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Handsomely bound in grey and gold the PURITY FLOUR COOK BOOK offers 180 pages of the latest tried information upon the preparation of all manner of nutritious dishes—from delicious and strength-giving soups to dainty, tasty desserts. A work from the pen of Miss E. Warner, Specialist on food preparation and Domestic Science Expert, and carries the approval of the famous Macdonald College; its text is in the easily understood and non-technical language of the home kitchen.

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WESTERN CANADA FLOUR MILLS COMPANY, LIMITED

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The great racing Pedalmobile is built exactly like a 6 cylinder 30 horsepower motor car. It has real electric headlights, rubber tires, artillery wheels, long weeping hood, mud guard, wind shield, gasoline tank, three speed lever, steering wheel, radiator, horn, lamps, etc.

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## The Magpie's Nest

(CONTINUED FROM PAGE 50)

ing memories, all save one or two that she resolutely excluded from the present company.

"It isn't the wicked that are punished; it's the fools." So she reflected. "Now what do I want? And I will see what I must do to get it." And there she halted, her mirth slowly evaporating, leaving her very cold and heavy.

"I do not want anything," she said, and rolled her hair into an ugly bun and kicked her clothes onto the floor and crept into bed.

That was the mood that had kept her prisoner within herself for nearly three years now; she had fled from it, and found it in her pack at the end of the journey. It disgusted her. There was something so slack, so puerile and whimpering about it . . . One imagined it as garbed in a kimono, with tousled hair . . . To fight it was the harder because of her heavy handicap of physical listlessness; she felt half ill.

She felt that, despite the most conscientious and unwilling care of her toilette, she looked thirty years old and hopeless of this life and the next, as she sat in the press box at the races the next day. The reaction of having talked herself out with Evelyn left her without two words for anyone; she scowled at the ticket taker, and was barely civil to a well-meaning reporter who found her a chair.

It was a gala day of some sort, perhaps the end of the season; there was a sprinkling of well-dressed women in the boxes, and gilded youths with sticks and boutonnières. Watching the men, probably because her business was with the women, Hope wondered how on earth they managed to look as if all poured from the same mold; they had small hands, smooth, vacant faces, and slim waists, and their tickets were even as a Jew's phylacteries on a feast day, a something indispensable marking the chosen, of the nature of a religious observance. It was true, however, that she viewed them with a jaundiced, not to say bilious eye; there were other men. Hope intemperately longed to see just one with large red hands and a number eighteen collar, and found the hostlers singularly refreshing as they appeared occasionally at the paddock entrance, holding the heads of the dainty, high-mettled horses. The horses pleased her; they walked as if there were eggs in the path, and looked coquettishly out of their hoods, pretending to be about to bolt. The women in the boxes were groomed like the horses, but not half so pretty; they were not of the same clean hardness, but were flabby and their eyes were dull.

HOPE knew she was rather outrageously dressed, in a light greenish heather tweed suit, with a white waistcoat and spats and a cloth hat, and she completed the ensemble by sticking a large single glass in her eye and by surveying the whole scene with cold disdain. She had done it on purpose, having determined to "put up a front," and the eye glass was a final personal insolence addressed to New York in general. It was useful, certainly, since she must sketch from a distance, but in Seattle she had found double eye-glasses quite sufficient. She took out her sketching block at last and began, rather savagely, on the well-fed women, making their faces all alike, round and like a French doll, but paying the most careful attention to each detail of their clothes.

(To Be Continued)

## The Child's Teeth

(CONTINUED FROM PAGE 44)

of your teeth comes from the rotting or decay of food left about the necks of the teeth and in between them. Since that is so, don't you think it would be better to try and get rid of that food before it decays? I do. If you do not get rid of it but just leave it there, after a while you will have little holes in your teeth and they will grow larger and larger, like the hole in your stocking, until they get so large you will have a toothache. And we agree that nobody wants toothache, especially at Christmas time. So, if you want to be able, little friends, to eat lots of candies, all the sweets old Santa will bring and mother will make, without getting even a little toothache, begin NOW to wash your teeth after eating, so they just can't decay.

### Our Thanks

"No time to read the daily news,"

Said Mrs. J.— "I'm sorry

To see you lose so many hours;

'E.W.' does it for me."

## Granny's Talk to Young Mothers



"Few young mothers realize the extent to which a cold lowers the system and makes it susceptible to disease. The majority of diseases arise from germs, but it is not widely known that a healthy system will repel their attacks.

Mothers should never allow a cold to run for 24 hours without

### "Granny" Chamberlain

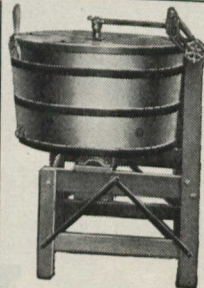
attention. If this is made a rule there will be less sickness for young mothers to worry over. A good reliable medicine for coughs, colds, croup and bronchitis should always be kept in the home. You may say that you have no confidence in cough medicines, but that is because you have never tried

### Chamberlain's Cough Remedy

the medicine that is thoroughly reliable and has stood the test of half a century. There is nothing in it unsuitable for even the baby.

Yours for Health

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