Could Not Sleep In The Dark.

Doctor Said Heart and Nerves Were Responsible.

There is many a man and woman tossing night after night upon a sleepless bed. Their eyes do not close in the sweet and refreshing repose that comes to those whose heart and nerves are right. Some constitutional disturbance, worry or disease has so debilitated and irritated the nervous system, that it cannot be

Mrs. Calvin Stark, Rossmore, Ont., writes:- "About two years ago I began to be troubled with a smothering sensation at night, when I would lie down. I got so bad I could not sleep in the dark, and would have to sit up and rub my limbs, they would become so numb. My doctor said my heart and nerves were responsible. I saw Milburn's Heart and Nerve Pills advertised and got a box te try them. I took three boxes and can now lie down and sleep without the light burning and can rest well. I can recommend them highly to all nervous and run down women.

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BLOOD & NERVE TONIC.

They are unequalled for Biliousness, Sick Head ache, Constipation, Heart Palpitation, Indigestion, Ansemia. Write for sample and booklet of testimonials. 50c. a box at all dealers, or THE ELECTRIC BRAN CHEMICAL CO. LIMITED Ottawa

There is more than one joke concealed among the dry statistics of the United States Postal Guide. For instance, there is the name of a post office in a little hamlet in Lincoln County, West Virginia.

The inhabitants of the neighborhood made the usual petition for the establishment of an office, and the Department, after determining to grant the request, made inquiry as to the name which the petitioners wished the office to bear.

"We don't care what you call it," came the reply, "only we want a post office." And Wewanta it remains to this day.

A year ago a manufacturer hired a boy. For months there was nothing noticeable about the boy, except that he never took his eyes off the machine he was running. A few weeks ago the manufacturer looked work to see the boy standing beside his desk.

"What do you want?" he asked.

"Want me pay raised."

"What are you getting?" 'T'ree dollars a week '

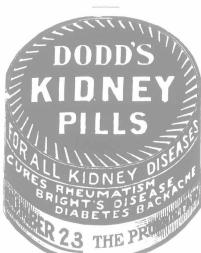
"Well, how much do you think you are worth ?"

"Four dollars."

"You think so, do you?"

"Yessir, an' I've been t'inkin' so for t'ree weeks, but I've been so blamed busy I ain't had time to speak to you about

The boy got the raise.



QUESTIONS AND ANSWERS.

Have a filly rising three years old that is quiet and gentle every way until hitched, but will then switch and kick over the tongue and seems full of bad temper.

Ans.-The early education of the colt has, evidently, been neglected. If she had been trained along the lines suggested in the prize essays on the training of colts recently published in these columns, the trouble might have been avoided. The article in our February 3rd issue, on how to stop a horse from kicking in harness, may be helpful in solving the problem.

MAMMOTH CLOVER-FOAL'S KIDNEYS.

1. Will mammoth clover do well on the same ground the second year? Mine was good pasture all fall. If it grows well, is there any other reason the seed would not be good under favorable circumstances?

2. What is good to keep a foal's kidneys right? How much nitre could be given twice a week?

Ans.-The mammoth clover will probably remain and produce a crop this coming summer. If it does not, the pasturing last autumn may be held responsible, in part, at least. Mammoth clover is biennial under some conditions, and perennial under others, though it is not usually a long-lived perennial. has a stronger habit of growth than the medium red, and is, accordingly, rather better adapted to thrive under adverse conditions once it has obtained a foothold. If the growth is satisfactory, we are aware of no reason why the yield and quality of seed should not be satisfactory.

2. Good feed, pure water, exercise and cleanliness. We strongly advise against the habitual administration of drugs. A carrot or two may be fed once a day with advantage.

WORMS IN PIGS-SWINE COM-MISSION'S REPORT - CROSS FRENCH - CANADIAN COWS WITH HOLSTEINS.

1. Give cause, prevention, and cure, for worms in pigs.

2. Did the Government send a Commission to Denmark to inquire into the bacon industry in that country? If so, what is the result; is there any report to be had?

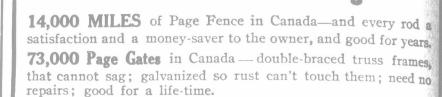
3. Do you think it would be a good cross to mate what we call native cows, I believe their official name is French-Canadian cattle, with a Holstein bull?

P. T. S. Ans.-1. The hog is host for a variety of worms. Among the worms more common to the species are the pinworm, the long hreadworm, the roundworm, (most com mon), thorn-headed worm, and the kidney-worm. The cause is not easily accounted for. The seat of pinworms is the rectum. They are usually about 1/2inch long, and white. Clean out the rectum with injections of warm water. Infuse 2 ounces of quassia chips in one pint of boiling water, and, when cool, inject into the rectum; repeat in a week if necessary. The long threadworms are 1 to $1\frac{1}{2}$ inches long, and about as thick as a common thread. The roundworm, when fully developed, usually reaches 6 inches in length. The best remedy for these is the fluid extract of spigelia and senna, given in 1-ounce doses every four hours until it causes purging. Wormseed oil in doses of 5 to 10 drops, given in a tablespoonful of castor oil, is also good. So is spirits turpentine, 15 to 20 drops, three times a day, followed by raw linseed oil, to purge. The thornheaded worm is white, and 5 to 20 inches long. The spigelia-and-senna dose will bring them away; so will santonine in from three to five grain doses, made into a pill.

2. Such a Commission was sent last summer to Denmark, and other European countries. A report has been prepared for publication, but at date of writing has not been issued to the public.

3. No doubt some good cows might be hus produced, but we question whether the results would be consistently satisfactory, as the breeds are so diverse in

Miscellaneous. A KICKING FILLY.



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dale mares, and a few beautiful Welsh ponies will also be priced at attractive figures.

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and ewes, ram lambs and ewe lambs, from Imported
and Canadian-bred stock, show stuff; Shire and
Clydesdale fillies; White Wyandotte cockerels and
pullets. Prices right. W. D. Mentsman, Bond
Head P. O., Bradford or Beeton Stations.

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We now offer a choice 11-months-eld red bull co
of good quality, straight lines and nicely feets
Dam, by Joy of Morning, is a good milker, of
Mysic family. Sire the well-known Golden Court
Have also for sale a good young red cow with his
calf at foot, and a few choice heifers, all had

When Writing Mention This Paper.

Robert Miller, Stouffville, Ontario

We now offer a choice 11-months-old red bill of good quality, straight lines and nicely for Dam, by Joy of Morning, is a go d milker of Mysic family. Sire the well-known Golden Could Have also for sale a good young red cow with a calf at foot, and a few choice heifers, all brid Prince Victor. J. & D. J. Campbell, Farm. Woodville, Ont.

MAPLE VILLA OXFORDS AND YORKSHIRES. Present offering: Excellent ewes, choice rams, and the best lot of lambs I ever offered; all sired by imported rams. Yorkshires of both sexes and all ages. Boars fit for service. Sows ready to breed. A high-class lot. Satisfaction assured.

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POPLAR LODGE SOUTHDOWNS AND RERKSHIRES—For sale: A high-class shock of Southdowns, also shearling rams and evaluation and and and ewe lambs. Berkshires of both and all ages; right good ones. An houset resentation is my mottto. SIMEON LEMON, Kenter P. O., Ont., Aurora Station. MAPLE LEAF BERKSHIRES for sale: Young sows bred and eady to breed: boars fit for service; also young pigs farrowed in March and April. Imp. sires and dams. Pairs not akin. C.P.R. and G.T.R. JOSHUB LAWGERS



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We expect to land a very select lot of English Yorkshire pigs at the farm in April, and nothing but really high-class breeding and show stock will be included in the lot. They will be from 6 months up to 2 years old, and will include 50 young sows in tarrow, selected from the leading herds of England and Scotland. Parties wishing to secure new blood will find this a rare opportunity. Write right away for what you will want, and have your selections made early. Far n phone 2471 Hamilton. R.F.D. D C. Flatt & Son, Millgrove, Ont.

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To make room for the natural increase in our herd, we now offer for immediate disposal: A FEW CHOICE YOUNG BOA'S (big type) ready for use. 10 sows. bred and ready to breed. 75 Sept. pigs, pairs not related. Mostly all sired by M. G. Champion —20102—, champion and silver-medal boar at Toronto in 1907, and first as a three-year-old in the aged class in 1908. a grand stock getter. Many of our sows are prizewinners, and are of the best Yorkshire blood in the aged class in 1908. A fair and square deal to werybody is our motto. We are putting prices low, because we must sell Satisfaction guaranteed.

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est strains. Oldest-established registered in Canada. Young sows in farrow. Choice weeks to 6 months old. Pairs furnished not Express charges prepaid. Pedigrees and silvery guaranteed. E. D GFORGE, Putton.

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SUNNYSIDE CHESTER WHITE HOG I am now offering some very choice young thing both sexes, of breeding age. A few Shopesheep of both sexes. A number of Bronze that dome, and Red Cap cockerels and W E. WRIGHT, Glanworth P. O. Out.

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