

We have also successfully treated other cases of topoalgia with injections of artificial serum.

Topoalgies are in some cases quite stubborn. We have met traces of them three years after the patient was otherwise perfectly cured.

Conclusion and Résumé.—In keeping with the foregoing exposition, we can, leaving régime out, reduce the therapeutics of neurasthenic states to this principle: "Calm the nervous system, strengthen the patient."

To realize this double indication medicines can take but a small part, for the organism is unable to respond to their action; better far to hold to hygienic and moral treatment in conjunction with rational hydrotherapy and electricity.

This latter method of treatment we have described in its details.

As regards the application of the physical agents, such as water, electricity, etc., we wish to remark that their curative power depends chiefly upon their association in a mixed and complex medication in which each imparts to the organism its proper excitation. Every single line treatment, says Guimbail, every prescription of only one physical agent is, in advance, a failure. A general manifold disease demands a general manifold treatment.

This is tantamount to saying that the "physical therapy" of neurasthenic states should be carried out, as far as possible, in a special establishment capable of realizing at the same time the best conditions of physical and hygienic treatment, repose and isolation.

Against the "general asthenia," that is to say, against insufficiency of nervous potential, are employed all the stimulants of nervous energy, such as hydrotherapy, electricity, rest, saline injections, iron, friction, massage, exercise, open air and sunlight, all of which means are excellent.

Excursions and travel will also lend powerful help, especially during convalescence.

Here in résumé are the general means that are suited for the great bulk of cases; their mode of employment and its duration vary according to circumstances.

In consulting the record of our personal observations to the number of 183 we find that 142 cases of true neurasthenia were