

**2. With whom do you spend most of your leisure time?**

Approximate percentage of  
time spent

a) Alone

\_\_\_\_\_

b) With immediate family

\_\_\_\_\_

c) With host country nationals

\_\_\_\_\_

d) With Canadians

\_\_\_\_\_

e) With other foreigners

\_\_\_\_\_

Total

100%

**3. Overall, how difficult has it been to adjust to the foreign country? (Circle one number)**

Very difficult 1 2 3 4 5 Very easy

**4. Has your adjustment to the foreign country been stressful? (Circle one number)**

Hardly stressful at all 1 2 3 4 5 Very stressful

**5. How do you feel now about living in the foreign country? (Circle one number)**

Very dissatisfied 1 2 3 4 5 Very satisfied

**6. Overall, how would you describe your contacts with host nationals? (Circle one on each line)**

**a) On-the-job**

Satisfactory 1 2 3 4 5 Unsatisfactory

Pleasant 1 2 3 4 5 Unpleasant

Rewarding 1 2 3 4 5 Unrewarding