

ter. . . . . Secondly, having regard to the great swelling and coldness of the limb, we must apply hot bricks round it, and sprinkle them with a decoction of nerval herbs in wine and vinegar, and wrap them in napkins; and to his feet an earthenware bottle filled with the decoction, corked, and wrapped in cloths. Then the thigh and the whole of the leg must be fomented of a decoction made of sage, rosemary, thyme, lavender, flowers of chamomile and melilot, red roses boiled in white wine, with a drying powder made of oak-ashes and a little vinegar and half a handful of salt. . . . . Thirdly, we must apply to the bedsore a large plaster made of the desiccative red ointment and of Unguentum Comitissæ, equal parts, mixed together, to ease his pain and dry the ulcer; and he must have a little pillow of down, to keep all pressure off it.

And for the strengthening of his heart, we must apply over it a refrigerant of oil of water-lillies, ointment of roses, and a little saffron dissolved in rose-vinegar and treacle, spread on a piece of red cloth. For the syncope, from exhaustion of the natural forces, troubling the brain, he must have good nourishment, full of juices, as raw eggs, plums stewed in wine and sugar, broth of the meat of the great pot, whereof I have already spoken; the white meat of fowls, partridges' wings minced small, and other roast meats easy to digest, as veal, kid, pigeons, partridges, thrushes, and the like, with sauce of orange, verjuice, sorrel, sharp pomegranates; or he may have them boiled with good herbs, as lettuce, purslain, chicory, bugloss, marigold, and the like. At night he can take barley-water, with juice of sorrel and of water-lillies, or each two ounces, with four or five grains of opium, and the four cold seeds crushed of each half an ounce; which is a good nourishing remedy and will make him sleep. His bread is to be farm-house bread neither too stale nor too fresh. For the great pain in his head his hair must be cut, and his head rubbed with rose-vinegar just warm, and a double cloth steeped in it and put there; also a forehead cloth of oil of roses and water-lillies and poppies, and a little opium and rose-vinegar, with a little camphor, and changed from time to time. Moreover, we must allow him to smell flowers of henbane and water-lillies, bruised with vinegar and rose water, with a little camphor, all wrapped in a handkerchief, to be held some time to his nose. . . . . And we must make artificial rain, pouring water from some high place into a chaldron, that he may hear the sound of it; by which means sleep shall be provoked on him. As for the contraction of his leg, there is hope of righting it when we have let out the pus and other humors pent up in the thigh, and have rubbed the whole knee with ointment of mallows, and oil of lillies, and a little eau-de-vie, and wrapped in black wool with