiles, metals, coke, paints, oil and glass, chemicals and raw furs. There were slight increases in prices of dairy products and fresh vegetables.

In retail prices the chief decrease for the month was in sugar, but there were slight decreases in the other items. Potatoes and eggs were somewhat higher in price.

There were some increases in the price of fuel and rents.

One of the queerest newspapers in the world is the Kamloops "Wawa," a paper printed entirely in shorthand for the British Columbia Indians in the Fraser River district.

Slaughter of Men's Overcoats

British Military Cloth, Civilian dyes, Canadian styles, D. B., Converto Collars, Browns, Blues, Greens. Measure under arms, over suit coat, add inch, and mail.

\$24.50

Worth twice. Satisfaction Guaranteed.

Famous Fit Tailoring Co.

130 Hollis, Halifax

THE SPIRIT OF SANTA CLAUS

The good old man has many names and the preparation for his coming is different in various lands. But though in some places he is called Santa Claus, and in others Kris Kringle, and in others Father Christmas, or Saint Nicholas, he is really in all lands and in all languages the same spirit of good doing and loving kindness. Saint Nicholas is not a person but a spirit.

Long, long ago there was a real man named Nicholas who was very rich and who had fine possessions, but he was not happy. The sight of poor and suffering people saddened him, and he decided that only by giving comfort to others could he hope to know true happiness himself. In the night, when the townsfolk were in bed he went from house to house in the poor neighborhoods and left upon the windowsill gifts that would enable the poor to buy for themselves warm clothing and good food, and all these gifts he gave in secret so no one would know him to thank him and no one could trace the source of the blessings. But the doer of good deeds is always discovered, and one night a poor man waited until he saw the mysterious hand place a purse upon his windowsill. Then he caught up a lantern and running to the door saw Nicholas leaving his gift at the next house. "Thank you, thank you," cried the poor fellow. "Do not thank me," said Nicholas, "thank God, who has sent me to you for his blessing." When this good man died people called him Saint Nicholas, and his memory prompted others to go on with the good work he had begun.

The best part of carrying on the work of Saint Nicholas was that it was done in secret. Nobody knew who to thank, but

better still was the noble spirit that caused men and women to give gifts for which they could receive no "thank you." They gave, and they gave in secret, just for the love of doing good, and for the joy of giving happiness to others. This is the spirit of Santa Claus, that slips each year into the hearts of men and women and boys and girls and which prompts them to slip gifts into the stockings of their friends on Christmas Eve.

The School Board of Calgary want the provincial Government to introduce into the schools a "course in manners" for the girls and boys of that growing western province.

Canada's available anthracite is estimated at 2,157 million tons.

CANT SELL BEEF CATTLE.

Farmers throughout the eastern part of the province are experiencing great difficulty in disposing of beef cattle this year. There is no market at any price for beef and the price of feed does not warrant the holding their stock over. Last week one man from Judique, C.B., went to Montreal with five carloads in an effort to dispose of the lot and then had to take a small price to sell at all. Eastern Chronicle.

More than 78 per cent. of the total water power in use in Canada is publicly controlled.

Canada has 37,000 square miles of peat bogs.

Advertisement for TIP TOP TEA. Includes an illustration of a tea box and a teapot. Text: "As the electric telegraph was an advance over previous methods of communication, so is 'TIP TOP TEA' an advance in quality over all other teas."

Large advertisement for REGAL FLOUR. Features the word "REGAL" in large, stylized letters. Text: "The Big Value in FLOUR for Bread, Cakes & Pastry. The St. Lawrence Flour Mills Co. Limited. Montreal, P.Q. Halifax, N.S."



We wish our customers one and all a Very "Merry Christmas" and a "Happy and Prosperous New Year" and we thank you kindly for the generous patronage accorded us during the past year, and trust that we shall have your support during the "New Year."

We thank you.

THE PALMS

E. C. H. YOUNG, Proprietor

Phone 238

A Savings Pass Book

IS THE BEST

Christmas Gift Book

ESPECIALLY FOR THE CHILDREN

Start the New Year with Savings Accounts for each one of them in

The Royal Bank of Canada

Capital and Surplus \$38,000,000. Total Resources \$600,000,000 (Over 700 Branches)