THE SUNDAY-SCHOOL GUARDIAN.

LESSON NOTES.

A D. 90.] LESSON VI. [Nov. 9. The Perfect Saviour or, Christ Cleansing from Sin

1 John 1. 1-10. Commit to memory verses 5-9. OUTLINE.

1. The Word of life. v. 1-5.

2. The cleansing blood. v. 6-10. GOLDEN TEXT.

The blood of Jesus Christ his Son cleanseth us from all sin. 1 John 1. 7.

- 1. Walk in the light.
- 2. Confess your sins to God.
- 3. Be cleansed by the blood of Christ.

Find account of one whom Christ told to place his hand in his side....Find account of a disciple resting on Jesus' bosom....Find where Christ called himself the light of the world.

A.D. 90.] LESSON VII. [Nov. 16. The Love of the Father ; or, Christ Revealing

GOD'S LOVE.

1 John 4. 7-16. Commit to memory verses 7-11 OUTLINE.

His love. v. 1-10.
Our love. v. 11-16.
GOLDEN TEXT.

We love him, because he first loved us. 1 John 4. 19.

1. Never forget God's love to yon.

2. Love him in return, with all your heart.

3. Have God dwelling within you.

Find a passage which speaks of "God's great love"A passage where Panl says of Christ, "who loved me"....A passage where Christ is spoken of as a "propitiation."

" BENE ORASSE EST BENE STUDISSE."



ZHAT strange words these are!" says John. "What can they mean? Perhaps brother Will knows. He tudies German."

Brother Will at once sees they are not German, and so can not throw

any light on them.

I will tell you. They are Latin. Luther used to say, "Bene orasse est bene studisse;" that is, "To have prayed well is to have studied well."

He sometimes had so much to do that the days were too short, and he knew not how to get through with his work. Then he would say to his friends, "I must pray more to day, or I shall not get done."

That was good doctrine then, and it is equally true now. But many people just turn it around; and when very busy, they say, "Really, I have not time to pray to-day."

When we have the most to do and to bear, then we most need to pray. Especially, boys and girls, is this true in regard to your study of the Bible.

To study it well, you must pray over it and through it. Ask God to help you not only to understand the words, but also to see what a sinful heart you have, and what a loving Saviour, and how you best shall live to His praise.— Youth's Evangelist.

FREED CHRISTIAN NEGROES.



OU have heard a great deal about the late dreadful war in America, and how it led to the setting free of all the slaves in the United States.

Amongst these poor people were many thousands who had found the Saviour whilst in their bondage; but on many estates these black Christians were cruelly

treated, and not allowed to meet together to worship God. But when the great event came which set them all free, they were filled with joy and thankfulness.

We find in an American Methodist newspaper an account of a love-feast held among some of these freed blacks, in the Charleston district; and we thought that our dear children, who enjoy all the blessings of freedom, and religious care, would like to hear something about what the black Christians feel now that they are no longer slaves.

The love-feast was held at sunrise; and here are some of the things that were said :---

"Master Jesus is here : never day like this : my soul is bursting full."