

help you, you know how freely you can command it. Come, not for confession, but for guidance, and tell me all your doubts. We ought, instead of 150 communicants in "Trinity," to have at least double that number. Then again my friends read your Bibles, I entreat you, more than ever, at least every morning and evening, a portion, however short, and read with prayer for the Spirit's all essential help. And above all, let private prayer be your unfailing practice, at least twice a day. This lies at the very root of the matter of your personal religion. Your spiritual life depends upon it. Nor should an hour of the day pass without "the upward glancing of the eye when none but God is near." Swift-winged thought may ascend, you know, from the midst of household work, from the workshop, from the office, from the counter, and from the very street itself, amid the busy crowd. Then again is the duty of family prayer, incumbent on every head of a household—full of benefit at the time—and of future blessing to each member of the family, long after parents are laid low. Oh that I could see God thus honored in every house. That house would be surely blest of Him in return. How good, if in place of the unhallowed sounds which shock our ears, as we traverse the streets, at morn and eve, the passer by could hear the voice of prayer and praise ascending up to the God of all the families of the earth. May the Lord hasten the time! There is another exercise of prayer which I fear is too much neglected on all sides. Too many families of professing christians sit down to the meal which God has provided for them, and get up from it, without a word of prayer for a blessing at first, or of thanks afterwards. If such is the godless practice of any who read this, I hope it will be so no longer. The two short words "thank God" if coming from the heart, will not be lost on the family circle, nor despised by the great Provider for every want.

If thus, dear brethren, you begin, continue and end your days, making religion to leaven all your every-day employments and conversation, and associations, you will do well for your own souls, and by the light of your example shining before men, they also may be led to "glorify your father which is in heaven." Let that be the aim of us all. "The life we are now living in the flesh, let us live by faith in the Son of God." As parents, husbands, wives, children, brothers and sisters, masters and servants, rulers and ruled, let it be our endeavour to fulfil every