

## MARCH, 1875.

## MOON'S PHASES.

New Moon..... 7th Full Moon..... 21st  
First Quarter..... 14th Third Quarter..... 30th

- 1 **Mo** FORGIVENESS to the injured does belong,  
2 **Tu** And they ne'er pardon who have done the  
3 **We** wrong.  
4 **Th** A GOOD BOOK is the precious life-blood of  
5 **Fr** a master-spirit enbathed, treasured up on  
6 **Sa** purpose to a life beyond.—*Milton*.  
7 **S** 4th Sunday in Lent.  
8 **Mo**  
9 **Tu** A GOOD NEWSPAPER contains the master-  
10 **We** thoughts of the day, and its influence for  
11 **Th** good is as far-reaching as time itself. It is to  
12 **Fr** a great extent, moulds the character of the  
13 **Sa** free and civilized nations of the world and  
14 **S** influences their histories more than stand-  
15 **Mo** ing armies or navies of iron-clads.  
16 **Tu** 5th Sunday in Lent.  
17 **We** HISTORIES make men wise; poets, witty;  
18 **Th** the mathematicians, subtle; natural philosophy,  
19 **Fr** deep; moral, grave; logic and rhetoric, able  
20 **Sa** to contend.—*Bacon*.  
21 **S** THE telegrams to the *Daily Witness* have  
22 **Mo** increased fifty per cent. in four years.  
23 **Tu** Palm Sunday.  
24 **We** A LITTLE philosophy inclineth a man's  
25 **Th** mind to atheism, but (depth in philosophy  
26 **Fr** bringeth men's minds about to religion.  
27 **Sa** —*Bacon*.  
28 **S** THE subscribers to the *Weekly Witness*  
29 **Mo** could, with advantage, take the *Messenger*.  
30 **Tu** These two journals contain no reading mat-  
31 **We** ter in common except the Sunday-school les-  
32 **Th** son.  
33 **Fr** Easter Sunday.  
O thou invisible spirit of wine, if thou hast  
no name to be known by, let us call thee devil.  
—*Shakespeare*.  
THE BEST CORNER for the children in win-  
ter.—Their corner in the *Witness*.

**NUTRIMENT.**—The comparative nutriment contained in various articles of food will be seen in the table annexed. The figures appended to each article show the proportion of nutriment in every 1,000 parts:—*Mutton*, 20; chicken, 20; beef, 20; veal, 20; pork, 21; fish, about 20; white of egg, 10; milk, 7; wheat, 9; peas (dry), 9; barley, 9; beans, (dry), 8; rice, 8; bread, 8; rye, 7; oats, 7; almonds, 6; beets, 11; potatoes, 15; carrots, 15; cabbage, 7; turnip, 4; melons, 3; cucumbers, 2; plums, 2; grapes, 2; cherries, 2; peaches, 2; gooseberries, 1; apples, 1; pears, 1; straw-berries, 1.

A LITTLE by having broken his rocking-horse the day it was purchased his mamma began to scold, when he silenced her by inquiring: "What's the good of a horse till it's broke?"

**BAKED APPLE DUMPLINGS** (a plain family dish).—Six apples,  $\frac{1}{2}$  lb. of suet-crust, sugar to taste. Pare and take out the cores of the apples without dividing them, and make  $\frac{1}{2}$  lb. of suet-crust; roll the apples in the crust, previously sweetening them with moist sugar, and taking care to join the paste nice y. When they are formed into round balls, put them on a tin, and bake them for about  $\frac{1}{2}$  hour, or longer should the apples be very large; arrange them pyramidically on a dish, and stir over them some pounded white sugar. These may be made richer by using puff-paste inst. ad. of suet.

**HOW TO EMPLOY IDLE HOURS.**—Take your copy of the *Daily, Tri-Weekly, or Weekly Witness, Dominion Messenger, or Messenger*, and obtain additional subscribers to them. You will thus have an opportunity of visiting your friends and conversing with them; by your efforts you will encourage these publications; and also will have the satisfaction of knowing that by inducing your friends to take any of them you have done that which they will be thankful for.

## APRIL, 1875

## MOON'S PHASES.

New Moon..... 6th Full Moon..... 20th  
First Quarter..... 12th Third Quarter..... 28th

- 1 **Th** THE circulations of the *Daily, Tri-Weekly*  
2 **Fr** and *Weekly Witness* are published daily. Ad-  
3 **Sa** vertisers can be sure that their advertise-  
4 **S** ments obtain the publicity paid for.  
5 **Mo** Low Sunday.  
6 **Tu** THEY that marry ancient people, merely  
7 **We** in expectation to bury them, hang them-  
8 **Th** selves in hope that one will come out and cut  
9 **Fr** the halter.—*Thomas Fuller*.  
10 **Sa** HOW TO KEEP HUSBANDS FROM GOING  
11 **S** OUT NIGHTLY.—Keep the *Witness* coming in  
12 **Mo** Daily.  
13 **Tu** 2nd Sunday after Easter.  
14 **We** No, 'tis slander, whose edge is sharper than  
15 **Th** the sword; whose tongue  
16 **Fr** outvenoms all the worms of Nile.  
17 **Sa** —*Shakespeare*.  
18 **S** A MARVEL—A year's numbers of the  
19 **Mo** *Weekly Witness* contains 3,328 ordinary sized  
20 **Tu** book-pages of closely printed reading matter,  
21 **We** treating on nearly every subject, from all  
22 **Th** points of view. Price, \$1.  
23 **Fr** 3rd Sunday after Easter.  
24 **Sa** I HOLD every man a debtor to his profes-  
25 **Mo** sion, from the which as men of course do  
26 **Tu** seek to receive countenance and profit; so  
27 **We** ought they of duty to endeavor themselves  
28 **Th** by way of amends to be a help and ornament  
29 **Fr** thereunto.—*Bacon*.  
30 **S** THE *Witness* Printing Press prints 8,000  
31 **Mo** sheets an hour.  
32 **Tu** 4th Sunday after East r.  
33 **We** WHEN bad men combine, the good must  
associate; else they will fall, one by one, an  
unspirited sacrifice, in a contemptible strug-  
gle.—*Burke*.  
EARLY and provident fear is the mother  
of safety.—*Id.*  
\$26,737 was paid in salaries to the *Witness*  
employees in 1871, and \$37,659 in 1874. £,

**POUND CAKE.**—One lb. of butter,  $\frac{1}{4}$  lb. of flour, 1 lb. of pounded loaf sugar, 1 lb. of currants, 9 eggs, 2 oz. of candied peel,  $\frac{1}{2}$  oz. of citron,  $\frac{1}{2}$  oz. of sweet almonds; when liked, a little pounded mace. Work the butter to a cream; dredge in the flour; add the sugar, currants, candied peel, which should be cut into neat slices, and the almonds, which should be blanched and chopped and mix all these well together; whisk the eggs, and let them be thoroughly blended with the dry ingredients. Beat the cake well for 20 minutes, and put it into a round tin, lined at the bottom and sides with a strip of white buttered paper. Bake it from  $\frac{1}{2}$  to 2 hours, and let the oven be well heated when the cake is first put in, as if this is not the case, the currants will sink to the bottom of it. To make this preparation light, the yokes and whites of the eggs should be beaten separately, and added separately to the other ingredients. The above quantity divided in two will make two nice-sized cakes.

**SUN AND MOON.**—"The sun is all very well" said an Irishman, "but the moon is worth two of it; for the moon affords us light in the night-time, when we want it, whereas the sun's with us in the daytime, when we have no occasion for it."

**SUET CRUST, FOR PIES OR PUDDINGS.**—To every pound of flour allow 5 or 6 oz. of beef suet,  $\frac{1}{2}$  pint of water. Free the suet from skin and shreds; chop it extremely fine, and rub it well into the flour; work the whole to a smooth paste with the above proportion of water; roll it out, and it is ready for use. This crust is quite rich enough for any purpose, but when a better one is desired, use from  $\frac{1}{2}$  to  $\frac{3}{4}$  lb. of suet to every lb. of flour.

**MRS. PARTINGTON** declares that she does not wish to vote as she fears she couldn't stand the shock of the electrical franchise.