

The business men's room is equipped with full length lockers. The gymnasium, plunge room, shower room and the three locker rooms have all been enameled in white during the summer and the shower room remodelled, thus adding to the effectiveness and attractiveness of this department.

Gymnasium Classes

The most important part of the Physical Department activities center about the gymnasium, and classes are held to give the "greatest good to the greatest number."

Business Men's Class meets Tuesday and Friday afternoons, 5 to 6 o'clock. The emphasis is on the recreative and relaxation side rather than on muscular development.

Senior Class—Tuesday and Friday nights, 8 to 9 o'clock. Development and muscular education is the aim. This class is graded to meet the ability of beginners, as well as of the more advanced gymnasts. After the class period, free time for individual work, or for games, is given.