

Used in Millions of Tea Pots Daily—Every Leaf is Pure

Every infusion is alike delicious

"SALADA"

Black, Green or Mixed Sealed Packets only.

Save These "Perfect Seal" Jars. They are the very finest preserving jars, and hold 3 pounds of...

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Says inside-bathing makes any one look and feel clean, sweet and refreshed.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important...

COURIER AGENTS

The Daily Courier can be purchased from the following: MRS. BLASHILL, 64 West St. JOHN McCANN, 210 West Street...

Good Night Stories

The Errand of the Raindrop. Mother thought it best that Bettie remain indoors while it was raining...

"Oh, dear, I hate a rainy day!" cried Bettie. Suddenly a raindrop much larger than the rest splashed on the window-sill...



"How would you like a sail with me?" asked the Rain Fairy. "That would be glorious, but I am too big for your airplane," replied Bettie.

"Oh, I'll fix that," said the Rain Fairy as she touched the window with her wand. It opened wide and Bettie stepped out on the sill...

The Rain Fairy tucked Bettie in the airplane and away they sailed. The houses and churches grew smaller and smaller...

LATEST TOGGERY FOR THE SUMMER GIRL—AS SEEN AT PALM BEACH



This Palm Beach girl is wearing the latest outfit in the line of "simple" summer clothes. Note the peculiar shape of the hat and the huge size of the bag which is flowered to match the large pattern on dress.

SIDE TALKS

BY RUTH CAMERON

WHY I DON'T ANSWER

Truly I do not mean to be rude or unappreciative or unsympathetic. That explanation is meant for a certain class among my readers...

GOLD SHIPMENT

New York, March 14.—Another shipment of gold amounting to \$7,200,000 has been received from Canada at the United States assay office here...

Why Hair Falls Out

Dandruff causes a feverish irritation of the scalp, the hair roots shrink, loosen and then the hair comes out fast. To stop falling hair at once and rid the scalp of every particle of dandruff...

LADY'S DRESS

By Anabel Worthington.

Any one can trace the newest style features in this model—one with special interest because it may be developed in material that will proclaim it for wear in going the round of household duties...



Rippling Rhymes

WHILE LIVING

If you believe I'm saving wood as well as any fellow could, hand me a word of praise; without encouragement I feel I vainly ply the rusty steel...

Do The Bristles

Come Out of Your TOOTH BRUSH?

Aggravating, Isn't It?

It is hard to get good tooth brushes these days, owing largely to war conditions.

The French brushes are the best, but are only being received in this country in small quantities.

We have just received a consignment of Best Quality

French Toothbrushes

Are no higher in Price just 25c each And Everyone Guaranteed

G. Brander

RU GGIST Corner of Market and Dalhousie Streets Phone 430

LENTEN RECIPES FOR HOUSEWIFE

Salmon Loaf

Drain a 1 lb. can of salmon and save the liquor. Chop the fish fine and pick out the bones...

Fried Haddock

Cut the fish in squares, wash and wipe dry; take 1-2 cup flour, 1-2 cup of Indian meal and 1 tablespoonful salt...

Valuable Suggestions for the Handy Homemaker—Order any Pattern Through The Courier. Be sure to State Size

Our Daily Pattern Service

LADY'S DRESS

By Anabel Worthington.

Any one can trace the newest style features in this model—one with special interest because it may be developed in material that will proclaim it for wear in going the round of household duties...

The plain waist in surplice style has its fullness slightly gathered at the lower edge and the fronts faced with contrasting goods...

For a street dress serge, gabardine, taffeta, satin and similar weaves may be considered, with trimming in opposing color or with braid or embroidery as decoration...

The dress pattern No. 8,183 cuts in sizes 36 to 44 bust. To make in size 36 requires 5 1/2 yards of 36 inch material and 3/4 yard of contrasting goods...

To obtain the pattern send 10 cents to the office of this publication.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J.C. Hathorn In Use For Over Thirty Years CASTORIA

SUTHERLAND'S THE NEW Wall Decorations for 1917 are Beautiful. Notwithstanding the great increase in the price of everything, the NEW WALL PAPERS are marvels for the money...

Then shall the King say unto them on his right hand..... "I was an hungred, and ye gave me meat; I was thirsty, and ye gave me drink..... naked, and ye clothed me....." Then shall they answer him, saying—"Lord, when saw we thee an hungred, and fed thee? or thirsty, and gave thee drink?or naked, and clothed thee?" And the King shall answer..... "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me". Overseas, in ravaged Belgium, more than 3,000,000 of "the least of these" are hungry, thirsty, thinly clad—looking to us! Have you done what you could for any of them? Whatever you can give, send your subscription weekly, monthly or in one lump sum to Local or Provincial Committees or SEND CHEQUES PAYABLE TO TREASURER Belgian Relief Fund 59 St. Peter Street, Montreal The Greatest Relief Work in History.