

House and Household.

USEFUL RECIPES

EGGS A LA BENEDECTINE.

Out three English muffins in halves and toast very delicately. Cut six pieces of boiled ham very thin and of a size to fill the muffins; keep hot in a moderate oven while six eggs are poached. Put a poached egg on each piece of toasted muffins and serve hot, with sauce Hollandaise.

SPANISH EGGS.

Rub the inside of the frying pan with a slice of onion. Pare one tomato and cut it into bits. Put into the frying pan with a tablespoonful of butter and cook for five minutes. Beat six eggs well, and at the end of five minutes put them in the pan with a level teaspoonful of salt and one fourth of a teaspoonful of pepper. Stir constantly until the eggs begin to thicken. Then pour into a hot dish and serve at once.

BROILED STEAK A LA SHREWSBURY.

Broil a thick porter house steak. Select fine, large mushrooms. Peel the tops, scrape the stalks and cut them off about half an inch from the top. Lay these upper side down on a hot broiler until tender; they will not require more than five minutes. Turn, but broil longest on the upper side. Have some butter softened; baste the mushrooms with this. Dish them around the beefsteak. Pour more butter over them, sprinkled with salt and pepper, and serve.

STUFFED EGGS.

Hard boil as many eggs as there are persons, peel and divide each egg exactly in two, across, clip a little off the end of each half, and after removing the yolks stand the halves in a dish, hollows up. Drain from its oil one sardine for every half yolk. Free from skin and bone, bland with the yolks by means of a silver fork, and pepper and salt to taste. Fill the mixture in the hollows, rounding it to the shape and size of the full yolk. These may be heated in the oven and dressed with melted butter if served cold.

HAM AND EGG CHOWDER.

One teacupful of boiled ham, chopped fine, five eggs well beaten, one half cupful of cream. Mix all well together and cook in a skillet with butter. Season, if needed. Stir as for scrambled eggs. Serve on platter. Garnish with parsley.

HOUSEHOLD HINTS.

Parsley is entirely effectual in removing the odor of onions after a meal. The green sprigs should be eaten as celery is, with the onions.

Sweet oil will improve patent leather. Rub over the surface with a bit of cotton wool dipped in the oil, and then polish with a soft duster.

Brush dark dresses thoroughly with a clean, hard brush dipped in blue water, and then hang them up to dry. This revives dark blue and black materials, and makes them look like new.

An old housewife says that the toughest beef or chicken can be made tender and palatable by putting a good spoonful of cider vinegar in the pot in which it is boiling or in the juice with which the same is basted when roasting. It does not injure the flavor in the least.

Near the sink and stove should always hang a kitchen scissors, a can-opener, a corkscrew, a small, sharp knife, a cloth holder for lifting hot pots, a dredging box for flour, a smaller one for pepper, and a box of salt; a pot chain for cleaning sticky pots and pans, and a soap shake for holding the small bits of soap that might otherwise be wasted, should not be forgotten. Also a small dish-mop for cleaning pitchers and jugs too small to admit the hand—this latter is useful, too, for saving the hands when washing fine china or glass in very hot water.

A SAINT'S REMAINS.

THE INTERESTING RELIC TO BE PLACED IN THE CHURCH OF ST. ANSELM, NEW YORK.

St. Peregrinus was a pious Benedictine monk who lived in the ninth century and died at Rome. His remains were removed to Neustadt-on-the-Main, Bavaria, and reposed there in a Benedic-

tine monastery until recently, when they were taken from their resting place and given to the Rev. Gerard Spielman, O.S.B. of New York, who returned home lately with the body. Count Carl von Loewenstein gave the body, which recently came into his possession, to the Rev. Abbot Alexius Edelbrock, O.S.B., of New York, who commissioned the Rev. Gerard Spielman to bring it to New York. The Bishop of Wurzberg consented to and approved this transfer and issued documents authenticating the identity of the body. In the near future the body of St. Peregrinus will be placed in the sanctuary of the Church of St. Anselm and remain exposed for the veneration of the faithful. Before this exposition there will be solemn pontifical ceremonies, in which Archbishop Corrigan and a large number of the clergy will take part.

The Benedictine Fathers of this church are highly honored in receiving this gift, as it makes their church the second in New York to contain the body of a saint. The first one to be thus honored is the Church of St. Paul the Apostle, which has the remains of St. Januarius Martyr.

MARY JOSEPHINE ONAHAN.

A PROMISING CATHOLIC WRITER—CONTRIBUTES TO SOME OF THE LEADING PERIODICALS.

"The premier Catholic layman of America," William J. Onahan, has been sadly tried in the early death of all his children, except Mary Josephine. Thus she has grown up the light and life of her model Christian home, and has had poured out on her upbringing and education the most unsparing pains and outlay. Private tuitions, and attendance at special courses of lectures have been added to the training and accomplishments got in her brilliant course through the elite academy of the Ladies of the Sacred Heart. But the largest and most valuable part of her education she has found at home. Her father's house is at once a most select and recherche library and a museum of history and the fine arts. "From away back" when, such as John Mitchell and Michael Corcoran, and a host of others, such as this world is hardly honored with in many generations, have been familiar spirits there.

Mr. Onahan's elevated character, his energetic forwardness in every case appealing to benevolence, public spiritedness of religious zeal, his generous sympathy with every honest movement on behalf of his race in the old land or in this, and his prominent part in the Catholic colonization measures, have made him, to an extent that could not be easily paralleled, the friend and confident of numbers of the most active spirits in affairs civic and ecclesiastical. How much of the true, unwritten history of the last half century has been made, or told, how superiorly has all its history been discussed, in that little 'den' or in that cosy sitting-room! Raised amid such

"Heart affluence of discursive talk
From household fountains never dry."

for the bright, eager girl, her father's right hand, factotum and pride, and the instant favorite of every guest from near and far, only to sit in her rocking chair has been to travel all over, and to look and listen, to get knowledge enormous and well-nigh encyclopaedic. Meantime, her reading has been prodigious, and, in modern literature, quite outside the beaten paths, as one may see in her contributions to the press. Of these, only comparatively few appear in the Catholic papers, the greater part right along in one or other of the Chicago dailies. For Miss Onahan does not stop at amusing herself, but aims to make bread and gowns out of her pen.

Hereby she only does better justice to the paramount devotedness to Christian principles and world-betterment, which she has inherited and been trained in. She sets her light shining in a dark place. Her work, intensely Catholic and improving, in spirit and effect, is all the more so by its freedom from any obtrusive religiosity, any air of controversial championship, any dogmatizing. None of hers are the thin compressed lips, and know-it-all airs, and bossing temper, of the female dominie. She couldn't be, though unmarried till the Judgment day, an old maid. She is constitutionally and everlastingly a bright, vivacious, hearty, jolly girl. By the way, that is the kind of girl that finds it hardest to remain a maid. Thus, Miss

Isabella Bird, in her delightful sketches, unconsciously sketched herself so delightfully that she had to take a new name; and Miss Muriel Dowe had hardly published herself, all unsexed as to habiliments, in "A Girl in the Carpathians," when she, too, had to decide to be a wife. But this is only a passing accident of trifling import; what is much otherwise is the brave, generous, ever-young heart. And that is "Mollie" Onahan. She would take more pleasure in the approving whoop of a lot of "newsies" than in prim congratulations from all the prelates of a general council.

The Catholic lady litterateur of this generation she reminds one of is Miss Agnes Repplier, who, instead of adding to the twaddle of conventions and congresses, and swapping compliments with their habitués, and the religious people, sets herself to tell the world something it needed to know, as about the old hero Scandebeg, and, whilst making, thank Heaven, a pretty picture, gets eager welcome and high pay for all she can write. In which direction more power to her parallel!—F. F., in *Catholic Chronicle*.

The British Museum has withdrawn from public use in the library the books written by Oscar Wilde.

President Cleveland has declined the invitation of the business men of Chicago to participate in a meeting to be held in that city at which declarations in favor of a sound financial policy are to be made. At the same time he writes a vigorous letter, in which he expresses himself in favor of a sound financial policy.

Col. Kelly, commander of the British force, attempting to reach Chitral, in India, has crossed the Shandar Pass. The Pass, 12,000 feet high, is impassable to beasts of burden. Men had to carry the field and mountain guns, marching the last seven miles through deep snow, the weather being intensely cold.

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From the Use of Cigarettes. 7

Wilmington, N. C., March 7, 1892.
I hereby certify that my son became epileptic from the use of cigarettes, etc., and would have falling fits as often as 4 times a day. After using all medicines given by doctors in this city without any benefit I commenced the use of Pastor Koenig's Nerve Tonic and after only a few doses the fits left him and he improved otherwise in health.

There are many here who can testify to my son's condition and I am willing to prove to all who wish to know what Pastor Koenig's Nerve Tonic has done for my son, and I cannot say too much in praise of it.

Edward Murkin.

Dayton, O., September 8, 91.

I have tried Pastor Koenig's Nerve Tonic on a great number of sufferers, and found that in each instance it afforded relief.

REV. C. S. KEMPER,
Chaplain, Ohio National Military Home.

FREE A Valuable Book on Nervous Diseases and a sample bottle to any address. Poor patients also get the medicine free.
This remedy has been prepared by the Rev. Father Koenig, of Fort Wayne, Ind., since 1876, and is now under his direction by the

KOENIG MED. CO., Chicago, Ill.

40 S. Franklin Street

Sold by Druggists at \$1 per Bottle. 6 for \$5.
Large Size, \$1.75. 6 Bottles for \$9.

In Montreal by E. LEONARD, 113 St. Lawrence street, and by LAVIOLETTE & NELSON, 1605 Notre Dame street.

THE WORLD AROUND.

Village councils in Michigan can suppress saloons at will.

The 8,000 coat-makers who struck last week in Cincinnati have unconditionally surrendered.

The negroes who emigrated to Mexico from the United States are already beginning to return.

Russia may allow contracts to be made payable in gold—such contracts having hitherto been prohibited.

Large sections of the country around Berlin are under water, as the result of an overflow of the rivers Spree and Havel.

Charles Dickens' paper, All the Year Round, after existing thirty-six years, has been incorporated with Household Words.

The Michigan Senate has passed a bill to repeal the law under which Roman Catholic bishops can hold church property in trust.

There were 207 business failures in the United States during the past week against 218 during the corresponding week of last year.

The 700th anniversary of the birth of St. Anthony of Padua will be celebrated with more than usual eclat next June at Lisbon, Spain. He was born there in 1195.

The Grosvenordale Company, at Grosvenordale, Conn., has given notice that the wages of all its 1,200 employees are to be increased. The action is a surprise.

Severe earthquake shocks have been felt in Italy and Austria, and, though the people have in some places been panic-stricken, no serious damage has been done.

Darwinism never received a greater shock than when Prof. Serrurier, the learned scientist and director of the Ethnological and Zoological Museum of Leyden, became a Catholic.

The killing of General Crompton and the capture of General Maceo, the Cuban leaders, is said to have disorganized the ranks of the insurgents, and their cause is admitted to be lost.

Lieuts. Fowler and Edwards, British officers of the Chitral garrison, reported missing, were invited to a polo match at Reshun, it appears, and seized. As usual, the man with an Irish name has the arduous work, and England rakes in the glory.

Prince von Lowenstein has addressed a circular to the Catholics of Germany requesting them to take a worthy part in celebrating the centenary of the Holy House of Loretto. In May there will be a national German pilgrimage to the shrine.

Mention is made by the Paris correspondent of the Liverpool Times of the return to the Church of the French novelist, M. Huysmans, and of the interest which this fact has occasioned in religious and literary circles.