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on a wire gridiron or toaster, and set in a very hot oven over a pan. Turn, and brown lightly and quickly. Serve, if you choose, with eggs, or veal cut-lets.

Larded Fillet of Beef.—Have a fillet of beef larded at the butcher-shop. Place it on a rack in a pan, sprinkle with salt and pepper, dredge with flour, and put small slices of pork on the bottom of the pan. Bake in a hot oven 20 to 30 minutes, basting frequently.

Steamed Suet Pudding.—Chop $\frac{1}{2}$ lb. suet very fine. Sift into a bowl 1 pint flour, 2 teaspoons baking powder, $\frac{1}{2}$ tea-spoon salt. Add $\frac{1}{2}$ pint sugar, then stir in the chopped suet. Make a hole in the center. Put in yolks of 3 eggs, well beaten, gradually add $\frac{1}{2}$ pint milk, and stir all into a smooth batter, then add the whites of the eggs beaten to a stiff froth. Stir through the batter over a cupful of drained apricots, stewed dried peaches, or raisins, to suit the taste, then turn all into a buttered mould. Cover tightly, and steam 2 $\frac{1}{2}$ hours. Serve with cream and sugar, with a little nutmeg grated in, or with pudding sauce.

Vanilla Sauce.—Half-cup butter, 1 cup sugar, 2 cups water, 1 large tablespoon flour mixed with the sugar or a little water. Cook, then flavor with vanilla.

Cream Sauce.—Half-cup butter, 1 cup powdered sugar, $\frac{1}{2}$ cup cream, 1 teaspoon vanilla. Stir over hot water until creamed.

Uncle Tom Pudding.—To 1 cup flour add 1 small cup minced suet, a table-spoonful brown sugar, 2 cups dark molasses, 1 teaspoon ground ginger, 1 of cinnamon, 1 of allspice, 1 of soda. Beat up 2 eggs, mix with 1 cup milk, and add. Beat well, pour into a buttered mould, and steam 2 $\frac{1}{2}$ or 3 hours. Serve with sweet butter sauce, made by beating butter and sugar together.

An Easy Fruit Pudding.—Make oatmeal porridge and add to it a little black molasses, spice and fruit to taste. Boil again, thicken a little with flour if you choose, and serve with sauce. Oatmeal, also a heat-producer, should be served frequently during cold weather.

CELERY RELISH.

Having seen in a recent issue of "The Farmer's Advocate" a query re celery relish, will send a recipe, which we have found very good.

One peck green tomatoes, 6 heads celery, 12 sour apples, 6 large onions. Chop all fine, then add the following: Four cups brown sugar, $\frac{1}{2}$ cup mustard, 3 table-spoons cassia, 4 table-spoons salt, 1 table-spoon curry powder, 1 teaspoon pepper, 3 pints good vinegar. Boil all together for one hour.

Hoping this will be of help, I remain,
Bruce Co., Ont. SEAMSTRESS.

News of the Week.

CANADIAN.

At the Carnegie Hero Fund meeting, held recently in the United States, the two Carnegie silver medals awarded for conspicuous heroism during a certain time, were passed over to Canada. One, with \$2,000 for educational purposes, was awarded to Doris Lewis, a girl of fourteen, who, under particularly difficult circumstances, at Cowansville, Que., on November 25th, 1911, saved Benjamin Draper, a boy of seven, from drowning. The other was given to the father of Frank Beagmont, age 36, farmer and boatman, who lost his life on July 27, 1912, when trying to save a nephew from drowning in Muskoka Lake.

A remarkable award of \$20,000 was last week awarded, in Calgary, to Miss Louise Collard, a school-teacher of Nanton, who sued Martin James Armstrong, of the Nanton Valley Ranch, for breach of promise.

Both Houses of Parliament reassembled in Ottawa on January 14th, after the four weeks' Christmas adjournment.

There is a scheme afoot for securing a large tract of land in the Maritime



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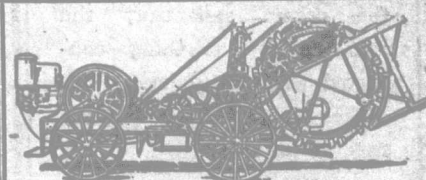
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