



Home-made Bread for the Kiddies!

Nothing in the world is more wholesome than fresh, home-made bread, with its soft, snowy-white "crumb" and the tasty, golden-brown crust.



ROYAL YEAST CAKES

THE PANGS OF REMORSE — OR — A COMPLICATED TANGLE.

CHAPTER VII.

Sir Ralph stepped outside, sent for the doctor, returned, kissed her and deemed it best to assume a calm and gratified acquiescence.

"The little doctor, thinking her nothing less than dying, rushed in, but started back almost at the sight of my lady sitting calmly and complacently at the table, and then, having a ready wit, gasped out a congratulation:

"Delighted, my dear Miss Lily (What were the idiots about to let her get up?)—You look well again—(It will kill her)—It's the very best thing you could have done! Ahem, ahem, Sir Ralph, I just dropped in to—in fact, as I was passing, I will take a cup of coffee, if you please."

And still staring in a curiously bewildered way at his late patient he sat down at the table.

Lillian smiled, a sad ghost of the old, joyous smile, and touched his arm.

"Well, doctor, you see I was right. You said I should die if I didn't take the draughts. I'm not dead, you see, and it is as certain that I have not taken one."

He gasped.

"What! Not taken the draughts? You will—"

"Soon be well," said Lillian, interrupting him, then as Sir Ralph, who had been growing pale with dismay, was about to speak, she stole round and, putting her thin arm round his neck, said with something like her old archness: "There, not a word!

I am clever than you all. I know what is the matter with me, and you, all of you, do not, even great Sir Thomas. My complaint doesn't take twenty-five syllables to spell it," she added, bitterly.

Sir Ralph groaned.

"There, papa, do not be frightened. I said I was getting well and I meant it. Doctor, you shall feel my pulse."

He took the tiny, white hand and placed his finger upon the wrist.

"It's certainly slower, more regular," he said, with undisguised surprise.

"You see," she said. "Now, doctor, let me give you another cup of coffee."

There was no resisting her, and Sir Ralph felt something of the old happiness come back at her calm, clear, unquivering voice.

But it fled whenever he caught her face off its guard, for he saw there that the disease with the short syllables was not eradicated but was eating its way within as surely as a little worm devours the heart of the rose.

All this while Mr. Benant kept clear of Rivershall, and wisely.

It seemed as if Lillian dreaded a visit from him, and was guarding against the possibility of his finding her alone.

She went nowhere, not even to the new winter-stricken rosery, without Miss Lucas. That young lady had proved her devotion to the mistress by refraining from showing animosity to Mrs. Williams. The housekeeper, despot in her character as nurse, had forbidden Miss Lucas the sick room, but Miss Lucas sensibly had shown no malice, and had helped the housekeeper in various ways outside; had even gone to the length of making a custard with her own hands and preparing a calf's-foot jelly.

So amiable did Miss Lucas' disposition seem that the cook and the maids actually were glad to see her in the kitchen, and Miss Lucas was always welcome whether the object of her visit was the preparation of some tempting invalid's delicacy for her young mistress of a little harmless gossip.

As cook said, Miss Lucas was always interested in any scrap of news and really seemed as fond of Miss Lillian as Sir Ralph himself.

The days rolled on.

The young girl, more beautiful than ever, with her pale face and soft, dreamy look, never uttered the discarded tutor's name, and scarcely mentioned any other.

Sir Ralph was at his wits' end.

He grew more stern, more exacting with his tenants, more sad in solitude at night. And Miss Lucas, unalterably frigid and emotionless, witnessed it all and smiled.

One day Sir Ralph, while walking over his estate, saw a tall gentleman with a mild, pleasant face, dark eyes,

and long, thick hair standing, gazing at the sky with a meditative air.

As he was on the Rivershall land, Sir Ralph, easily angered now, walked up, and in his haughtiest manner asked him if he was aware of his trespass.

"A thousand pardons!" exclaimed the gentleman, starting from his reveries and lifting his hat. "I am a stranger and erred unwittingly."

Sir Ralph raised his hat in return, tried to mutter a gracious response, and the stranger walked away.

That evening Miss Lucas, who had just returned from London, which she had lately been visiting, remarked that she had heard it rumored that a celebrated doctor was coming into the neighborhood.

"Indeed," said Lillian, in her joyous way. "When did you hear that, Kate?"

"At my doctor's; I suffer from the headache, and have been seeking advice during my visit to town."

"Eh?" said Sir Ralph, awaking from a grim reverie. "A doctor here! What doctor?"

"A great physician, Dr. Bromwell. I have heard of him, but never seen him. He is leaving London, so my doctor says, for the benefit of his health, and has chosen Berkshires."

"Ah," said Sir Ralph, not at all interested, and relapsed into his old, moody silence.

"And you have headaches, dear Kate," said Lillian, gently. "How well you bear them! I have never heard you complain."

"No, my dear," said Miss Lucas, frigidly. "I do not shrink beneath the chastening rod."

The conversation dropped, but Lillian had it brought to her mind in a curious way the next morning.

Since Clarence Clifford's dismissal she had taken to a regular, systematic visiting of her poor. Each day saw her at a fixed hour on her path of ministrations, her dainty little basket well filled with invalid's delicacies, her gentle heart so stored with kindness and pity.

A welcome awaited her wherever she went, a blessing followed her departing footsteps.

Lillian was another word for angel with the poor round Rivershall, and not a man or woman but would have gladly died to bring the old joyful, careless look upon her sweet young face.

As she entered one of her cottages to visit a bed-ridden girl, dying by inches of consumption, she hesitated and drew back.

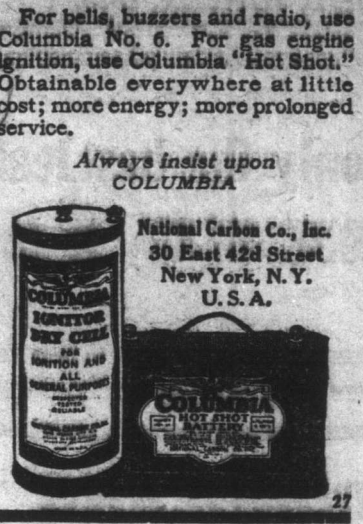
A tall gentleman, the same that her father had seen the preceding day, was standing by the bedside, looking down at the invalid's face with a benevolent smile.

At Lillian's entrance the invalid looked up with a world of humble love in her eyes, and made an eager gesture for her not to go.

"Is it you, miss? Don't 'ee go. This gentleman is a doctor, dear Miss Lillian, come to see me out of the goodness of his heart."

(To be continued.)

Columbia Dry Batteries



Tourists' Millions

England's Many Visitors From Over the Seas.

Sixty years ago there was only one hotel in London that could boast a hundred bedrooms. To-day there are over one hundred in and around Central London which average three hundred rooms apiece.

During this summer practically every room will be occupied and—here is the interesting part—three-quarters of the rooms will be occupied by people coming from abroad.

The growth in the number of smaller hotels has been simply tremendous, and it is reckoned that London as a whole can now accommodate no fewer than 475,000 visitors at one time. In other words, she could absorb the whole populations of Halifax and Bristol, both housing and feeding them.

Towns such as Brighton, Bournemouth, Bath and Cheltenham have accommodation for tens of thousands of visitors, and in these places, as in London, you notice every year a constant increase in the number of American visitors and visitors from other parts of the Empire.

It was about twenty years ago that Americans began to discover Great Britain as a holiday resort. By 1907 we had over 100,000 American visitors. This year we reckon on 400,000 visitors from abroad but shall probably find by October that we have had well over half a million.

In 1923, it was estimated that Americans spent twelve million pounds in Britain. In 1924 this figure was greatly exceeded, and it is quite possible that the 1925 figure will set up a new record.

Say what you will about our climate, Britain is pleasanter to live in during summer than any other country, and she can boast a greater variety of scenery within a small space than any other part of the world.

Woman's Secret Charm

In perfect health lies the secret of woman's charm which makes her radiate cheer and happiness wherever she goes. No one enjoys listening to the aches, pains and woes of an ill, nervous, irritable woman, and her condition is plainly stamped upon every feature. The most effective remedy for woman's ailments ever discovered has proved to be Lydia E. Pinkham's Vegetable Compound. Women are soon restored to health by its use and acquire the charm that health alone can give.

Bills That Railways Pay

Wealth Lavished on Trains.

With Whitsuntide the railway excursion season opens in earnest, and it is probable that few travellers have much idea of the vast sums spent on the trains in which they travel to their favourite holiday resorts.

Twenty years ago it was possible to build a third-class railway carriage for £200 and a first-class composite for about £250 more. And that notwithstanding the fact that a first-class carriage requires sixteen coats of paint before it is ready for service. To-day rolling stock of all sorts costs at least twice as much to construct as before 1914.

High Cost of Comfort.

The North-Eastern Railway has lately constructed a new Flying Scotsman, which, with its new giant engine and eleven coaches, has meant an outlay of £42,800. The engine, a new one of the Pacific type, cost £7,500, and the carriages £35,000. The kitchen and restaurant carriages were the most costly, amounting to £11,000 of the total. The passenger coaches cost £2,850 to £3,600 each, and even for the cheapest vehicle, the brake van, the bill was £1,800.

While we do not build our carriages wholly of steel, as is the custom in America, it is usual to fireproof all the timber used in coach-building. All the wood used in building the London Underground trains has been fireproofed since 1905, and a disc affixed to each carriage testifies to this fact.

The amount of timber used in the construction of a coach is considerable, amounting to five or six hundred cubic feet. For a passenger coach of



Cinn-o-mon LIFE SAVERS

have the snap of a crisp winter day

Look for the red package

Delightful and Tingling to taste

GERALD S. DOYLE, Agent.



DUNCAN'S Baby Food

A Triumph

DUNCAN, the winner of the first prize of £100 in a recent baby competition in which there were over 52,000 entries, was reared on the 'Allenburys' FOODS FOR INFANTS

These are specially manufactured for Infant Feeding and long experience has proved that they give the best results in all countries and climates.

Write for a free copy of the 'Allenburys' book on Infant Feeding and Management to Allen & Hanburys Ltd., Special Representatives for B.W.I. H. S. HALSALL, P.O. Box 57, BRIDGETOWN, BARBADOS.

An Unusual Display

LOW PRICED FAMILY FOOTWEAR

—FOR MEN, WOMEN AND CHILDREN—

LOOK OVER THESE PRICES AND NOTE THE MONEY-SAVING OPPORTUNITIES WE ARE OFFERING—

MEN'S DRESS BOOTS
in Dark Mahogany shade, Blucher style, rubber heels attached. All sizes.
\$4.20 \$5.00

MEN'S BOOTS
in Black Kid and Calf Leathers, Blucher style; all solid leather. Special Prices.
\$4.20 \$4.50 \$4.75

BOYS' BOOT VALUES
BOYS' CHROME BLUCHER
Sizes 9 to 13**\$2.50, \$2.75**
BOYS' BOX CALF BOOTS
Blucher Style; "Our Own Make."
Sizes 9 to 13**\$2.75, \$3.00**
Sizes 1 to 5**\$3.00, \$3.30**
(rubber heels attached)

BOYS' BOX CALF BOOTS
Blucher Style; "Our Own Make."
Sizes 9 to 13**\$2.75, \$3.00**
Sizes 1 to 5**\$3.30, \$3.50**
(rubber heels attached)

SNEAKERS
SUPERIOR QUALITY.
Black, Brown and White.
Child's 6 to 10 90c.
Misses' 11 to 2 \$1.00
Boys' 3 to 6 \$1.15
Women's 3 to 6 \$1.15
Men's 6 to 10 \$1.25

SPECIAL! MEN'S WORK BOOTS WORK SHOES



FOR CONSTRUCTION WORK
All Solid Leather.
Black & Brown.
\$3.00 PAIR.

MEN'S LOW SHOES



In Black and new shades of Tan, perforated and plain styles, at
\$4.50 \$5.00 \$5.50 \$6.00

SUEDE POLISH
in all the new shades
20c. the Stick.

LADIES CREPE SOLE SPORT SHOES
in the new shades of Tan.
\$6.00

WOMEN'S WHITE CANVAS BOOTS
Medium and Low Heels; all sizes, real value for the money. Special Price.
99c. the Pair.

CHILD'S & MISSES' WHITE CANVAS BOOTS
High lace and good quality. Sizes 6 to 2. Special Price,
99c. the Pair.

CHILD'S & MISSES' CANVAS SANDALS
(Brown); leather soles; all sizes 6 to 2. Special,
99c. the Pair.
Same style in White; sizes 6 to 10. Special **99c. the pair**

LADIES' MAHOGANY SHADE STREET SHOES
Medium heel and toe; sizes 3 to 6. Special Price **\$2.50**

LADIES' BLACK LACE OXFORDS
Medium rubber heels, very dressy; sizes 3 to 6. Special,
\$2.50 the Pair

Parker & Monroe, Limited

The Shoe Men

IN THE EXAMS. THE QUESTION,— which is the best and most economical Soap?

Will invariably be answered thus, **SUNLIGHT SOAP!**

The note of admiration is inseparable from Sunlight Soap, it belongs.

the largest size, such as is used on Indian railways, nineteen doors have to be made and no fewer than ninety-two windows. One of these coaches, sixty-two feet in length, was built for the Great Indian Peninsula Railway in five days.

The Casualty List.

A Leeds firm had a contract recently to build forty luxurious sleeping cars for the Riviera train de luxe. These were among the most expensive carriages ever built, for the sum paid for the whole number was about half a million sterling.

The bill for keeping rolling stock in repair is a heavy item in the expenditure of any of our great companies. One of them pays over £500,000 a year in this way.

When a carriage is damaged a green ticket is affixed to it, which means that it must be detached and sent to hospital. An inspector then examines it, sees what has been done, and—above all—how long the repairs will take. The latter is an important point, for all trains on the main line system are kept as far as possible in the same "make-up" for at least six months.

The colour of the ticket indicates to the inspector the nature of the injury. If there is damage to a brake block the color is red, and in such a case the carriage must not be used on any account until properly repaired.

A £20,000 Coach.

One of the finest English trains ever constructed was made in the shops of the London and North-Western Railway. It was built for the King and cost £20,000. There are two royal saloons, each measuring sixty-nine feet in length, three saloons for the suite, and two brake vans. The whole train weighs 210 tons and is 385 feet long.

Another royal train, built in France for the late King of Greece, has a travelling saloon which is one of the finest ever constructed. It contains bedroom, toilet and bath rooms, with a library, a drawing room, and a dining-room. All are fitted with polished walnut and bronze, and lighted with hidden lamps. The bill for one vehicle was £20,000.

Sun-Proof Paint bought from Gear's will last for many years. June 22, 25.

BRICKS!

10,000 Best Fire Bricks

100,000 Building Bricks

— AND —

200 Sacks Fireclay.

G. J. Stabb & Co.
febb, sod, st
MINARD'S LINIMENT FOR COLDS

Conservation
Revolution
French
cup
by
LIBERAL
W
W. W. W.
date, defeated
or candidate,
tion to-day, re-
polled 21,702
MOUNTAIN
CHESTER
A mountain
Incredible speed
Ventre River, in
ten Mountains
yesterday, acced
here to-night, as
National Forest
ers, several have
swept away and
the advice said
PORTUGUESE
A Portuguese
here Saturday
of the critical
cruiser next we
Macao, the Port
the entrance of
PARTICULARS
LIBERAL
HALIFAX
Premier E. H. A
ernment went
defeat in the
throughout Nov
early hour this
tions were that
der Hon. E. N. O
turned with a
where from this
House of forty
Premier person
Shelbourne, and
two members of
were conceded
The Attorney Ge
O'Hearn, was
avalanche of vo
Hons. J. J. Kin
Montreal, memb
ment without p
Under Conserv
Liberal were
It was the first
years that the
cured a victory
tons. Labor with
field did not p
test. Hon. E. N.
called upon to
ment, won his
sta in Hants.
Hon William
Miss in the Ar
was victorious in