FROM SUNSET COAST

WHAT THE WESTERN PEOPLE ARE DOING.

Progress of the Great West Told in a Few Pointed Paragraphs.

A number of black bears have been shot recently at Jordan River.

The Trail Smelter is busy turning out a large quantity of zinc spelter.

A fine specimen of golden eagle was shot recently on Vancouver Island.

Lack of rain has kept game from being as plentiful as usual around Ladysmith.

Some of the cabbages grown on a ranch at Floodville, Fraser Valley, weighed 18 pounds.

An "Alexander" apple grown in New Westminster had a circumference of fifteen inches.

A plague of owls in Vancouver has resulted in numbers of chickens and game birds being killed.

Four new post offices have been opened in B.C., at Garswold, Comox-Atlin, Vallican and Kootenay.

A publicity bureau for the Pacific Northwest has been established with temporary head office at Victoria.

Samples assaying $373 per ton have recently been taken from the Drum Lummon Mines, Douglas Channel.

Hope is the centre of at least three big mineral fields, the Coquihalla, Jones Lake and 23-mile on the Skagit.

No definite policy has yet been decided upon for the construction of the new C.P.R. tunnel under the city of Vancouver.

Vancouver is to supply a steam jet, to cost $200, at the Capilano intake this winter to prevent the pipes freezing.

The wonderful new telescope in the observatory at Little Saanich Mountain, Victoria, is already attracting many visitors.

Four hundred and thirty-three boxes of apples, comprising about 43 varieties, were shipped during a recent week from Duncan.

A pig and $223 in money, given by residents of Sidney, helped to provide a farewell entertainment for the 143 and 231st Battalions.

The American tanker Col. E. L. Drake, arrived at Vancouver the other day with 38,000 barrels of oil for the G.T.P. and the sugar refinery.

A very interesting collection of war relics has been displayed in Victoria recently. They were sent from the front by soldiers of that city.

Nanaimo is indignant that a license should have been granted from New Westminster permitting certain Austrians to fish from Cowichan to above Nanoose.

A very fine specimen of horned owl, measuring almost five feet from wing tip to wing tip, was caught raiding some chicken coops at Qualicum Beach.

Last week 129 cars of logs were brought from Cowichan Lake to Chemainus for the V. L. & M. Co., and a large consignment was shipped to the prairies.

CAPT. DUMAS OF FRANCE.

Nation Delights to Consider Him Typical of French Spirit.

Jean Dumas was 66 when the war broke out, and the French Government would not let him fight, says the Cleveland Plain Dealer, in telling the story of his death. He besieged the recruiting offices till he became somewhat of a nuisance; and when he was convinced of the futility of further pleading he made a hasty pilgrimage into Belgium. In Belgium Dumas was received as a volunteer member of the Belgian army. Almost immediately he was captured by the Germans.

And almost immediately he made his escape. France could not now reject him, and he fought in the French army at the battle of the Marne, where he received six wounds.

He recovered in time to participate in the Dardanelles campaign, where he was not wounded. After the Anglo-French withdrawal from Turkey, Dumas went with his regiment to Saloniki. Severely wounded in a skirmish with the Bulgarians in the Vardar valley, he was sent home to recover. At the beginning of the Verdun battle Dumas was again facing the Germans. Once more he was wounded, and the great battle proceeded without the aid of this determined veteran. But once more he recovered, and was in the front ranks when the battle of the Somme began last July. Near Clery he was wounded for the ninth time, and he died nine days later.

France delights to consider Dumas as typical of the French spirit and the French nation of to-day. France, too, is persistent; and France has displayed a power of recuperation as amazing as that of Dumas. But because France is made up of many men like Dumas France doubtless will live.

Politic Politeness.

Mother—Harry, you must remember never to ask for a second piece of cake.

Harry—I wouldn't if I could get two pieces instead of one.

IN EVERY EMERGENCY

You will find some use for

Vaseline

Trade Mark

Petroleum Jelly

It relieves rough, chapped hands, broken blisters, burns, cuts, insect bites and skin irritations of all kinds.

Sold in handy glass boyles and tin tubes, at chemists and general stores everywhere. Refuse substitutes.

Free booklet mailed on request.

CHESEBROUGH MFG. CO.
(Consolidated)
1880 Chabot Ave. Montreal

The Reason.

Vicar—I was glad to see how quiet and still you were, my lad, during the sermon.

The Boy—Well, you see, I was afraid of waking father.

Minard's Liniment Co., Limited.

Gentlemen,—Last winter I received great benefit from the use of MINARD'S LINIMENT in a severe attack of LaGrippe, and I have frequently proved it to be very effective in cases of Inflammation.

Yours,
W. A. HUTCHINSON.

Punishment.

Ethel—I'll back out and let you marry the wretch.

Marie—Why do you do that?

Ethel—He proposed to both of us and I want to see him punished.

Minard's Liniment Cures Distemper

Useless Work.

A Scotch farmer, on hearing that the minister was making munitions on week days, remarked: "Munitions made by ministers are of no use; they have been making them all the week during the past two thousand years and firing them at the de'il o' Sundays, and he's aye to the fore yet."

Guard Your Baby's Health

Cheerful, Chubby Children Make the Home Happy

Weak, puny babies are a constant care to tired mothers and are subject to many diseases that do not affect healthy children.

Keep your children in good health. See that their bowels move regularly—especially during the teething period. This is a distressing time in the life of every child and the utmost precaution should be taken to keep them well and strong.

By the consistent use of

Mrs. Winslow's Soothing Syrup

it is possible to avoid many childish ills now so prevalent.

It is a corrective for diarrhœa, colic and other infantile ailments. It soothes the fretting baby and permits the child to sleep well and grow healthy. It brings comfort and relief to both child and mother.

Mrs. Winslow's Soothing Syrup

Makes Cheerful, Chubby Children

Is absolutely non-narcotic. It contains no opium, morphine nor any of their derivatives. It is soothing, pleasant and harmless. For generations mothers in all parts of the world have used it and millions of babies have been benefited by it.

Buy a bottle today and have it handy

Relieve and Protect Your Children

Sold by all druggists in Canada and throughout the world

LOYALISTS TO KAISER IN U.S.

500,000 Lamp-posts Ready to Hang Them, Gerard Says.

Herbert Bayard Swope, recently returned from Germany, writes as follows in the New York World:

How strong Germany believes herself to be in America can be seen in any of the political maps issued by the Pan-German League, on which a great blob of pink indicates the residence in America of the nine million of German birth or parentage. Those making up this number are claimed as indirect members of the league, who are, or ought to be, as the Pan-Germans see it, ready at all times to do Germany's bidding. It is the belief of these Pan-Germans that through their far-flung membership some day German "Kultur" will dominate the world.

On the day I left Berlin, only a few weeks ago, I was informed by a member of the general staff that Gen. Hindenburg had sent word through his Chief of Staff, von Ludendorff, to Col. Kuhn, our military attache, and Commander Gherardi, our naval attache, that neither would be permitted to go to the front nor have opportunities for observation, although these privileges are regularly extended to all other neutral countries. This is official, and has been made the basis of representations.

Not only does Germany believe that her political strength in this country is great enuogh to make the American Government take it into consideration, but the belief goes further. One prominent member of the Government told the Ambassador that America would not risk a break with Germany, because "there were 500,000 trained Germans ready to bear arms in the United States against the American Government."

"There may be," was his quick response, "but there are 500,000 lamp-posts in America ready to string them up on if they ever try it."

JUST THE THING FOR LITTLE ONES

Baby's Own Tablets are the best medicine a mother can give her little ones. They regulate the bowels; sweeten the stomach; banish constipation and indigestion; relieve colds and simple fevers and make teething easy. Concerning them Mrs. Herbert Johnston, Maymont, Sask., writes:—"I have used Baby's Own Tablets for the past four years and find them just the thing for babies and young children." They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams Medicine Co., Brockville, Ont.

CLIMATE LESS SEVERE.

What Study of Larger Glaciers in B. C. Has Revealed.

Dr. Charles D. Walcott, secretary of the Smithsonian Institution, and Mrs. Walcott have just returned to Washington after several months' field work in Canada. Accomplished by only a packer and cook, they spent most of the summer and early fall on the continental divide, which forms the boundary line between Alberta and British Columbia, south of the Canadian Pacific Railway, studying the cambrian rocks, containing the fossil remains of the earliest animal life.

Owing to the heavy snowfall of the previous winter, and the fact that most of the geological formations which they wished to examine were in the deep snow about the timber line, little progress was made in July, in August, however, sections were examined and measured in the Mount Assiniboine region, and from there northwest to the celebrated Kicking Horse pass, where the Canadian Pacific Railway has bored a double loop through the mountain in order to obtain a feasible grade on the western side of the pass.

Some years ago Dr. Walcott found a remarkable fossil fauna in boulders which had been carried into Kitcking Horse canyon by glaciers that have long since disappeared. This season he located the source of these boulders high up in the mountain cirque, where a portion of what must have been a great hanging glacier is still active.

Mrs. Walcott, formerly Miss Mary Vaux, of Philadelphia, who has studied glaciers for several years, and is well known as an Alpinist, visited Glacier, British Columbia, where she measured the position of two large glaciers, and determined that the front ice foot in each case had retreated at the rate of 100 feet a year during the past two years. Steel plates were placed on the ice on the present surveyed boundary lines. The plates will be buried beneath the winter's snows, but, since their positions are relatively low as to altitude, the snow will be melted off next summer, and their locations then will indicate the amount of forward flow of ice during the year. Mrs. Walcott's studies prove that the ice has been steadily retreating during the past six years. Her measurements agree with observations made in Alaska, and indicate that the climate is not as severe as on the Pacific side of the continent as it was a decade ago.

During the field work a large number of photographs were taken, including a dozen or more panoramic views, exposures being made on continuous films eight feet in length. Besides being of great scenic interest, these photographs form valuable pictorial records showing the general localities visited and definite locations of certain strata and fossil beds.

The party broke camp at Banff, Alberta, September 30, which proved a fortunate move, as the next day a heavy fall of snow covered the entire region.

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Canada Machinery Pfd.
Canadian Oil Companies.
Dominion Power & Transmission.
Canadian Consolidated Felt Pfd.
Electrical Development Bonds.
Ontario Pulp & Paper Bonds.
Spanish River Bonds.

WILL SELL

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Dominion Explosives.
Guelph & Ontario Loan.
Riordan Paper Bonds.
British Exchequer 6% Bonds.
Russian Government Bonds.
Anglo-French Bonds to yield 6½%.

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Can. Soldiers' Supply Ass'n
Drummond Building, Montreal.

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Those long winter nights you will need indoor recreation. Why not instal a

Home Billiard Table?

Write for particulars of our famous

Maisonette Table,

for cash or on easy terms.

Burroughes & Watts, Ltd.
Makers to H. M. the King.
34 Church St., Toronto

London's Many Marriages.

The number of marriages registered in London in 1915 was the highest ever recorded—58,345, as compared with 43,373 in 1914 and 41,409 in 1913. The increase over 1914 is 34 per cent., but as the corresponding increase for the rest of England and Wales is only 20 per cent., there is reason for thinking that a considerable number of these marriages may not properly belong to the London population.

Sore Eyes Granulated Eyelids, Eyes inflamed by exposure to Sun, Dust and Wind quickly relieved by Murine Eye Remedy. No Smarting, just Eye Comfort. At Your Druggist's 50c per Bottle. Murine Eye Salve in Tubes 25c. For Book of the Eye Free ask Druggists or Murine Eye Remedy Co., Chicago

The English Face Altering.

Professor Keith has told the British Association that the English face is altering. "The most definite changes in the modern skull are in the jaws, gums, palate, and teeth. In every tenth modern woman and in every fifteenth modern man are deficiencies in the development of the jaws, contractions of the palate, and irregularities of the teeth, which did not become common until quite recent centuries. A minute comparison of skulls shows that the English face has become narrower and longer.

Minard's Liniment Cures Garget in Cows

The Same.

"Louis Barthou, the French statesman," said a consul of France, "is going to make a bitter war against alcohol after the war is finished.

"Barthou has sad facts and funny facts to show the ravages of alcohol in France. One of his funny facts is about a Breton peasant who was asked in a law court:

"'What is your name, witness?'

"'Malguenac,' the peasant answered.

"'Your full name,' the judge said.

"'It's the same, your honor,' said Malguenac, 'full or sober.'"

Struggling to get rich quick keeps many a man poor.

COMPLEXION EVERY WOMAN LIKES

to preserve her complexion, and she finds this an easy task, if she uses Zam-Buk. This herbal balm not only keeps the surface skin smooth and soft, but penetrates to and feeds the underlying tissues. It stimulates the cells to healthy action, and produces vigorous circulation, which by carrying away all impurities creates a permanently clear complexion. How much more satisfying than a temporary complexion produced by powders and cosmetics! 50c. box, all druggists or Zam-Buk Co., Toronto.

ZAM-BUK

THE DOOR TO HEALTH

Is Through the Rich, Red Blood Dr. Williams' Pink Pills Actually Make.

The blood is responsible for the health of the body. If it is good, disease cannot exist. If it is bad, the door is shut against good health, disease is bound to appear in one form or another. One person may be seized with rheumatism or sciatica, another with anaemia, indigestion, heart palpitation, headaches or backaches, unstrung nerves, or any of the many other forms of ailment that comes when the blood is weak and watery. There is just one certain, speedy cure—Dr. Williams Pink Pills. They make new, rich blood, and this good blood strengthens the whole system and brings good health and happiness. Thousands owe their present good health, some, life itself, to the pills. Miss Devina Laliberti, St. Jerome, Que., says:—"Last year I seemed gradually to grow weak and run down. I did not sleep well, had a poor appetite, and grew pale and generally languid. I consulted a doctor who told me I was anaemic, and gave me a tonic. This I took faithfully for some time, but it did not help me, and I appeared to be growing worse, and finally I was hardly able to go about the house and almost wholly incapacitated for work. While in this condition a friend advised me to try Dr. Williams Pink Pills, and I got several boxes. It was not long after I began their use when I could see an improvement, which just manifested itself in an improved appetite and better rest at night. From this on the improvement was rapid and I was not long in regaining perfect health. I think Dr. Williams Pink Pills are a real blessing for all weak girls."

You can get these pills through any medicine dealer or by mail at 50 cents a box or six boxes for $2.50 from The Dr. Williams Medicine Co., Brockville, Ont.

COMMANDERS WITH MEN.

Went Over Parapets Side by Side at Signal of Battle.

When the big push on the Somme was about to begin and the French and British armies were on the keen edge of expectation, the battalion commander on the extreme right of the British forces sent word to the battalion commander on the left of the French forces and asked him where he would be in the attack.

"I shall be over the parapets with the first wave of my troops," was the French commander's reply.

"So shall I," was the British commander's return message; "keep an eye out for me."

So, when the troops were jammed in the forward trenches waiting for the enormous mine explosions under the German communicating trenches, which were to be the signal for the assault, the British commander worked his way to the end of his furthest trench, and there he found the French commander. They stood there waiting, side by side, until the terrific explosions tore the German trenches to pieces, then one with an "En Avant!" and the other with "Charge!" leaped over the parapets, automatics in hand, and led the charge into the German lines.

Luckily, both escaped unhurt, and the story of their unusual action has run through two great allied armies on the Somme.

DRINK HOT WATER FOR INDIGESTION

A Physician's Advice

"If dyspeptics, sufferers from gas, wind or flatulence, stomach acidity or sourness, gastric catarrh, heartburn, etc., would take a teaspoonful of pure bisurated magnesia in half a glass of hot water immediately after eating, they would soon forget they were ever afflicted with stomach trouble, and doctors would have to look elsewhere for patients." In explanation of these words a well known New York physician stated that most forms of stomach trouble are due to stomach acidity and fermentation of the food contents of the stomach combined with an insufficient blood supply to the stomach. Hot water increases the blood supply and bisurated magnesia instantly neutralizes the excessive stomach acid and stops food fermentation, the combination of the two, therefore, being marvelously successful and decidedly preferable to the use of artificial digestents, stimulants or medicines for indigestion.

The Authority.

Bluejacket (to Chinese ship's steward)—Now look 'ere, Oswald. You can't teach me anything abaht China. I know, 'cos I've been there.

Minard's Liniment Cures Colds, &c.

Fixing the Blame.

Mrs. Jones had just punished her little boy, Tom. After crying for a few minutes he turned to his mother and asked:

"Mamma, did your mamma whip you when you were little?"

"Yes, when I was naughty," was the reply.

"And did her mamma whip her when she was little?" continued the little boy.

"Yes, Thomas," replied the mother.

"And was she whipped when she was little?" further questioned the boy.

"Yes!" answered Mrs. Jones.

A few seconds elapsed. Then Tommy exclaimed:

"Well, who started it, anyway?"

Schools for scandal are somewhat crowded.

THE BIGGEST COAL OWNER.

Lord Joicey Pays Out $7,500,000 in Wages Yearly.

No fanciful heraldic design adorns the coat of arms of Lord Joicey. The foremost items on his escutcheon are a couple of honest pick-axes and two pit ponies. It was typical of Lord Joicey, the world's richest coal-owner, that when he was raised to the peerage in 1905 he should have chosen this design for a crest, for he is proud of the fact that his immense fortune rests on the pit pony and the pick-axe which his father used to wield in the depths of the mine.

Born in the atmosphere of collieries and brickworks at Tanfield, in Durham, Lord Joicey as a boy grew up in the "black environment." His father, who at one time worked in a Tyneside colliery, was a man of serious thought, foresight, and shrewd common sense. He saw the future of the engineering side of mining, and earned a reputation as a clever engineer. Ultimately his son went to Newcastle to work for a wealthy uncle.

Thrifty and energetic, young Joicey saved every penny he could while learning all he could; and although for a time he was only earning the modest wage of £2 a week, he was able to save enough to invest in some mining enterprises.

With the money he inherited from his uncle Lord Joisey judiciously negotiated various deals. Some idea of the extent of his resources may be gathered when it is mentioned that some years ago his firm took a lease of Lord Durham's pits for £1,100,000, the capital expenditure being paid out of the profits within two years.

A further illustration of Lord Joicey's vast interests is contained in the remark which he made in a speech when he was presented with a portrait of himself in 1913 at the Newcastle Chamber of Commerce to celebrate his fifty years of commercial life.

"Business life," he said on that occasion, "is a good life, and to preside over a concern which spends £1,500,000 a year in wages and supports thousands of families is a thing to be proud of."

For Catarrhal Deafness and Head Noises

Here in America there is much suffering from catarrh and head noises. American people would do well to consider the method employed by the English to combat this insidious disease. Everyone knows how damp the English climate is and how dampness affects those suffering from catarrh. In England they treat catarrhal deafness and head noises as a constitutional disease and use an internal remedy for it that is really very efficacious.

Sufferers who could scarcely hear a watch tick tell how they had their hearing restored by this English treatment to such an extent that the tick of a watch was plainly audible seven and eight inches away from either ear.

Therefore, if you know someone who is troubled with catarrh, catarrhal deafness or head noises, cut out this formula and hand it to them and you will have been the means of saving some poor sufferer perhaps from total deafness. The prescription can be easily prepared at home for about 75c. and is made as follows:

From your druggist obtain 1 oz. of Parmint (Double Strength), about 75c. worth. Take this home, and add to it ½ pint of hot water and 4 ounces of granulated sugar; stir until dissolved. Take a tablespoonful four times a day.

Parmint is used in this way not only to reduce by tonic action the inflammation and swelling in the Eustachian Tubes, and thus to equalize the air pressure on the drum, but to correct any excess of secretions in the middle ear, and the results it gives are usually remarkably quick and effective.

Every person who has catarrh in any form should give this recipe a trial and free themselves from this destructive disease.

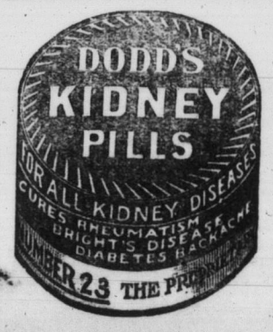
Allied Aeroplanes Superior.

British preparation has secured a decided advantage over German preparedness, in putting into the air about double the number of aeroplanes that the Germans can muster. The Germans have grossly misdirected their energies in building the great cumbersome Zeppelins, which have so far been of no military use whatever. The result is that now when a German aeroplane rises above the lines on the Somme for the purposes of observation, something like a half-score of Allied aeroplanes immediately appear for attack and pursuit. The German commanders are, therefore, left as badly off for information as in the old days a commander was, whose cavalry could not keep the field against the enemy's.

Minard's Liniment Cures Diphtheria.

Hermits in Italy.

There are still hermits in Italy who live solitary lives in mountain caves, and they number no fewer than nine hundred and ninety. Among these recluses there are sixteen who are over ninety-five years of age and three centenarians, while all the others have passed the age of fifty.



Killing the Calves—All sorts of excuses are offered for the high price of beef, the most plausible being the alleged demand for veal—"the killing of calves which should be allowed to grow into regular beef." You cannot have beef if you eat it as "veal," but you can have **Shredded Wheat Biscuit** which contains more real nutriment than beef and costs much less. Shredded wheat biscuit is the whole wheat steam-cooked, shredded and baked. Make it your "meat" for ten days and see how much better you feel. Wholesome and strengthening for any meal with milk or cream or in combination with fruits.

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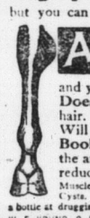

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