

THE COURIER
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MONDAY, JUNE 17, 1918

THE SITUATION

The long forecasted Austrian offensive has been finally launched on a front of one hundred miles, and everywhere the attacking forces are being held by the Italian, French and British defenders. Initial gains made by the enemy in the first impetus of the offensive were dearly bought, more than three-thousand prisoners being taken by the allies, in addition to the killed and wounded. The Austrians gained a foothold on Monte Grappa, but are being held in check, and have been repulsed from advanced positions which they reached after succeeding in crossing the Piave river, the city of Treviso being their objective. The battle is continuing to-day, and is developing satisfactorily to the allied defenders. Activity upon the west front is confined to local operations, in which both the French and British improved their positions, and took some prisoners. All attention is now centered on Italy.

WHAT ABOUT THE DOG?

Brantfordites who have fallen in line with the Thrift League movement for war gardens, have frequently had cause to complain of damage done to their vegetable and flower beds by dogs running at large, and a remedy is generally desired. That the annoyance is one which is being widely felt, is evidenced by the following from the Fort William Times-Journal:

What is to be the result when two societies, both of eminent respectability, come into conflict?

The society for the prevention of cruelty to animals has other views than the society for the prevention of cruelty to gardens.

Who knows but what the delicate sweet pea, the gaudy dahlias and the succulent French Bean have not just as tender feelings as old dog Tray—whose name, by the way, being of German origin, should be changed. Let us call him Fido, which is more like the tongue of one of our allies.

The chief trouble is that Fido can yelp when he gets a whack with a broom handle, when he sees the beans and dahlias, not being able to make a sound that is audible to human ears, are set down as senseless, reckless creatures, whose tortures when they are rolled upon or scratched up by Fido, can be smiled upon with the same cold-blooded indifference as was shown by the head tormentor of King John when he extracted Jew's teeth for their debts.

Because Fido yelps, it is cruelty; because the turnip is dumb, it is justifiable vegetable.

No one but has a kindly feeling for Fido, when kept within bounds, just as every one, who is worth anything, likes children. But no one need be called upon to enjoy seeing a dog rolling over his flower garden or a pair of them using his carrot bed as a wrestling mat, any more than one can be made to delight in having a new silk skirt pawed over by the stained fingers of even the most fascinating urchin, or being whacked over the head and shins by the bats and toy swords of the loveliest pair of twins.

Prevention of cruelty to dogs and to children would be greatly fostered by a little judicious disciplining of both.

WHAT IS A CALORIE?

Since food conservation has become a vital factor in carrying on our war against Germany, the laymen has encountered in his reading the new word calorie. This word, which formerly appeared only in scientific journals, now jumps at once from the daily papers, from the magazines, agricultural and trade press. As a result many are asking, "What is a calorie?"

When fuel is thrown on a fire under a boiler, heat is produced. This heat is required in order that the engine may perform its work. To do work of any kind requires energy. Food, used or burned in the human machine produces energy to maintain the normal heat of the body and to do its work. Work done by the body comprises not only that which requires muscular or mental exertion, but also involuntary exertion such as the heating of the heart, the expansion of the lungs, etc. The chemical process within the body which transforms our food into energy is similar in nature to the process which takes place when fuel is burned over fire—though, in the body, the burning takes place very slowly and in every tissue, instead of in one central place. The values of food is determined by the amount of energy it

yields to the body; and it also has a building and regulating function. It was necessary that a unit be established for measuring the amount of heat produced when food was completely burned. The unit chosen or universally adopted as the unit for measuring fuel values or energy value for any kind of food is called the calorie. It represents the same principle in measuring as the inch or foot, the unit of measuring length; the pint or gallon, the unit of volume; and the ounce or pound, that of weight. The calorie is the amount of heat required to raise the temperature of one kilogram of water one degree centigrade or one pound of water approximately four degrees, Fahrenheit. Our requirements of food, so far as the amount is concerned, can therefore be expressed in the number of calories needed for each person per day. It must not be forgotten that the calories must be derived from the proper kinds of food.

WHAT AN INCH OF RAIN IS.

(New York Times.)
When the weather bureau reports that an inch of rain has fallen it means that the amount of water that descended from the sky in that particular shower would have covered the surrounding territory to a depth of one inch, if none of it had run off or soaked into the ground.

It means that on one acre of ground enough water to fill more than 600 barrels of 45 gallons each has fallen. That quantity of water weighs more than 110 tons. If the rainfall covered 1,000 acres, which would be a very small shower indeed, 113,000 tons of water would fall from the clouds.

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MEMORIAL SERVICE

WAS HELD BY A.O.F.

Foresters Paraded to Alexandra Church in Full Strength Last Night

Last night 170 members of the local lodges of the Ancient Order of Foresters held a memorial parade to their brethren who have been killed in action. From Foresters Hall they marched in a body to Alexandra Presbyterian Church. The service throughout was one of sincere devotion suitably memorializing those who have "gone west" for the sake of these at home. Rev. C. S. Oke, after welcoming the Foresters on behalf of the congregation, preached a most inspiring sermon on "Sun of My Soul," the pastor adapting his program to the occasion of the Foresters' service. He gave a brief outline of the life and work of John Keeble, the writer of the poem.

Keeble was a brilliant student and graduated from a theological college early in life. During a term of years in the cloth he preached a sermon which was the beginning of the noted "Oxford" movement. This poem of his had been written not with visions of personal fame but with an outlook for the comfort of the bereaved fellow creatures. And in the stress of to-day its text brings relief to those of us who have sacrificed dear friends. Brave men have left the fireside without hesitation. The intricacies of the powers were nothing to them as their country needed their assistance. That was sufficient, into battle they have gone and many have returned but each of those brave fellows helped by his death to form a bulwark for the protection of those who could not fight. That was their faith in us. The question comes "Are we helping the faith of our men?" These men believed great things possible for Canada.

They asked little and gave all. The late Col. McCrea's "In Flanders Fields" fittingly commends the memory of Canadians who have sacrificed their lives to their beloved ones at home. "They shall not die! Their memory shall live with the ages."

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CLEANING YOUR TEETH BY THE YARD.
Tooth brush drill, at the longest was basin in Canada, by pupils of Forest Open Air School in Victoria Park, Ontario, under the supervision of Principal A. W. Edmison.

THRIFT GARDENS WERE INSPECTED

Seven Hundred Plots, All in Splendid Condition, Visited on Saturday

On Saturday afternoon the garden section of the Brantford Thrift League made an inspection of the many gardens which are being worked by citizens securing plots from the League. There are over 700 gardens in this district and the varied nature of the ground all were in fairly good shape, although had the drip been detracted two or three weeks the garden would have made a more "presentable appearance." Last year there were but 300 Thrift League gardens worked which shows what marked strides have been made in gardening in the course of a season.

With a number of guests the members of the League first motored to the West Brant district allotment. The gardens which were inspected in all parts of the city with gardens that have never or seldom been seen the thorough of the plough. The gardeners had some exceptionally fine potatoes which from appearances will be ready for a Dominion Day dinner. Myerson School has been working in the garden which the pupils of the school show great enthusiasm in. Small rows are allotted to each scholar to experiment with their each individual kind of vegetable. In this large garden is kept in this long rows of nice appearing vegetables of the "hardier" type are being grown. A class of girls of the Ballant Street Church known as the "Willow Workers" have a fine garden of over a quarter of an acre of land, the produce from which they expect to sell for some patriotic purpose.

BULGAR CABINET RESIGNS OFFICE

Feeling Strong Against the Premier's Attitude on Peace With Roumania

The downfall of Premier Radolovoff most probably is due to the feeling in Bulgaria that he did not feel in this section his opportunities in the negotiations during which peace was forced on Roumania, and the Dobruja, King Ferdinand has accepted it. The ministers were requested by the King to retain their portfolios until a new cabinet is formed.

FOURTH LIBERTY LOAN.

Washington, June 17.—The fourth liberty loan this fall, probably will be for at least \$6,000,000,000 and is likely to be floated in October. This was indicated in an announcement by the Treasury Department, published to-day that in preparation for the fourth loan about \$6,000,000,000 in certificates of indebtedness will be issued within the next four months. They will be offered in blocks of \$750,000,000 each, every two weeks, beginning June 25, will bear 4 1/2 per cent. interest and will have varying maturity periods, none exceeding four months.

SUNKEN SHIPS SALVAGED

By London, June 17.—From January 1915 to the end of May, 1918, 407 ships sunk by the Germans in British waters have been salvaged according to details of the work of the admiralty salvage department made public in the press today. Up to December 1917, 260 ships were recovered. In the present year to the end of May, 147 have been salvaged, the increase being due to improved methods and not to the greater activity of the submarines.

CHILDREN CRY FOR FLETCHER'S CASTORIA

Abundant health is assured when there is good blood in the veins. Food's richness makes the medicine to use blood. Begin taking it now. It is just what the system needs at this time, and will give you great strength, sharpen the appetite, stabilize the nerves.

BOYS' SOFTBALL LEAGUE FORMED

Schedule For Season Adopted—Six Teams Have Entered

The following schedule for the Boys' Softball League has been adopted: (First named team is "Home" team) Thursday, June 20—Dodgers vs. Patersons; Wasps vs. Brants; Bluebirds vs. Beavers. Monday, June 24—Dodgers vs. Wasps; Patersons vs. Bluebirds; W. Brants vs. Beavers. Thursday, June 27—W. Brants vs. Dodgers; Beavers vs. Patersons; Wasps vs. Bluebirds. Tuesday, July 2—Bluebirds vs. Dodgers; Patersons vs. W. Brants; Beavers vs. Wasps. Thursday, July 4—Dodgers vs. Beavers; Patersons vs. Wasps; W. Brants vs. Bluebirds. Monday, July 8—Patersons vs. Dodgers; W. Brants vs. Wasps; Beavers vs. Bluebirds. Thursday, July 11—Wasps vs. Dodgers; Bluebirds vs. Patersons; Beavers vs. W. Brants. Monday, July 15—Dodgers vs. W. Brants; Patersons vs. Beavers; Bluebirds vs. Wasps. Thursday, July 18—Dodgers vs. Bluebirds; W. Brants vs. Patersons.

A NERVOUS BREAKDOWN

When the Blood is Out of Order the Nerves are in a Starved Condition.

The nerve system is the governing system of the whole body, controlling the heart, lungs, digestion and brain; so it is not surprising that nervous disturbances should cause acute distress. The first stages of nervous debility are noted by irritability and restlessness, in which the victims seem to be oppressed by their nerves. The matter requires immediate attention, for if neglected, a complete breakdown of the victim, however, need not despair for even severe nervous disorders may be cured by improving the condition of the blood. It is because Dr. Williams' Pink Pills actually make new, rich blood that this medicine has cured extreme nervous disorders after all other treatment had failed. The nerves thrive on the new blood made by these pills; the appetite improves, digestion is better, sleeplessness no longer troubles the former nerve-shattered victim, and life generally takes on a cheerful aspect. Every sufferer from nerve troubles, no matter how slight, should lose no time in giving Dr. Williams' Pink Pills a fair trial, thus regaining their old-time health and comfort. Mrs. Victor Booth, Patry Sound, Ont., offers proof of the value of Dr. Williams' Pink Pills in nervous troubles. She says: "Some years ago I was taken ill with typhoid fever. The attack was not a severe one and after a few weeks I was around again. But I did not recover my former strength, and my nerves began to give me trouble. The trouble went on from one stage to another until finally St. Vitus dance developed. I was under the care of our family physician but my condition appeared to be growing worse. It was at this stage I decided to try Dr. Williams' Pink Pills, and after taking a couple of boxes I could see they were helping me. I continued taking the pills until I had used eight boxes when my health was fully restored, and I have since continued to enjoy that blessing. I have recommended the pills to others, and I always keep them in the house, having proved their great value."

CHILDREN CRY FOR FLETCHER'S CASTORIA

FOR FLETCHER'S CASTORIA

Children Cry for Fletcher's Castoria

FOR FLETCHER'S CASTORIA

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FOR FLETCHER'S CASTORIA

Margaret Garrett's Husband

By JANE PHELPS

CHAPTER LXXXIII
Alone with Unhappy Thoughts
The next morning Bob packed his grip and left for Chicago. He gave me a carefree kiss, and many caresses as to keeping him advised against Donald's condition. With an inconsequent good-bye, and a wave of the hand he left me.
I scarcely know what I expected of married life; but I was not getting my due—at least I felt that I was not. I was naturally not only affectionate but demonstrative. I wanted to love, and to be loved. I wanted to tell Bob that I loved him, and I also wanted him to assure me of his love. I wanted to fondle him, and I wanted to be fondled in return. I felt cheated—at times, as if life had withheld something from me, something I had a right to expect, and I was dissatisfied accordingly.
So now that I was left alone I spent the days and most of the nights in a state of gloomy, good-for-nothing, but because Bob had gone away, but because he had not assured me of his undying love before he went.
Donald steadily improved and yet I did not send to mother to bring little George back. I wanted to get the new maid broken in, and then, too, I felt almost too worn out to take the care of him. But a couple of days before Bob was to return I sent for her.
"What in the world have you been doing with yourself?" mother said as soon as she came in.
"Nothing, why?"
"You look dreadfully ill; why I believe you look as old as I do. Are you feeling sick?" she asked anxiously.
"No, I am all right. Of course I am tired with taking care of Donald, then you know that I never sleep when Bob is away."

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