

Carleton Place Herald (Established 1850). W. H. ALLEN, Proprietor.

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Advertising Rates

Legal and Government Notices—10 cents per nonpareil line (12 lines to inch) for first insertion and 5 cents per line for each subsequent insertion.

Yearly Cards—Professional cards, \$5.00 per year.

Local Readers—10 cents per line for first insertion; 5 cents per line subsequent.

Black Type Readers—15 cents per line for first insertion; 7 1/2 cents per line subsequent.

Small Advs.—Condensed advts. of such a nature as Lost, Found, Strayed To Rent, etc., 1 cent a word for first insertion and 1/2 cent a word subsequent; minimum charge 25 cents for first insertion, 20 cents for second insertion and 15 cents subsequent.

Auction Sales—50 cents per inch first insertion and 25 cents per inch subsequent.

Card of Thanks and In Memoriam, 50 cents; Obituary Poetry, 10 cents per line.

Commercial Display

One insertion 50 cents per inch up to 10 inches; 11 to 20 inches, 25 cents per inch; subsequent insertions up to 13, 20 cents per inch; over 13 insertions and under 1 year, with a total of 100 inches, 15 cents per inch; 1 year with a total of 250 inches, 12 cents per inch.

NOTICE—All copy for changes of advertisements should be in on Saturday evening, or not later than 9 o'clock on Monday morning. As THE HERALD goes to press on Tuesday morning the necessity for this rule is obvious.

THE HERALD, Carleton Place, Ont.

Professional Cards.

R. F. PRESTON, M.D.

GRADUATE of Queen's University Physician, Surgeon, &c. Office and residence, Bridge St., Carleton Place.

J. A. MOEWEN, M.D.

(Successor to Dr. D. A. Mainland) GRADUATE of Toronto University; House Surgeon C.C.G.P. Hospital, Ottawa; Licentiate of College of Physicians and Surgeons of Ontario. Office—Old Bank of Ottawa Building, Franklin Street, Carleton Place.

DR. DOWNING,

PHYSICIAN AND SURGEON. Office and Residence, Bridge Street, formerly occupied by Dr. McFarlane. Telephone No. 55.

A. A. METCALFE, M.D., C.M.

SURGEON. Attendant at Rosamond Memorial Hospital. Specialist in Operative Appendicitis and General Surgery. Almonte, Ont. Telephone No. 90.

G. McDONALD, L.D.S., M.R.C.D.S. SPECIAL attention given to the preservation of Natural Teeth; also the Extracting. Anesthetics administered when required. Hours from 9 a.m. to 5 p.m. Office—Galvin's Block, Carleton Place.

M. H. STEELE, L.D.S., D.D.S. GRADUATE of Royal College of Dental Surgeons and Philadelphia Dental College. OFFICE: Struthers Block, Carleton Place. Entrance, Bridge Street, next door to R. A. Patterson. Telephone No. 48.

ROBERT MUIRHEAD LOX, D.D.S. GRADUATE of the Royal College of Dental Surgeons. P. at graduate course in treatment of pyorrhea and dental abscesses. Bridge St., Carleton Place, over Allan's Store. Same entrance as Hammond's. Phone 229.

PATTERSON & FINDLAY, BARRISTERS, SOLICITORS, Notaries Public, Conveyancers, &c. Solicitors for the Bank of Ottawa, Carleton Place. Office in the new Ottawa Bank building. Money to Loan. ROBT. C. PATTERSON. GEO. H. FINDLAY.

C. McINTOSH, B.C.L., LL.B., BARRISTER, Solicitor of the Supreme Court, Notary, Conveyancer &c. Solicitor for the Union Bank of Canada. Office—McDiarmid's New Block, Carleton Place. Money to Loan.

J. W. GIVEN (Organist Zion Church). TEACHER OF PIANO ORGAN AND VOICE. STUDIO in Bell's Block, over Keays' Restaurant, Carleton Place.

D.R. McNEELY Manufacturer of Every Description of Cut Stone. Monuments of Newest Designs kept in stock. All inscriptions neatly cut and guided by First-class Workmen. Stone Yard on Franktown Road, opposite Edwards' Grocery. Box 189. CARLETON PLACE, ONT.

LELAND HOTEL THE Leading Farmer's Hotel. Cheap rates. Meals 50 cents. Traveller's Rate, \$2.00 per day. Sheds Free. FRED HUGHES, Manager. Canada Food Board License No. 10-3947

COLUMBIA GRAFONOLAS —AND— McLagan Phonographs Also a full stock of Columbia Records Nothing nicer for the home. Call and see our stock. Beautiful pieces of Fancy Furniture for the spring season.

PATTERSON BROS. Furniture Dealers and Undertakers. Job Printing—As good as can be had. Keep your work at home. THE HERALD is fully equipped to handle any job you may have—from a Visiting Card to a double sheet poster.

Cut Flowers! Everything in Cut Flowers, Plants, etc., wreaths and all varieties of designs for Funerals. Orders may be left at this Office. W. H. ALLEN, Agent

ACUTE NERVOUS EXHAUSTION

All Treatments Proved Useless Until He Tried "FRUIT-A-TIVES".



MR. JAS. S. DELGATY.

R.R. No. 4, Gilbert Plains, Man. "In the year 1910, I had Nervous Prostration in its worst form; was reduced in weight from 170 pounds to 115 pounds. The doctors had no hope of my recovery, and every medicine I tried proved useless until a friend induced me to take 'Fruit-a-tives'."

I began to mend almost at once; and after using this fruit medicine for 3 or 4 months, I was back to my normal state of health. I never had such good health for twenty years as I have enjoyed the past six years. We are never without a box of 'Fruit-a-tives' in the house". JAS. S. DELGATY. 50c. a box, 6 for \$2.50, trial size 25c. At all dealers or sent postpaid on receipt of price by Fruit-a-tives Limited, Ottawa.

PIG PASTURES

The cost of the production of pork can be materially reduced by the use of pastures. Under ordinary conditions where a pig is fed on grain alone, it takes careful feeding and a very thrifty kind of pig to make 100 pounds gain from 500 pounds of grain, and more frequently 600 to 700 pounds of grain are consumed. Experiments with pasture and self feeders at Brandon Experimental Farm have shown that it is possible to make good gains at the rate of 300 to 400 pounds of grain to the 100 pounds of pork with the addition of pasture. Pasture cannot be used satisfactorily to replace grain, but it may very profitably reduce the grain consumption by one-third. As the pasture can be grown very cheaply and the pigs do the harvesting themselves, the cost of producing a pound of pork may be reduced 20-25 per cent. This may mean the difference between profit and loss.

There are a considerable number of crops that may be used for pig pasture. The ordinary grain crops such as wheat, oats, barley and rye are quite suitable. Sown in the spring, these crops are ready for pasturing at the time that spring pigs born in March and April are old enough to use pasture to advantage. Spring rye is the first of these crops to be ready to use. The pigs eat it well and produce good gains on it. However, it soon passes the most palatable stage and becomes more woody as it shoots into head. Oats and barley are about a week later than rye in reaching the proper stage for harvesting but are relished rather more by the pigs and continue in a suitable condition for pasturing for a longer time. Wheat also produces good pasture but is no better than other grains and the seed is more expensive.

For later summer and fall pasture, there is nothing better than rape. Sown in early spring it is ready for pasture about the middle of July, or, if sown later, it reaches pasturing stage in about six weeks from the date of sowing. Pigs like it very well; it produces a large amount of feed and stands pasturing well. It is one of the best plants for hog pasture.

Another good fall pasture is fall rye. If sown in midsummer it is ready to pasture in a month from the date of sowing. It produces a good grade of pasture until severe frosts come and does not head out in the fall.

Perennial crops may also be used as pig pasture. Alfalfa will produce more pasture per acre probably than any other pasture crop. Pigs do very well on it, and produce economical gains. However, it costs more to start with alfalfa as the land must be prepared two years ahead and sown one year ahead of the time it is to be used. Also, its greatest growth is in May and June when on the average farm there are few pigs to use pasture as the spring litters are too small, and very few fall pigs are raised. The second crop of alfalfa comes in well for later summer pasture for spring pigs. Pigs root out alfalfa and soon destroy it if allowed to. It is advisable to put rings in their noses when they are pastured on alfalfa.

The ordinary grasses such as brome and timothy make first class pig pasture in the spring months. But, as in the case of alfalfa, there are usually not many pigs to use pasture at that time. In midsummer and fall when pigs need pasture most, the grass pasture is often dry and harsh and not so suitable for pigs. Consequently, better results are usually obtained from the annual crops first described.

Pastured pigs should be confined to pens for a few weeks at the last before shipping to market. While on pasture, they take a great deal of exercise, especially if of the more active breeds, and as

DISTRICT INSTITUTE MEETING

The annual district convention of the Women's Institute was held in Almonte on Wednesday, June 25th, with a splendid number of representatives from the different branches of North Lanark.

The first session opened at 10:30 a.m. In the absence of the District President, Mrs. Croft, Middleville, Mrs. Dummert, of Carleton Place, presided.

The address of welcome was given by Mrs. Chisholm, Almonte, and responded to by Mrs. Miller, Pakenham.

Seven branches of the Institute also a "Joney Canuck" society reported all having done splendid work. After this part of the business the meeting adjourned, when a dainty luncheon was served in the Council Chamber, by the Ladies of the Almonte branch.

The second session opened at 1:30 p.m. The election of officers took place which resulted as follows: Hon. Presidents—Mrs. Yuill, Ramsay; Mrs. McNeill, Clayton. President—Mrs. H. W. Dummert, Carleton Place.

1st Vice President—Mrs. Chisholm, Almonte. 2nd Vice President—Mrs. McIlraith, Hopetown. Secretary—Mrs. Hayes Boyd, Ramsay. Directors—Mrs. Steele, Almonte; Mrs. A. Neilson, Carleton Place; Mrs. Miller, Pakenham.

Mrs. A. W. Bell gave an interesting account of the convention held at Toronto. Mrs. Reid, the Government representative gave a most interesting talk on "Reconstruction" at the present time; a paper on School Nursing was presented by Miss McCormick, Superintendent of Rosamond Memorial Hospital, and a very interesting address on "Civic Life," by Mrs. Miller, Almonte.

A vote of thanks was given to Almonte for their kind hospitality; also to the officers and members who helped in anyway to promote the good work. The next annual meeting is to be held at Cedar Hill.

The session closed by singing the National Anthem.

WHO IS BLIND?

Will every person who reads this notice, and knows a blind man or woman anywhere in Canada, kindly send the name and address of that blind one to the Canadian National Institute for the Blind, 36 King St. East, Toronto.

The Institute is conducting work for the blind along the most modern scientific lines and desires that each blind resident of Canada should have the opportunity of availing himself or herself of the benefits represented by this work.

The immense task of registering every case of blindness can only be accomplished successfully by the earnest co-operation of the public generally. That is why we ask you to send the names and addresses of blind people you may know.

The following departments of work are being actively prosecuted by the Institute: Industrial Department for Men. Industrial Department for Women. Department of Field Work. Department of Home Teaching. Department of Prevention of Blindness.

Library Department. Department of After Care. Residence and Vocational Training Centre for Blind Soldiers.

To send information or obtain information, address THE GENERAL SECRETARY, Canadian National Institute for the Blind, 36 King St. East, Toronto.

A Wet Volcano

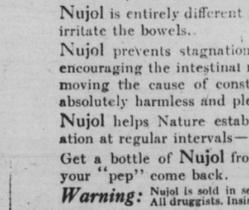
William Jennings Bryan said at a "bone dry" celebration in Washington: "Drink is the cause of poverty and slums. Drink, in some slums, impregnates the mind even of childhood."

"A school teacher said in a puzzled voice to a slum urchin: "Why do you say that you would like to live in a volcano? Define a volcano, child."

"A volcano," piped the kid, "is a mountain overflowin' wid lager."

a result grow well and make good frames with plenty of lean meat but may not put on enough fat. By shutting them up for about three weeks at the last, they make amazing gains in weight, thus increasing the profit, and get into a more finished condition for market. Pigs of the more sluggish breeds may be finished on pasture.

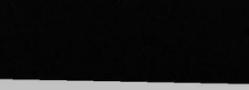
W. C. McKILLIGAN, Superintendent Experimental Farm, Brandon, Man.



Spring Fever —What Is It? THREE o'clock in the afternoon — and absolutely no "pep." You call it spring fever, but is it? When you are constipated waste matter remains in the intestines, decays, forms poisons which are absorbed into your blood and carried by it to every cell in your body. When your cells are thus poisoned, of course you have no "pep."

Pills, salts, mineral waters, castor oil, etc., merely force the bowels to act, and make constipation and self-poisoning a habit. Nujol is entirely different from drugs as it does not force or irritate the bowels. Nujol prevents stagnation by softening the food waste and encouraging the intestinal muscles to act naturally, thus removing the cause of constipation and self-poisoning. It is absolutely harmless and pleasant to take. Nujol helps Nature establish easy, thorough bowel evacuation at regular intervals—the healthiest habit in the world. Get a bottle of Nujol from your druggist today and watch your "pep" come back.

Warning: Nujol is sold in sealed bottles bearing the Nujol Trade Mark. All druggists. Insist on Nujol. You may suffer from substitutes.



CONTRIBUTIONS TO HORSE SHOW

The Carleton Place Horse Show beg to acknowledge the following subscriptions towards their annual show. Many of these subscriptions were received too late to publish in the annual prize list and the directors wish to acknowledge these splendid contributions in this public manner:

Town of Carleton Place, \$75.00; J. A. Stewart, M.P., \$50.00; Township of Beekwith, \$25.00; D. W. P. Caldwell, \$10.00; Wm. Thoburn, Jas. Rosmond, A. C. Wylie, G. A. Burgess, Jno. F. Cram & Sons, Union Bank of Canada, Alex. McLean, Wm. A. Nichols, W. M. Cameron, \$5.00; W. Wesh, Richard Dowdall, (value) W. E. Turner, Jas. G. Syme, \$3.00; Duncan Stewart, Fred Stannel, Geo. M. Warren, S. W. Stanzel, Thos. Chapman, P. Y. Sutherland, M. R. Macfarlane, Taylor Bros., Ltd. (Almonte), H. W. Britton, W. H. Stafford, P. A. Greig, Thos. James, Dr. A. A. Metcalfe, Dr. Hanley, W. Penny, M. K. Lambertus, E. Reynolds, \$2.00.

Changed Places

"Don't be so long winded in your reports as you have been in the past," said the manager of The Wild West railway to his overseer. "Just report the condition of the track as ye find it, and don't put in a lot of needless words that ain't to the point. Write a business letter, not a love-letter."

A few days later the railway line was badly flooded, and the overseer wrote his report to the manager in one line. "Sir—Where the railway was the river is—Yours faithfully,—Blighty (London)."

Business and Pleasure

"Did you have a good time at the dance last night?" "Kinda."

"Who was that handsome chap I saw you with after the intermission?" "He is a stranger in town."

"Dashing, isn't he?" "Nerviest gink I ever seen."

"I notice he had his arm rather tightly about you." "I didn't mind that so much."

"What then?" "Do you know why he had me clutched that way?" "No."

"Well, would you believe it, he had me that way so I couldn't escape, and all the time we were dancing he was trying to sell me some life insurance."

Another "Dry" Vote

"A burnt child dreads the fire," announced the teacher during the lesson in proverbs. "Now, give me a sentence different in wording but meaning the same thing."

A grimy hand shot up from the back of the class. "Please, teacher," came a small voice. "A washed child dreads the water."—Blighty (London).

Equals

He—"Your cousin refused to recognize me at the Jaza last night; thinks I'm not his equal, I suppose."

She—"Ridiculous! Of course you are; why he's nothing but a conceited idiot."—Blighty (London).

Rev. Canon O'Meara, parish priest of St. Gabriel's Church, Montreal, was found dead in bed from heart failure, said to be caused by shock over his brother's drowning the day before.

QUEEN'S UNIVERSITY KINGSTON, ONTARIO. ARTS. Part of the Arts course may be covered by correspondence. MEDICINE EDUCATION APPLIED SCIENCE. Mining, Chemical, Civil, Mechanical and Electrical Engineering. SUMMER SCHOOL NAVIGATION SCHOOL. July and August. December to April 26. GEO. Y. CHOWN, Registrar.

Get a Packet, and Realize what an infusion of Really Pure Fine Tea Tastes like



"SALADA"

Black, Green or Mixed - Never Sold in Bulk

Electrify your Home

For Comfort, Convenience, Economy and Efficiency

The Best Reason why you should have your house wired for Electric Service is the fact that one never hears of a family who once having used Electricity ever goes back to old forms of lighting.

We will gladly show you how easily, quickly and cheaply Electricity can be installed in your home.

Just say: "I'm willing to be shown."

The City Electric Shop

Call or Telephone No. 15



PROTECTION FROM GERMS!

One of the greatest dangers to health comes from food contaminated by disease-breeding germs. Is your milk supply safe from the filthy house-fly? With a temperature as low as 36 degrees in the Barnet, germs cannot multiply. Besides, the Barnet perfected syphon-system means continuous circulation of pure, sweet, dry air, protecting the foods from the effects of germ-breeding moisture.

Barnet Refrigerator

Do not fail to see the Interesting Demonstration at this Store. W. H. MATTHEWS. FURNITURE AND UNDERTAKING. LESLIE BLOCK. Store Phone 200. House Phone 142.

CREAM Wanted!

SHIP EXPRESS. WE SUPPLY CANS. Our facilities for delivering Butter direct to Consumers from our sixty (60) retail wagons enable us to realize and pay Producers a higher price per pound Butter Fat. When you ship to OTTAWA DAIRY, your money and tests are guaranteed. OTTAWA Ottawa Dairy CANADA

Seed Corn

Longfellow North Dakota. Compton's Early Wisconsin No. 7. White Cap Improv'd Leaming. Early Butler Southern Sweet. Eight choice varieties. Priced from \$2.75 to \$4.50 per bushel.

Use Oatmeal Flour for Calf Meal. The best and cheapest for the purpose.

H. BROWN & SONS

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