

CRISPS and SHORTBREAD

Next time you're in the mood for a snack, try corn crisps and shortbread with a Dutch touch.

CHEESE SHORTBREAD
1 cup (4 ounces) Imported Edam or Gouda cheese
1/2 cup butter
1/2 cup all-purpose flour
1/2 cup whole wheat flour
1/4 teaspoon salt

Cream shredded cheese and butter. Blend in flour and salt. Work with hands until the mixture forms a smooth ball. If it's too sticky, add a

little more flour; if too dry add a few drops of water. Lightly butter one 9-inch square cake pan or one 9-inch round layer cake pan. Press dough firmly and evenly into the bottom of the pan. Cut the

shortbread into squares or wedges. Prick with a fork. Bake in 400-degree oven 20-to-25 minutes until golden. When cool, cut down lines again and remove from baking pan. Makes 12 squares or wedges.

prepared baking sheet. Dip metal dessert spoon in water. Press each mound with the back of the wet spoon into a thin wafer. Bake five to six minutes in 425-degree oven until lightly browned. Makes about four dozen crisp wafers.

HOLLAND CRISPS
1 1/2 cup boiling water
1 cup cornmeal
1/2 teaspoon salt
1/2 teaspoon curry powder
1/4 cup butter
1/2 cup (2 ounces) shredded Dutch cheese

Pour boiling water on cornmeal. Stir to make light batter. Season with salt. Blend in butter and cheese. Preheat oven to 425 degrees. Grease baking sheet. Drop the batter by the half teaspoon about three inches apart onto

Run around with your wife again.



Family Unity Month counters 'radical feminists'

May has been proclaimed Family Unity Month in Ontario by Premier William Davis as part of a campaign to stress the importance of the family structure.

Local religious leaders, prompted by the Canada Toronto Mission of the Church of Jesus Christ of Latter-Day Saints (Mormons), approached Davis with their idea for special recognition of the family unit.

The Mormons are concerned with "radical feminists" who are urging women to abandon their traditional roles as mothers and "do something significant in the world."

"Motherhood is the most fulfilling role of a woman," says Robert Meldrum, public relations director for the mis-

sion, which is based in Brampton.

"Such a philosophy is not old fashioned when one begins to realize how important mothers really are.

"A mother's guiding influence can inspire a genius or destroy pliable souls."

"Each day brings with it new challenges, new joys and new

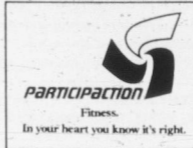
sorrows, all to be woven into a hectic day of household chores.

"Inspired leaders, Mormons among them, have claimed the most important work you will do will be done within the walls of your own home," Meldrum says.

Since May is Family Unity Month, everyone should take a little time to show extra love, concern and honour for those "stalwart souls called mothers," he adds.



Symbol of woman



Dr. Keith H. Kerr

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Seminar on marketing

Three hundred Peel region secondary school students are expected to attend a one-day marketing seminar at Sheridan College tomorrow.

Featured speaker will be William Pickett, president of American Motors (Canada) Ltd. Twelve other guests, representing both manufacturers and consumers, will speak.

Students are expected to attend at least three sessions throughout the day. Each session will run about one hour.

The seminar starts at 9:30 a.m. at Sheridan's Oakville campus on Trafalgar Rd. For more information, contact Dave Russell, seminar co-ordinator and marketing instructor at Applewood Heights secondary school, 279-6090.

French program to be expanded

Most Grade 6 students in Peel public schools should start receiving 30 minutes of oral French lessons a day this September.

Approved by the Peel board of education, the plan to extend French instruction into Grade 6 will cost an estimated \$91,200 for the last four months of 1975 alone.

At present, Grades 7 and 8 students receive 20 minutes of French oral instruction each day.

The expansion program will require 18 specialized teachers to be added to the staff by the fall. A shortage of qualified French instructors could delay full implementation. They will be paid an average of \$12,000 a year.

Oral French programs require little in the way of specialized equipment. A qualified teacher will need only a course manual and a tape recorder.

The new French-course expansion is an interim plan that will eventually be replaced with a new French-instruction policy for elementary schools.

In addition, the board approved a motion inviting volunteer parent groups interested in establishing parent-sponsored French programs to approach the board's program committee in June.

Three such volunteer after school French programs are now in operation and, according to education director Jon Fraser, have proven to be "educationally sound."

Expansion of such volunteer programs was put on hold earlier this year. New proposals will have to conform to those already approved by the board according to Fraser. A set of guidelines for parent sponsored programs is under preparation now.

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OTHER LOCATIONS:
WOODBINE and No. 7, BARRIE, BRAMPTON, KEEL and No. 7, OAKVILLE

MINISTRY OF THE ENVIRONMENT Ontario

PRE-DESIGN REPORT FOR A SOLID WASTE RESOURCE RECOVERY PLANT REGIONAL MUNICIPALITY OF PEEL

Proposals are invited from Consulting Engineers qualified and experienced in the solid waste management field for the preparation of a Pre-Design Report for a combined Front End Resource Recovery Plant and Transfer Station to serve the Regional Municipality of Peel in accordance with terms of reference available at:

Ontario Centre for Resource Recovery
4376 Chesawood Drive
Toronto, Ont. M2J 2C2
(416) 836-8015
Attention: L. A. Bosotti, P. Eng.
Co-ordinator Project Development

Proposals will be received at the above address up to 4:00 p.m. on Friday June 6, 1975

Resource Recovery

Vigoro's Bill Hartnoll has just hatched a plot to save you around \$200 on vegetable costs.



Look at today's high vegetable prices and you've got two alternatives. You can groan. Or you can grow. Of course, I favour growing because I just happen to have the perfect vegetable garden for you. It can save you a bunch of money and you'll get some healthy exercise in the bargain.

My new garden chart shows you my plan for a garden 15 ft. wide by 25 ft. deep and it is available free from authorized Vigoro dealers or by forwarding the coupon below to me. From this garden you'll get 18 delicious varieties of vegetables that will supply you with fresh produce from late Spring until late Autumn. And you'll have plenty left over for freezing, canning and storing in your basement. The way I figure it you'll save up to \$230 in vegetable costs.

Here's another Hartnoll tip. To get your garden off to a fine start, pick up some Pink Vigoro. You see Pink Vigoro contains nitrogen, potash and phosphate. Besides all this, it has one of the finest organic bases there is—rice husks. Take my advice, neighbour, plant and prosper.

VIGORO
1400 The Queensway, Toronto, Ontario

• c/o Bill Hartnoll
• Vigoro
• 1400 The Queensway, Toronto, Ont.

• Please send me a copy of your "Victory over Vegetable Prices" garden chart.

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