

A prayer to the Holy Virgin.

SUB tuum præsidium
confugimus, sancta Dei
Genitrix : nostras de-
precationes ne despici-
as in necessitatibus ;
sed a periculis cunctis
libera nos semper, Vir-
go gloriosa et benedic-
ta. Amen.

WE fly to thy pa-
tronage, O holy Mother
of God. despise not
our prayers in our ne-
cessities ; but deliver
us always from all
dangers, O glorious
and blessed Virgin.—
Amen.

A prayer to our Guardian Angel.

ANGELE Dei, qui
custos es mei, me tibi
commissum pietate su-
perna, hodie illumina,
custodi, rege et guber-
na. Amen.

O ANGEL of God,
to whose holy care I
am committed, enlight-
en, defend and keep me
this day from all sin and
danger. Amen.

Grace before meat.

BENEDICITE, Do-
minus. Nos et ea quæ
sumus sumpturi bene-
dicat dextera Christi.

In nomine Patris,
&c.

BLESS us, O Lord,
and these thy gifts,
which of thy bounty
we are about to re-
ceive : through Christ
Our Lord. Amen.

In the name of the
Father, &c.